MENTAL HEALTH COMMISSION MONTHLY MEETING MINUTES

Hosts a Public Hearing for the

Mental Health Services Act (MHSA)

Three Year Plan Update Wednesday, June 6, 2018

At: 550 Ellinwood Way, Pleasant Hill, CA Final minutes approved on July 11, 2018

Agenda Item / Discussion	Action /Follow-Up
I. Call to Order / Introductions Commission Chair Barbara Serwin called the meeting to order at 4:41pm	
Members Present: Chair- Barbara Serwin, District II Vice Chair- Duane Chapman, District I Supervisor Diane Burgis, District III Diana MaKieve, District II (left @5:32pm) Geri Stern, District I (arrived @4:50pm) Gina Swirsding, District I Michael Ward, District V Sam Yoshioka, District IV Joe Metro, District V Julie Ann Neward, District III Commissioners Absent: Douglas Dunn, District III	
Lauren Rettagliata, District II Leslie May, District V	
Other Attendees: Erika Jenssen, Assistant to the Health Services Director for Contra Costa Count Dr. Matthew White, Chief Psychiatrist, Medical Director for BHS and Interim Director for BHS Mark Goodwin, Chief of Staff for District III Jill Ray, Field Representative for District II, Supervisor District II Dr. Chris Farnitano, Contra Costa Health Services Miriam Rosa- CCC Health Services Linda Velarde- Public Dr. Matt Lindgren, Kaiser Antioch Mental Health Services Warren Hayes, MHSA Program Manager Morvarid Naghshineh, Planner Evaluator Robert Thigpen, Adult- Behavioral Health Family Services Coordinator Liza A. Molina-Huntley, EA - MHC	
II. Public Comments:	
None	
 III. Commissioner Comments: Supervisor Burgis welcomed new Commissioner from District III, Julie Ann Neward Vice Chair- made a referral to the AOT program and received a voicemail. Discussed matter with Warren Hayes. Vice Chair- announced and invited to attend the "June-Teen" celebration in Richmond, on June 16 	Interested in serving as a volunteer on the Mental Health Commission? Apply online at: https://ca-contracostacounty2.civicplus.com/6408/Boards-and-Commissions-Database

IV. Chair Announcements/Comments:

- Welcomed new Commissioners, Joe Metro and Julie Ann Neward.
- Previously discussed the Bylaws Task Force, at the Executive Committee, meetings will resume- assigned Sam Yoshioka to be in charge of resuming meetings
- Please note that the next MHC meeting will be on Wednesday, July 11 at the same time and place, due to the regularly scheduled meeting falls on the July 4 holiday
- Announced that the Adult Mobile Crisis Team will be launching soon. Attended the quarterly meeting, impressed with goals, operations and communications with law enforcement. Would like for the team to provide updates, at a future MHC meeting
- Informed gaining new Commissioners and losing a valued Commissioner, Lauren Rettagliata. Announced that the Commissioner will continue to attend meetings, currently attending a family gathering.
- Jill Ray, Field Representative from the District II office, informed that a Commissioner's appointed seat, continues beyond the expiration date, for an additional 90 days or until the seat is filled

* Next MHC meeting- 7/11/18, 4:30pm to 6:30pm at: 550 Ellinwood Way in Pleasant Hill

V. MOTION to APPROVE minutes from May 2, 2018 meeting

Duane Chapman moved to motion, Supervisor Diane Burgis seconded the motion

Corrections noted for final posting

VOTE: 9-0-0

YAYS: Supervisor Diane Burgis, Barbara Serwin, Duane Chapman, Diana MaKieve, Mike Ward, Sam Yoshioka, Gina Swirsding, Julie Ann Neward, Joe Metro

NAYS: none ABSTAIN: none ABSENT: Douglas Dunn, Lauren Rettagliata, Leslie May, Geri Stern, Patrick Field

*Post final corrected minutes to MHC website at:

http://cchealth.org/mentalhealth/mhc/agendas-minutes.php

- VI. RECEIVE Behavioral Health Services updates –Dr.
 Matthew White, Behavioral Health Services Acting
 Director and Medical Director for Behavioral
 Health Services
 - Dr. White- Dr. Ko will be starting in East County in July. Two child psychiatrists will be hired, one for the Central County Children's clinic and another for West County Children's clinic, making progress in filling psychiatrists positions. Looking to hire a couple of more psychiatrists in East County, and two more psychiatrists, one for adults in Central County and another for West County
 - Focusing on the quality of services and access to care
 - Value Stream mapping event will occur in East County starting in June, to help identify where changes and improvements are needed. The Report Out will be on Friday at 12:15pm, on June 15, at the Pittsburg Health Center (2311 Loveridge Road in Pittsburg)
 - IT department is working on a dashboard to facilitate access to information, (real-time data), working on

*See attachment (Dr. White)

**View video on the Rapid Improvement Event at: https://cchealth.org/video/2018-0323-dh-report-out.php

- making adjustments to be able to provide more accurate data (see handout of dashboard preview)
- Commissioner Sam Yoshioka requested data for West and Central clinics. Dr. White will provide more information, after adjustments have been made, and the accuracy of the data is verified
- Public member, Linda Velarde, inquired regarding Tele-psychiatry services, if the services were only over the phone and how is the success rate gauged? Dr. White clarified that it is a video monitor system; the psychiatrist is able to see the patient, while at a different location. The system is utilized to provide continued services of care, by decreasing appointment wait times. In the future, satisfaction surveys will be conducted to weigh Tele-psychiatrists services, versus psychiatrists' services. Noted the lack of follow-up, pertaining to patient care, and would like to see more focus on follow-up care in the future
- Supervisor Burgis: Tele-psychiatry was developed because it was difficult to fill psychiatry positions in East County, it is an option, to provide people with continued access to care and services, rather than have patients wait a long time for an appointment. The technology is an acceptable and sometimes a preferred way for patients, particularly for East County, due to transportation issues. Thanked Dr. White for embracing the challenges and finding options, during his short two months, as Acting Behavioral Health Director
- The Children/Teens Program Chief for Behavioral Health Services position has been vacant for several months; a ranked list of the potential candidates was created by an interviewing panel committee. Interviews will be offered to the first four on the list. Discussed with the Chair and Vice Chair of the MHC on how to include the MHC in the process. The Chair and Vice Chair agreed today, to initially, discuss the values and the rankings that want to be used to evaluate, develop specific criteria and questions to evaluate the candidates. Both technical skills and characteristics will be considered. The panel will also include Matthew Luu, the Deputy Director for Behavioral Health Services and Fatima Mata Sol, Program Chief of Alcohol and Other Drugs (AOD). Before making a final decision, will review the interviews and discuss the candidates, with the Chair and Vice Chair of the MHC, will make a final decision after discussion
- Commissioner Gina Swirsding inquired if graduate students are hired as interns. Warren Hayes, MHSA Program Manager, informed that there are approximately 30 graduate student interns working throughout all the clinics, annually. The interns

contribute their time and earn a student worker pay and earn their required hours. The county draws from these students, to hire for continued employment (MHSA funded). There is separate funding, for Community Based Organizations (CBOs) to be able to hire graduate student interns, the same as the County does. The primary focus of the Work Force Education and Training Internship program is to insure that the workforce is responsive to the diversity and cultural differences in our community

- VII. FORM ad hoc committee to define MHC information needs regarding key indicators of consumer and overall mental health system outcomes—Barbara Serwin, MHC Chair
 - Chair- Dr. White and Warren Hayes has invited the MHC to work together to identify the kinds of information needs, questions that the MHC has requested in the past. The plan is to sit down and do some brainstorming and compile the list of information needs that the MHC is able to identify at this moment in time. We will work with a team to implement information reports that gives us information and answers to the questions.
 - **Warren-** over the years, there has been a recurring theme in domains of interests, areas that the stakeholders have been consistently inquiring about. If stakeholders are defining the areas, the same as the leadership and the staff that run the programs, then there is an opportunity to have discussions regarding what is the current status and where improvements need to be made. Will assist in facilitating the discussion between the MHC and leadership to define the areas, so that the questions that stakeholders have are answered, (i.e. finance, personnel, quality assurance, access). The objective will be to provide the information requested, in a "user friendly" format. The Chair is offering the MHC to participate in the process, without active participation from the MHC and the leadership, it will not be successful.
 - Chair- Thinking, how we could pull those kinds of questions together, I would like to suggest that we form an ad hoc committee to focus on this task.
 Does anyone have an interest in participating? The following Commissioners expressed their interests in participating in the ad hoc committee: Joe Metro, Gina Swirsding,
 - EA- If a task force is formed with MHC members, then it is not subject to the Brown-Act Regulations because a task force is not a public meeting; but if the MHC decides to form an ad hoc committee, it is a public meeting and subject to the Brown-Act Regulations (agendas must be posted, publically

* Information ad hoc Committee members are: Barbara Serwin, Duane Chapman, Joe Metro, Julie Ann Neward and Gina Swirsding. First meeting will be in July to structure Committee and brainstorm

- (website too), at least 96 hours prior to the meeting, with three to five members forming a committee
- Chair- would like an ad hoc committee to be formed, so that minutes are taken and the full Commission can be informed and there will be a continued opportunity to be adding to the list of questions, it would be more dynamic and obtain more quantitative information
- Diana- Will the ad hoc committee only includes Commissioners, not interactive with key staff from BHS?
- Warren- if an ad hoc committee is created, that is subject to the Brown-Act, which means that it is a public meeting and discussion, along with being posted and advertised. My commitment is to bring a product to the committee, for review and discussion, then it will be reviewed by the full Commission for further input
- Duane- requested a copy of the MHC Bylaws to review the process. The MHC Bylaws states that every ad hoc Committee should have a Chair person, a minimum of three and maximum of five people and the Commission shall agree to appoint members, abiding by the Brown-Act and the County's Better Government Ordinance
- Chair- I am interested in participating. Duane, also expressed interest in participating and Julie Ann Neward. May I have a motion to form the committee?

Gina Swirsding, MOTIONED to form an ad hoc Information Committee, to collaborate with BHS in obtaining data that is of interest to the MHC, from the data dashboard, seconded by Supervisor Diane Burgis. Members are: Barbara Serwin, Duane Chapman, Joe Metro, Julie Ann Neward and Gina Swirsding

VOTE: 10-0-0

YAYS: Barbara Serwin, Duane Chapman, Gina Swirsding, Supervisor Diane Burgis, Geri Stern, Joe Metro, Julie Ann Neward, Diana MaKieve, Michael Ward, Sam Yoshioka NAYS: none ABSTAIN: none ABSENT: Douglas Dunn, Lauren Rettagliata, Leslie May

VIII. DISCUSS MHC Retreat plan- Barbara Serwin, MHC Chair

• Chair- Would like to introduce a new concept, rather than having the format of Commissioners being presented with information, training or information about finance; prefers to have a more interactive retreat, to integrate Behavioral Health Services staff, with the Commission. With the goals of developing more trust, more understanding of each other's positions and roles and responsibilities. Would like to incorporate team

*MHC Retreat will tentatively be on Wednesday, September 12, from 3pm to 6:30pm, location TBD, facilitator TBD *MHC meeting will not be held in September building exercises as well, choose a couple of problem areas and brainstorm together. We want to make it as easy as possible so that everyone can participate, have the retreat during a regular scheduled commission meeting, maybe start around 3pm, to allow for more time, without having to set aside an entire day. As far as locations, we are looking into the IBEW Union hall, (2017/2016 MHC Retreat location), on Arnold Drive in Martinez. The MHC would like to invite the Behavioral Health Services Program Chiefs and management team, including Dr. Matthew White Acting Director, Anna Roth, Director of Health Services, Supervisor Diane Burgis and it will be a public meeting as well.

- A very important key aspect is to have a very strong facilitator on board, to direct activities and keep everything moving
- The retreat will be from 3pm to 6:30pm, with a break
- The tentative date is: Wednesday, September 5
- Commissioners: Geri Stern, Gina Swirsding, Joe Metro, and Supervisor Burgis will not be able to attend on 9/5/18
- Chair requested that EA change reservation to September 12, if available at the IBEW location, or other dates will have to be discussed. Commissioners Joe Metro and Geri Stern will not be able to attend on 9/12/18 either. Requested a show of hands, in favor of holding the retreat, in lieu of a regular MHC meeting in September. The option is to have a full commission meeting, in addition to the retreat in September, (two meetings), and the second option is to not have the full commission meeting, only the retreat.
- MOTION: All in favor of having the retreat in lieu of the full commission meeting in September?
 Barbara Serwin motion to have the MHC retreat in September, in lieu of the full commission meeting, seconded by Gina Swirsding
 VOTE: 10-0-0 YAYS: Supervisor Burgis, Duane Chapman, Barbara Serwin, Gina Swirsding, Michael Ward, Julie Ann Neward, Joe Metro, Geri Stern, Sam Yoshioka, and Diana MaKieve NAYS: none ABSTAIN: none Absent: Douglas Dunn, Lauren Rettagliata, Leslie May
- Supervisor Burgis: Maybe the facilitator will be able to
 post questions early, to get those that cannot participate
 on that day, can still be able to do written contributions,
 and during the meeting, their contributions can be
 incorporated and presented to the group.
- Chair- A facilitator plan will be in place and distributed before the retreat. We are looking internally for a facilitator, within BHS.
- IX. Report on Commission membership vacancies and Committee membership needs- Liza Molina-Huntley, MHC Executive Assistant
- X. Chair adjourned Meeting @5:32pm

* Forward to 7/11/18 MHC meeting



Public Hearing for the Mental Health Services Act (MHSA) Three Year Plan *updates

I.	The Chair, called to order- The Public Hearing on the Mental Health Services Act (MHSA) Three Year Plan *updates at 5:32 pm	
II.	 Opening Comments by the Mental Health Commission Chair-Barbara Serwin Announced the start of the public hearing for the MHSA Three Year plan updates and introduced Warren Hayes, MHSA Program Manager, to start the public hearing proceedings 	
III.	Fiscal Years 2017 to 2020 Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan- by Warren Hayes, MHSA Program Manager Warren- This is an annual, formal event, and is required by the law/statue- Welfare and Institutions Code 5848 (WIC 5848). Every county that receives MHSA funds has to abide by the law and have a public hearing. This is done to make sure that stakeholders have the opportunity to comment, on the MHSA Three Year Program and Expenditure Plan, or plan update. In Contra Costa County, takes the intent of the law to heart. We start the process, a year prior to this meeting. We start with the Consolidated Planning Advisory Workgroup (CPAW) planning community forums, which were held last year in the fall and winter, in different regions of the county. A first draft was put together and presented in March to the MHC, (*included in meeting packet) the entire process, up to April 23, is a continued dialogue, receiving comments from stakeholders. On April 23, by law we are required to take the latest draft and post it on the	*Plan is available for review at: http://cchealth.org/mentalhealth/ **See attachment (Warren Hayes) (copies of the plan and summary outline were provided to the public and are viewable online)
	website and advertise for the community to provide public comment and forms were provided to assist in obtaining the information. The time frame is 30 days, which ended on May 23, 2018. We ask the MHC, to host an official public hearing, at the end of the time frame (6/6/18). The purpose of the public hearing is to allow the community and the Commission, the opportunity to officially, formally comment on the three year plan. Contra Costa Behavioral Health Services is required to formally respond to any public comment that asks for any substantive changes to the plan. Any changes are required to go before the Board of Supervisors for consideration, for the upcoming year. The public and the Commissioners may comment at this time, regarding the plan	

updates and will be included in the plan. There are various appendices, appendix "F" will be for the public comment process, where it is documented that the plan was posted on line for public viewing, that the plan's public hearing was included on the MHC agenda, that the MHC minutes reflect that the public hearing occurred and that any substantive comments for revision the County has officially responded to. This evening is not to engage in questions and answers dialogue, that process has been completed. This is to ensure that we are meeting the requirements of the statue. I will read the one page attachment; it will be included in the minutes and then ask the Chair of the MHC to request the public and the Commission for any comments. Finally, the MHC can make any recommendations, for Behavioral Health Services to respond to.

 Warren- As per Section 5848 of the California Welfare and Institutions Code the County shall summarize and analyze any substantive written recommendations for revisions by the public and/or the Mental Health Commission to the MHSA Three Year Program and Expenditure Plan (see attachment)

IV. Public Comment regarding the Plan

 Chair, Barbara Serwin, opened the forum for discussion by asking if anyone would like to make any public comments during the meeting, no public comments were received.

V. Commissioner Comments-

- Upon completion of the Public Comment period Mental Health Commission members provided individual comments. A summary of commissioner comments and Behavioral Health Services Administration (CCBHS) responses are as follows:
- 1. I am concerned about people who have received services before, but need them again and their difficulty in getting services. I also concerned about the growing number of seniors who have medical problems and are losing their housing. Finally, is the Native American Health Center open? Response- CCBHS shares these concerns and the new Health Services Director and Acting Behavioral Health Services Director have placed access to services and supportive housing as top priorities to be addressed. The Native American Health Center is open and continues to be funded in the MHSA Three Year Plan.
- 2. I notice that there is no community members here for the public hearing. What are we doing to get the word out? Response- Contra Costa has an extensive dialogue period prior to this formal public hearing. We put substantial resources to both invite the public to participate with us as each year's MHSA Plan is developed, as well as advertise the public hearing. We surmise that the heavy participation in our dialogue and planning period enables stakeholders to have their input heard and incorporated, and have made the determination that this part of the planning process is where

they can most effectively utilize their time.

- 3. Is the Mental Health Evaluation Team countywide? There is a lot of gun violence and I don't think a lot of people understand how the Medi-Cal eligibility works.
 Response- Yes, the MHET Team serves the entire county, but is funded by a small grant that only is able to field one team. Mobile response crisis teams are now funded in this Three Year Plan, and will greatly expand CCBHS's ability to respond as events happen across the county. They will serve people regardless of their insurance status, or ability to pay. As staff come on line CCBHS will provide education to the community as to their availability.
- 4. What happens when innovative projects sunset, and are they evaluated?
 - Response: Innovative Projects by definition have up to five years, depending upon the time frame stipulated to learn from these new and different patterns of service. We have had a handful of these projects sunset in the last two years. Each has had an extensive ongoing evaluation process with which CPAW Innovation Committee actively participates? These projects were either incorporated into our larger system of care with permanent funding, or ended because they were time limited by definition. MHSA Team staff provide an extensive final evaluation report on each project that has ended, is shared with stakeholders, and then sent to the state.
- 5. Regarding the Capital Facilities/Information Technology electronic health record project, what has been accomplished with the original \$6 million of MHSA money, how much is left, and what will the County need to ask for additionally to finish?

Response: The objectives of fielding an electronic mental health charting system by county operated programs and eprescribing by psychiatrists has been accomplished so far. Replacing the current billing system will go live on July 1. To be accomplished is including organizational providers in the charting and billing process, and consumer capacity for communicating and scheduling with their service providers. Approximately \$50,000 of the original \$6 million of MHSA funds remain. The county will be completing the aforementioned objectives with available non-MHSA funding. Because the county has chosen to integrate mental health with primary care within the county's EPIC system the total cost of the project has exceeded the scope as originally designed. This strategic move is intended to further the integration and communication between mental health and primary care providers, and was beyond the scope of the project as originally envisioned.

6. Our school teachers need to be trained to identify and respond to mental health issues as they arise in the classroom. Do we have money in the plan to do this? Response: The Workforce Education and Training Component has budgeted funds to train mental health trainers to provide Mental Health First Aid training to teachers, first responders and others in the community. Our challenge has been for the education system, school districts and schools to use this resource. Also, we provide funding in several programs that are in high schools to model exemplary practices in responding to youth experiencing mental health issues. More importantly, several years ago the state transferred millions of dollars from the Department of Mental Health to the Department of Education just for this purpose. Today's practice leaves it up to parents to advocate for this care to be funded through an Individual Education Plan once a student has been determined to be eligible for special needs.

7. The Three Year Plan Vision statement emphasizes partnership as part of the statements pertaining to capacity and integration. Right now consumers and their families are at a disadvantage because they get information after the fact and piecemeal. I think we should provide better information to them beforehand so that they can better assist service providers to partner with them and each other.

Response: CCBHS concurs. The funding of the new program, Family Support Volunteer Network, is intended to enable trained volunteers to better inform consumers and their families as to programs, their eligibility, and how to navigate the system as needs change.

8. I think that MHSA funding calls forth that every program that

receives funding must provide measurable outcomes. If MHSA does not require it I believe we should require it. In particular, augmented board and care facilities and county operated clinics do not list outcomes. **Response:** The Mental Health Services Act requires that the State shall establish requirements for the content of the Plan, and shall include reports on the achievement of performance outcomes for services. Contra Costa's Three Year Plan complies with and does specify performance outcomes for MHSA funded programs, but does not list outcomes for programs where MHSA supplements the total service delivery, such as county operated clinics and augmented board and care facilities that are part of a larger program of service. This would contribute to an incomplete perception of the impact of MHSA dollars. CCBHS is embarking on a means of performance indicators in which CCBHS leadership and stakeholders, such as the Mental Health Commission, can agree upon, share and use to identify areas for improvement and exemplary practices to be duplicated. These performance indicators would apply to the entirety of the Mental Health Plan and not just MHSA.

VI.	Mental Health Commission Recommendations to the County
	Mental Health Administration (MHA) and to the Board of
	Supervisors (BOS)
	 The Mental Health Commission thanked all those present
	today for their participation in the Public Hearing of the
	MHSA Three Year Program and Expenditure Plan Update for
	fiscal year 2018-19. This hearing fulfills the Commissions
	duties under the Mental Health Services Act requirements.
	The Commission elected not to provide any
	recommendations
	Response- The Behavioral Health Services Administration
	appreciates the support provided by the Commission to

Three Year Program and Expenditure Plan.

VII. Chair of MHC, adjourned the Public Hearing @6:22pm

collaboratively conduct a public hearing on the draft MHSA

Public Hearing Presentation MHSA Three Year Program and Expenditure Plan Update for FY 2018-19

Contra Costa Behavioral Health Services is pleased to present the Draft Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan Update for Fiscal Year 20118-19. Included for your consideration this evening are copies of the draft plan update, and copies of a summary outline of the plan. We welcome your input.

The Three Year Plan Update proposes to set aside \$50.5 million for fiscal year 2018-19 in order to fund over 80 programs and plan elements.

The Three Year Plan Update includes \$36.8 million to fund 39 programs and plan elements in the Community Services and Supports component that will serve approximately 2,000 individuals who are experiencing a serious mental illness. Our Prevention and Early Intervention component plans to set aside \$8.9 million to fund 26 programs serving approximately 26,000 persons, and are designed to prevent mental illness from becoming severe and debilitating. \$2.1 million is budgeted for five Innovative Projects, and \$2.6 million is set aside for programs to recruit, train, retain and support our public mental health workforce. Finally, our Capital Facilities/Information Technology component will utilize the remaining MHSA funds allocated for implementation of the electronic mental health records project.

An inclusive Community Program Planning Process engaged stakeholders in identifying service gaps, prioritizing community public mental health needs, and suggesting strategies to meet these needs. All identified service gaps and prioritized needs from the Community Program Planning Process are referenced and addressed in the Three Year Plan Update.

FY 2016-17 performance indicators for our Full Service Partnerships and our Prevention and Early Intervention programs are included in the program description, and individual program outcomes are listed by program in Appendix B.

No new MHSA funded programs, projects or plan elements are being added for FY 2018-19, and the projected budgets for the five components remain the same. We anticipate that the plan's proposed total budget spending authority will not need to be reduced in the foreseeable future, and that all MHSA programs and plan elements can be sustained at their proposed level of funding.

As per direction of the California Department of Health Care Services the draft plan update includes a plan to spend by June 2020 funds that DHCS has identified as potentially subject to reversion back to the state.

Again, we welcome both Public and Commission comment and input this evening. The Draft Three Year Plan will be sent to the Board of Supervisors for review once we have included our written response to any substantive recommendations for revisions received by either the Public or the Commission.