



CONTRA COSTA
MENTAL HEALTH
COMMISSION

1340 Arnold Drive, Suite 200
Martinez, CA 94553

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cchealth.org/mentalhealth/mhc

Current (2020) Members of the Contra Costa County Mental Health Commission

Barbara Serwin, District II (Chair); Leslie May, District V (Vice Chair); Supervisor Diane Burgis, BOS Representative, District III; John Kincaid, District II; Joe Metro, District V; Douglas Dunn, District III; Graham Wiseman, District II; Geri Stern, District I; Gina Swirsding, District I; Sam Yoshioka, District IV; Katie Lewis, District I; Kira Monterrey, District III; Alana Russaw, District IV; Laura Griffin, District V; Candace Andersen, Alternate BOS Representative for District II

Mental Health Commission (MHC)

Wednesday, January 6th, 2021 ◊ 4:30 pm - 6:30 pm

VIA: Zoom Teleconference:

<https://cchealth.zoom.us/j/6094136195>

Meeting number: 609 413 6195

Join by phone:

1 646 518 9805 US

Access code: 609 413 6195

AGENDA

- I. Call to Order/Introductions
- II. Public Comments
- III. UPDATE on 4D status, Jaspreet Benepal, Chief Nurse, Contra Costa Regional Medical Center (15 minutes)
- IV. UPDATE on the mental health needs of Afghan refugees in Contra Costa County, Commissioner Kate Lewis, Commissioner Kira Monterrey; Lisa Mulligan, Refugee Mental Health Coordinator, Jewish Family and Community Services - East Bay; Fouzia Azizi, Department Director, Jewish Family and Community Services - East Bay; Rona Popal, Executive Director, Afghan Coalition (30 minutes)
- V. RECEIVE Behavioral Health Services Director's Report, Dr. Suzanne Tavano (20 minutes)
- VI. RECEIVE suggestions for 2021 Commission-wide goals beyond 2020 goals in progress (10 minutes)
- VII. RECEIVE report on Community Planning Meeting of the County Office of Racial Equity on Social Justice (Dec 16th, 2020) Commissioner Barbara Serwin (5 Minutes)

(Agenda continued on Page Two)



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.



Mental Health Commission (MHC) Agenda (Page Two)

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- VIII. APPROVE December 2nd, 2020 Meeting Minutes (5 minutes)**
- IX. Commissioner Comments**
- X. Chair Comments/Announcements**
- XI. Adjourn**