CONTRA COSTA
MENTAL HEALTH COMMISSION

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COMMISSION
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Mental Health Commission
Executive Committee
Monday, July 26, 2022, from 3:30 – 5:00 pm
Via: Zoom Teleconference:

https://cchealth.zoom.us/j/5437776481
Meeting number: 543 777 6481

Join by phone:
1 669 900 6833 US
Access code: 543 777 6481

AGENDA

I. **Call to Order/Introductions**

II. **Public comments**

III. **Commissioner comments**

IV. **Chair announcements**

V. **APPROVE minutes from June 28th, 2022, Executive Committee meeting**

VI. **UPDATE on Commission and Committee Membership**

VII. **UPDATE on Site Visits**
   - **Crestwood Our House report in review with Behavioral Health Services**
   - **Hope House report in review with Hope House Program Director**

VIII. **UPDATE on letter to Board of Supervisors regarding the Quality of Care Committee motion relating to applications for Behavioral Health Community Infrastructure Program (BHCIP) and Community Care Expansion (CCE) grants**

IX. **UPDATE on BHCIP Stakeholder Meeting on 7/15/22 and the updated BHCIP Needs Assessment report**

X. **DISCUSS 2023 Elections time-line and process**

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XI. **DETERMINE August 2022 Mental Health Commission meeting agenda:**

- **CHAIR ANNOUNCEMENTS**
- **"Get to know your Commissioner" – Commissioner Tavane Payne**
- **Presentation by the Contra Costa Health Services Developmental Disabilities Council (DDC) on challenges in obtaining mental health care for people with a developmental disability, Speakers TBA (30 min)**
- **REVIEW/DISCUSS letter to the Board of Supervisors (BOS) regarding the Justice System Committee motion requesting BOS legislative platform support for a State-level Director of Conservatorship**
- **UPDATE on letter to the BOS regarding the Quality of Care Committee motion relating to applications for Behavioral Health Community Infrastructure Program (BHCIP) and Community Care Expansion (CCE) grants**
- **REVIEW/DISCUSS Crestwood Our House Site Visit report**
- **UPDATE on Commission and Committee membership**
- **UPDATE on BHCIP Stakeholder meeting on Friday 7/15/22**
- **Behavioral Health Services Director's report, Dr. Suzanne Tavano**

XII. **Adjourn**

ATTACHMENTS:

A. **Behavioral Health Community Infrastructure Program (BHCIP) Needs Assessment Report Update**
B. **DRAFT Election Guidelines for 2023**

Contra Costa Behavioral Health Services

Behavioral Health Community Infrastructure Program

Project Development

Roberta Chambers, PsyD
roberta@indigoproject.net

Kira Gunther, MSW
kira@indigoproject.net

Agenda

Welcome

BHCIP and CCE Updates

Initial Project Design

Next Steps

BHCIP and CCE Updates

BHCIP Timeline

BHCIP	Status
Round 1 Mobile Crisis	CCBHS received infrastructure grant
Round 2 Planning Grant	CCBHS received planning grant
Round 3 Launch Ready	Closed
Round 4 Children and Youth	Due August 31, 2022
Round 5 Addressing Gaps #1	Expected: October 2022
Round 6 Addressing Gaps #2	*Expected: January 2023*

- CCE projects are being accepted on a rolling basis until funds are exhausted.

Indigo Project

Contra Costa BHCIP and CCE "Short List"

BHCIP	CCE
45-Bed MHRC **16-Bed MHRC** **16-Bed CRT,** preferably in West or East County, co-occurring capable **16-Bed ART,** preferably in West or East County, co-occurring and JIMH capable **16-Bed ART,** preferably in West or East County, co-occurring and JIMH capable - Co-occurring detox and residential treatment ~~Concord Outpatient Clinic~~	~40 B&C and/or transitional housing beds ~85-90 B&C beds

Progress to Date

Activities

- Weekly Meeting with CCBHS, CCHS, Public Works Capital Projects, Public Works Real Estate, Indigo Project since
- Review of County-Owned Property Inventory and Real Estate for Sale
- Ongoing engagement with Partners re: CCE
- Multiple other properties still in the pre-work order phase, including Uilkema House

Outcomes

- CAO and Board approved the following work orders:

  1. Engage Capital Projects for design at 847 Brookside

  2. Engage Real Estate to negotiate Central County property #1

  3. Engage Real Estate to negotiate Central County property #2

  4. Engage Real Estate to negotiate East County property

Indigo Project

Initial Project Development

Considerations for Project Development

Community Care Licensing (ARF, RCFE, CRT, ART)	IMD Exclusion (CRT, ART, MHRC)

Community Care Licensing (ARF, RCFE, CRT, ART)

- **Saturation Rule:** CCL facilities cannot be placed within 300 ft of another.
  - It is not uncommon to get an exception to co-locate 2 CCL facilities.
- **Co-mingling:** When CCL facilities are co-located with other programs, there is an expectation that there are measures in place to prevent co-mingling of clients.

IMD Exclusion (CRT, ART, MHRC)

- If more than 16 beds are present, the facility is not eligible for Medi-Cal reimbursement (FFP).
- When more than 1 mental health facility is co-located, the guidance suggests that there be clear differences in the following in order to bill Medi-Cal:
  - Level of care/licensure
  - Provider organization

*It appears as if higher levels of care (i.e., acute, MHRC, and crisis programs were prioritized for funding in Round 3.

Indigo Project

Project Design Questions

- What types of services might you consider placing at the property? Why?

- What are the pros? What are the cons?

- Are there any anticipated challenges that would need to be addressed?

Indigo Project

Next Steps

- Continue weekly meetings to progress property search

- Begin negotiation and due diligence process for potential acquisitions

Indigo Project

Thank You

Indigo Project

Mental Health Commission
DRAFT Guidelines for Nominating Committee, 2023 Elections

Elections Held For:
- Chair
- Vice-Chair
- Executive Committee (minimum of three members, maximum of five, Chair and Vice Chair are automatic members so need to elect one to three additional members)

Timeline:
- September: Formation of Nominating Committee
- September – October: Develop slate
- November: Announce slate
- December: Hold election

Who Votes:
- Only Commissioners vote – not members of the public

Term:
- One year terms
- Chair and Vice Chair may hold their position for three consecutive years only; they may run again for the same position after not holding it for one year

Process:
- Select one person to represent/lead the Committee, e.g. give updates at Commission and Executive Committee meetings, lead the voting process at the Commission meeting
- Develop Slate
    - Objective is to develop a list of candidates for each elected role: Chair, Vice Chair and Executive Board Members
    - Identify potential candidates (excluding Supervisor)
        - Email all Commissioners to request that Commissioners interested in a position contact the Nominating Committee; include a description of roles in the email
        - Ask Commissioners for potential candidates too
        - Identify Commissioners who appear to be strong candidates for a leadership role (e.g. experience with the Commission, engaged with Commission issues and work, collegial, speak up at meetings)
    - Divide up list of potential candidates among Nominating Committee members
    - Reach out to each potential candidates and walk through: why they are interested in running, job responsibilities and time commitment (note that this is NOT an interview but more a vetting process and chance for Commissioners to ask questions and to really reflect on whether the role they want to run for is really a good fit)

- o Aim for at least two candidates for Chair and Vice Chair and four to five candidates for Executive Committee
- o Document candidates
- Announce Slate
  - o Ideally, if the slate is ready by one week before the November Commission meeting, provide the slate to the Executive Assistant for inclusion in the meeting packet
  - o At the November Commission meeting announce the slate – there will be an item on the meeting agenda for this
- Hold Election
  - o For the December meeting election, be prepared with voting materials, method/process for conducting the voting, instructions for Commissioners
  - o Since the meeting will most likely be conducted in Zoom, voting materials will need to be a Zoom poll or private Zoom Chat (each Commissioner messages their choices to one member of the Nominating Committee) or other electronic technique that ensures privacy of the voter and ensures that only Commissioners vote (rather than pencil and paper)
  - o Tally the votes by entering a break-out room and reviewing the results of the poll or tallying up the votes sent by Chat
  - o Winners are selected by simple majority
  - o In the case of a tie, ballots may be recast until the tie is broken; if this approach fails to result in a majority winner(s) the vote may be deferred until the next Commission meeting
  - o In the event there is only one candidate for the Chair and Vice Chair positions, there is still a vote for these positions; if there is less than three candidates for the Executive Committee slots, there is still a vote for these slots
  - o At the end of the vote tallying, announce the winners