



CONTRA COSTA  
MENTAL HEALTH  
COMMISSION

1220 Morello Ave., Suite 100  
Martinez, CA 94553

Ph (925) 957-2619

Fax (925) 957-5156

[cchealth.org/mentalhealth/mhc](http://cchealth.org/mentalhealth/mhc)

**Executive Committee**

Tuesday, December 22, 2020 from 3:30 – 5:00 pm

**Via: Zoom Teleconference:**

**<https://cchealth.zoom.us/j/6094136195>**

**Meeting number: 609 413 6195**

**Join by phone:**

**1 646 518 9805 US**

**Access code: 609 413 6195**

- I. Call to Order/Introductions**
- II. Public comments**
- III. Commissioner comments**
- IV. Chair announcements**
- V. APPROVE minutes from the November 24, 2020 meeting**
- VI. DISCUSS proposed Bylaw change to include outcome of missing more than the maximum number of meetings allowed. See language of the proposed change:**  
  
*"A member who is absent from four (4) regularly scheduled Commission Committee meetings in any calendar year shall be deemed to have resigned from the Committee. In such event the former Committee member's status will be noted at the next scheduled Committee meeting and shall be recorded in the Committee's minutes. The resigned member shall choose a different Committee to serve on."*
- VII. DISCUSS transition for 2021 Chair/Vice Chair and new Senior Clerk**
- VIII. DISCUSS test plan for Site Visit Program**

**(Agenda Continued on Page Two)**



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 957-2619 to arrange.

**IX. REVIEW Motions Report 2020**

**X. DETERMINE January 6, 2021 Mental Health Commission meeting Agenda**

- **Behavioral Health Services Director's Report**
- **Mental health needs of Afghan refugees in our county. Commissioner Kate Lewis, Commissioner Kira Monterrey; Lisa Mulligan, Jewish Family and Community Services East Bay; Rona Popal, Executive Director, Afghan Coalition**
- **Update on 4D, Jaspreet Benepal, Chief Nursing Officer, Contra Costa Regional Medical Center**
- **Status of smoking in congregant living situations for Contra Costa Behavioral Health Services and Community Based Organization-contracted sites/programs. Fatima Matal Sol, Program Chief, Alcohol and Drugs Program**
- **Suggestions for 2021 Commission-wide goals beyond 2020 goals still in progress**
- **Report out on Community Planning Meeting of the County Office of Racial Equity and Social Justice, December 16, 2020**

**XI. IDENTIFY questions for the Behavioral Health Services Director for the Mental Health Commission January 6, 2021 meeting**

**XII. Adjourn**