

**MENTAL HEALTH COMMISSION
MONTHLY MEETING MINUTES
July 1, 2020**

Agenda Item / Discussion	Action /Follow-Up
<p>I. Call to Order / Introductions Cmsr. B. Serwin, MHC Chair, called the meeting to order @ 4:34pm</p> <p><u>Members Present:</u> Chair- Cmsr. Barbara Serwin, District II Cmsr. Diane Burgis, Supervisor, District III Cmsr, Douglas Dunn, District III Cmsr. Laura Griffin, District V Cmsr, John Kincaid, District II Cmsr. Katie Lewis, District I Cmsr. Leslie May, Vice-Chair, District V Cmsr. Joe Metro, District V Cmsr. Alana Russaw, District IV Cmsr. Geri Stern, District I Cmsr. Graham Wiseman, District II</p> <p><u>Members Absent:</u> Cmsr. Kira Monterrey, District III Cmsr. Gina Swirsding, District I Cmsr. Sam Yoshioka, District IV</p> <p><u>Other Attendees:</u> Dr. Suzanne Tavano, Behavioral Health Director, Contra Costa Behavioral Health Services (CCBHS) Grita Bahrami Jennifer Bruggeman, MHSA Program Manager Y'Anad Burrell Cri Campbell Jan Cobaleda-Kegler, Adult/Older Adult Program Chief Rebecca Cook Gigi Crowder Ardavan Davron Carolyn Goldstein-Hidalgo Mark Goodman, Chief of Staff, Supervisor Burgis Office Colleen Isenberg, Representative of Supervisor Karen Mitchoff Office Susan Lesangari-Lopez Gerold Loenicker, Mental Health Program Manager Anna Lubarov Fatima Matal Sol, Alcohol & Other Drugs Program Chief Audrey Montana, MHSA Clerical Support Dawn Morrow Teresa Pasquini Dom Pruett, Representative of Supervisor Candace Andersen Office Laura Rettagliata Marie Scannell, Program Manager, Forensic Mental Health Services Robert Thigpen, MH Family Services Coordinator Jennifer Tuipulotu, Office for Consumer Empowerment Program Coordinator Jim Vicencio</p>	<p>Complete Audio Recording available</p> <p>Meeting was held via Zoom platform</p>

<p>II. PUBLIC COMMENT:</p> <ul style="list-style-type: none"> • R. Cooke – Her daughter was in the Assisted Outpatient Treatment (AOT) Program. Her daughter had been 5150'ed several times. This most recent time, she was released at 9:00 pm at night. There needs to be a plan. • Gigi Crowder – There should be a policy not to release people at night if there is no program to support these individuals. Need a plan for the Mobile Crisis Response Team (MCRT) response during Shelter in Place. • Y. Burrell – On the topic of racial equity, I submitted my application for the MHC over a year ago and never heard back. Later heard new Commissioner placed. I am hopeful there would be another opportunity. I am interested to be at the table. Thank you. 	
<p>III. COMMISSIONER COMMENT:</p> <ul style="list-style-type: none"> • G. Swirsding – Need a Racial Justice Oversight body of the Board of Supervisors. Staff of Mental and Behavioral Health Services including MHC should be members. D. Dunn recommended a member of the Mental Health Commission be on the Racial Justice Committee of the Board. J. Kincaid agreed. • J. Kincaid – the AOT Community Re-entry Program was discontinued. Recommend address this issue at the next MHC Justice Committee meeting. 	
<p>IV. CHAIR COMMENTS/ANNOUNCEMENTS:</p> <ul style="list-style-type: none"> • B. Serwin – There will be a Miles Hall Tribute today in Walnut Creek in Civic Park from 6:30 – 8:00 pm. The MHC Executive Assistant, Alexander Ayzenberg, will be assisting with COVID tracking the next few months and MHSA Staff (Jennifer Bruggeman, Audrey Montana and Ernesto Robles) will be assisting. 	
<p>V. APROVE June 3, 2020 Meeting Minutes</p> <ul style="list-style-type: none"> • June 3, 2020 Minutes reviewed. A correction noted. Motion: J. Kincaid moved to approve the minutes as corrected, seconded by A. Russaw Vote: 11-0-0 Ayes: B. Serwin (Chair), D. Burgis, D. Dunn, L. Griffin, J. Kincaid, K. Lewis, L. May, J. Metro, G. Stern, A. Russaw, G. Wiseman Abstain: 0 	<p>Agendas and minutes can be found at: https://cchealth.org/mentalhealth/mhc/agendas-minutes.php</p>
<p>VI. RECEIVE the Contra Costa County Assisted Outpatient Treatment (AOT) Evaluation annual report, Resource Development Associates:</p> <ul style="list-style-type: none"> • B. Serwin provided Resources Development's (RDA) AOT Annual Report to the California Department of Health Care Services. Those interested could further review the report and attend the next Assertive Community Care (AOT) Workgroup meeting (June 24). RDA will present and discuss the report. • Presentation by Ardavan Davron who provided a detailed PowerPoint presentation of the RDA Report. Provided an overview of topics such as Department of Health Care Services (DHCS) Reporting Requirements, Enrollment, Referrals, Outreach and Engagement, Care Teams, AOT Participation, Crisis Episodes and Psychiatric Hospitalization, Justice System Involvement, DHCS Outcomes, Discussion. • T. Pasquini – The AOT Workgroup is not meeting quarterly. Has been several months since the last meeting. Asked for help for R. Cooke's daughter. There needs to be a program to support those coming out of jail. B. Serwin indicated this will be a topic at the next MHC meeting in August. • G. Crowder – Surprised most participants voluntary. Need to focus efforts also on those who are resistant to services. Most participants are White. African Americans are not fully represented or involved in this AOT program. 	

<p>VII. RECEIVE Behavioral Health Services Director’s Report, Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • COVID-19: Refer to the Contra Costa County website (cchealth.org) for current COVID-19 updates. Provided data on County cases. Began with several restrictions and succeeded in flattening the curve. Now increase in number of positive cases. More cases among younger people (ages 21-50). The County is now on the Watch List. Based on data, will currently not lessen restrictions. Wear masks, wash hands. During holiday weekend, remain vigilant – avoid congregating, social distance and maintain spacing. Each individual must take responsibility seriously. Keeping strong focus on congregate care housing, residential programs and Board and Cares. Through coordinated efforts, many people are now being housed in single hotel rooms throughout the County. We must pay attention and work to flatten the curve. • Mental Health Services Act (MHSA): Submitted an update to the Family and Human Services Committee - will update again in September when will have more information on the budget. Current Three Year Plan remains in effect. • Psychiatric Emergency Services (PES): Competed Needs Assessment and submitted update. Have data and options. Will do another update in four months. Due to the financial situation, not sure what will be possible. Will apply for grant funding for Children’s PES (deadline in January). • Congregate Care Centers: Will test to avoid the spread in congregate care, residential programs and hospital settings. • Budget: <ul style="list-style-type: none"> ◊ State Budget: State budget was signed. Reassessment of financial state will be completed in a couple of months. Board of Supervisors’ budget hearing starts August 5th. Projections anticipate 13% decline in realignment funds. Uncertain if will receive federal funds from the Heroes Act. ◊ MHSA Funds: Assessment delayed due to delayed tax process. Funding for this year declining but no need to use prudent reserves. Not contemplating cutting contracts. We do not have funding to do more things. In coming years starting in 2022, there will be a decline in funds. The state agreed to postpone the next Three-year Plan for one year. 	
<p>VIII. DISCUSS considerations for the Behavioral Health Services Mobile Crisis Response Team (MCRT), Lauren Rettagliata, past MHC Commissioner, and Douglas Dunn, Commissioner:</p> <ul style="list-style-type: none"> • D. Dunn – The Adult MCRT are not going out on calls during this Shelter in Place. MCRT now working by phone only. Person to person meetings cut back. Proposed a motion be sent to the Board of Supervisors for a special order from the Public Health Officer to require the MCRT to be in the community following COVID-19 rules, regulations, and procedures. • L. Rettagliata – Provided detailed information on the MCRT. This is not an emergency response team. Described other models - Mobile Crisis Response Team (national guide for best practices), Mental Health Evaluation Team (MHET), Psychiatric Emergency Response Team (PERT). • Discussion: Mental illness is a medical condition and should never be responded to with firearms. Need to restructure MCRT as even the name is a misnomer – does not respond to crisis. • Dr. Tavano stated she previously consulted the Public Health Officer. The MCRT procedure is consistent with public health nurse procedures re in home services. Instructed not to provide in home services. Can meet outside the home. She met with the Police Chiefs of Walnut Creek, Pleasant Hill, Martinez and Richmond re a regional crisis response. Also, in contact with the Concord Police Chief. Looking at several models. Looking at structural of programs, funding, grants, etc. 	

<ul style="list-style-type: none"> • Discussion: Think of shifting funding from police to the community. Rethink the MCRT model to not use police as much. Sheriff and police departments not funded or under jurisdiction of the County. J. Cobaleda-Kegler – MCRT responds with law enforcement. They stay outside and social distance. MHET have been responding. Our Teams want to get out and they currently provide good support even on the phone. Law enforcement is now interested. Now is the opportunity to force a new partnership. M. Scannell – Most recently, police call the MCRT to meet at the scene and stay primarily in the background if needed. D. Burgis – This is an opportunity to advocate for Mental Health. We have the tools, support to offer law enforcement. The Sheriff and Police Chiefs are beyond the jurisdiction of the Board of Supervisors. This is the opportunity to be heard. Law enforcement now feel they can learn and become better. • D. Dunn stated because of the nature of their near crisis work as essential workers, all Adult Mobile Crisis Response Team personnel are physically needed in the community during the COVID-19 emergency. • Motion: <i>The Mental Health Commission requests the Board of Supervisors seek a special order from the County Public Health Officer encouraging Contra Costa Behavioral Health Services' Adult Mobile Crisis Response Team personnel to be in the community as needed provided they follow all prescribed State and County COVID-19 rules, regulations and procedures.</i> D. Dunn moved to accept the motion; seconded by G. Wiseman. Vote: 10-0-1 Ayes: B. Serwin (Chair), D. Dunn, L. Griffin, J. Kincaid, K. Lewis, L. May, J. Metro, G. Stern, A. Russaw, G. Wiseman; Abstain: D. Burgis recused herself saying this motion is not necessary 	
<p>IX: CONSIDER motions proposed by the MHC Justice Committee regarding police training and use of force as they relate to police response to mental health crisis calls, Commissioners Geri Stern and Douglas Dunn:</p> <ul style="list-style-type: none"> a. Request the Board of Supervisors to require the County Sheriff's Department and the Contra Costa Police Chief's Association to ban training that actively encourages police officers to treat every citizen encounter as a threat to be handled by deadly force and to implement instead community-oriented, de-escalation training offered by the Police Executive Research Forum (PERF). b. Request the Board of Supervisors to require the Sheriff's Department and the Contra Costa Police Chief's Association to establish Uniform Use of Force standards for all 5150 situations following the crisis de-escalation training offered by the Police Executive Research Forum (PERF). • Due to time restraints, this Agenda item will be heard at next MHC meeting in August. B. Serwin will conduct research on the proper process in proceeding forward with this motion. Motions will be reviewed by the MHC Justice Systems Committee in July. 	
<p>X: DISCUSS a proposal that the Mobile Response Team or a mental health worker accompany all calls that may be of a mental health nature, Commissioner Geri Stern</p> <ul style="list-style-type: none"> • Due to time restraints, this Agenda item will be heard next MHC meeting in August. 	
<p>XI: Adjourned Meeting at 6:30pm</p>	