



CONTRA COSTA  
MENTAL HEALTH  
COMMISSION

1340 Arnold Drive, Suite 200  
Martinez, CA 94553

Ph (925) 313-9553

Fax (925) 957-5156

cchealth.org/mentalhealth/mhc

**Mental Health Commission  
Quality of Care Committee Meeting  
Thursday, March 17<sup>th</sup>, 2022, 3:30-5:30 pm**

**MEETING CANCELLED**

**QUORUM REQUIREMENTS NOT MET**

**Next meeting Quality of Care Committee  
Thursday, April 21<sup>st</sup>, 2022  
3:30-5:00 pm via Zoom**

**AGENDA**

- I. Call to order/Introductions**
- II. Public comments**
- III. Commissioner comments**
- IV. Chair comments**
- V. APPROVE minutes from February 17<sup>th</sup>, 2022 Quality of Care meeting.**
- VI. DISCUSS Site Visit Activity for March, 2022 – April 2022**
  - Crestwood Our House visit
  - Hope House update
  - Crestwood Bridge update
- VII. DISCUSS the concept of campus Wellness Centers in high schools and some of the trends, challenges, and bright spots in supporting the mental health of students in Contra Costa County high schools, Graham Wiseman, CEO and Co-founder, BeingwellCA**
- VIII. MENTION articles regarding children and adolescent mental health in the context of the COVID-19 pandemic (see articles in meeting packet)**
- IX. DISCUSS Action Plan framework for outlining steps for achieving Committee goals, Lauren Rettagliata, Prior Mental Health Commission Chair and Chair of Quality of Care Committee, and Family Advocate**

**(Agenda continued on Page Two)**



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.



## Quality of Care Committee Agenda (Page Two)

Thursday, March 17<sup>th</sup>, 2022 ◊ 3:30 pm - 5:30 pm

### X. DISCUSS Quality of Care mission statement: Keep or change?

- **Current:** *“To assist Contra Costa County mental health consumers, family members and the general public in advocating for the highest quality mental health services and supports delivered with dignity and respect.”*

### XI. Adjourn

#### ATTACHMENTS:

- A. California On Campus Wellness Centers from BeingwellCA website
- B. “Children’s Mental Health is in Crisis” from American Psychiatric Association website
- C. “COVID Harmed Kids’ Mental Health--And Schools Are Feeling It” from the PEW Charitable Trust website
- D. “Adolescent Mental Health, Connectedness, and Mode of School Instruction During COVID-19” from ScienceDirect website
- E. Report 262: COVID-19 and Children’s Mental Health Addressing the Impact from Little Hoover Commission website
- F. Opinion: What California can do to improve children’s mental health Article in the East Bay Times
- G. Mental Health Commission Quality of Care Committee “Action Plan” framework
- H. “50 Top Mission Statements” from TOPNONPROFITS website
- I. Mental Health Commission and Quality of Care Committee Mission Statements