



The Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.

Current (2017) Members of the Contra Costa County Mental Health Commission

Duane Chapman, District I (Chair); Barbara Serwin, District II (Vice Chair); Douglas Dunn, District III; Diana MaKieve, District II; District III; Lauren Rettagliata, District II; Connie Steers, District IV; Gina Swirsding, District I; Jason Tanseco, District III; Meghan Cullen, District V; Michael Ward, District V; Sam Yoshioka, District IV; Candace Andersen, District II, BOS Representative; Diane Burgis, District III, BOS Representative.

Justice Systems Committee Meeting
Tuesday, February 21, 2017 ♦ 1pm to 3p.m.
1340 Arnold Drive, Conference Room 131, Martinez

AGENDA

- I. Call to Order / Introductions**
- II. Public Comment**
- III. Commissioner Comment**
- IV. Announcements**
- V. APPROVE minutes from January 24, 2017 meeting**
- VI. REVIEW and ACCEPT 2016 Year-end Report**
- VII. DISCUSS outreach and communication goals for the Commission in 2017**
- VIII. DISCUSS the creation of a referral card for law enforcement agencies**
- IX. DISCUSS suggestions for CIT training**
- X. Adjourn**



**JUSTICE SYSTEMS COMMITTEE
MONTHLY MEETING MINUTES
JANUARY 24, 2017 – First Draft**

Agenda Item / Discussion	Action / Follow-Up
<p>I. Call to Order / Introductions Commission Chair Gina Swirsding call to meeting to order @1:09pm</p> <p><u>Members Present:</u> Chair- Gina Swirsding, District I Duane Chapman, District I Sam Yoshioka, District IV Lauren Rettagliata, District II</p> <p><u>Commissioners Absent:</u> Gina Swirsding, District I</p> <p><u>Other Attendees:</u> Jill Ray, Supv. Andersen’s office David Sneider, Chief of Detention for Mental Health Dr. Dan Batiuchok, Program Manager for Juvenile Hall Dr. Marie Scannell, Program Manager for Crisis Services for MH Liza A. Molina-Huntley, Executive Assistant for MHC</p>	Transfer recording to computer
<p>II. PUBLIC COMMENTS-</p> <ul style="list-style-type: none"> • None 	
<p>III. COMMISSIONERS COMMENTS</p> <ul style="list-style-type: none"> • Duane informed the committee regarding his recent trip to the MHC Chair Conference in San Diego. The conference referenced the AOT workgroups which are formed, in partnership with other county’s Mental or Behavioral Health departments including the stakeholders 	
<p>IV. ANNOUNCEMENTS</p> <ul style="list-style-type: none"> • David is looking for volunteers to help count the homeless throughout the county. The event is called “Point and Time Count and will occur on the 25 and 26th. A physical count is taken of those who are homeless, that do not have a permanent address, an accurate count is imperative. • Jamie Jeannette is the contact person that organizes the event • Commissioners are concerned about the homeless in rural areas being missed in the count. Unfortunately, it is difficult to obtain an accurate count. 	

<p>V. Approval of July 26, 2016, Minutes.</p> <ul style="list-style-type: none"> • Duane moved to motion, second by Gina, to approve the July 26, 2016, minutes. The motion passed by a vote of 3-0-0 <p>Vote: Ayes: Duane, Gina, Sam Abstain: none Absent: Michael Ward</p>	
<p>VI. DISCUSS updates, goals and outreach-</p> <ul style="list-style-type: none"> • One of the important changes the committee participated in were the uniforms for the youth that are residents at the RANCH detention facility • Prior to the change, the uniforms worn were orange jumpsuits • The current uniform consists of khaki pants and a navy shirt • It was reported that the new uniform was accepted favorably amongst the youths, some had made favorable comments towards the new uniforms and stated the change increased their confidence. • The second item of importance is the creation of a referral card. The referral card will be the size of a credit card, preferably plastic, for law enforcement to issue throughout the community. • The card will have key phone numbers for all services throughout Contra Costa County. Including Behavioral/Mental health services, advocacy, housing/shelters, crisis centers, hearing officers, detention, hospitals, therapy, social workers- not just a 1-800 number, but phone numbers that help those with mental health issues in the community • Behavioral Health has made a "Welcome packet" that will be given to various offices and throughout the community. • Commissioners suggest that the BH packet should be made available to local and state offices as well. • David is the current Chief of Detention for Mental Health. A current population of 300-325 in the detention facility, approximately 1/3 require mental health services. This meeting conflicts with another meeting that meets on Tuesdays BHCP (Behavioral health Collaborative Partnership), which meets at 1:30pm. • David attended the "Stepping Up Initiative," in Sacramento and one of the presenters on a panel. The initiative is sequential mapping to reduce recidivism. • The website for the new initiative is available to the public, the entire conference or any of the panelists can be viewed. • The staff comprises of 1 full time Psychiatrist, a total of 10 clinicians for both facilities, a mental health specialist (for 	

discharge processing) and a clerk has been hired what will begin in February. Currently in the process of identifying staffing needs and training to be able to provide better care. There is a consideration to possibly changing operating hours for the mental health services, no changes will be made at this time, just a consideration.

- CCLINK is part of the intake process to check each person for medical and health conditions and history, for precautionary measures as well.
- Some commissioners are concerned for the safety of the jail population, especially for those with mental health issues and suicidal tendencies.
- Detention facilities are making changes to processing procedures to assure safety. Although nothing is guaranteed, additional measures during intake have been taken. Checks are in place to investigate if there are psychotic tendencies, schizophrenia, recent visit to a crisis center or ER for a mental health issues, medications are checked, questions are asked to the incoming inmates, many factors are analyzed and whole person care is a priority.
- Evidence based screening tools and practices are being used at the facilities.
- The facilities are “Safety Planning,” including doing a more in depth comprehensive screening and observing those who have mental health illnesses, or behavioral issues are watched for changes in moods, behaviors and activities
- The Sherriff’s Office is in the process of obtaining approval from the Board of Supervisors, to submit an application for a grant fund called SB844. This fund will expand and improvement the mental health care system within the detention facilities. A presentation of the proposal will be given at the February full commission meeting by the Sherriff's Office
- Dr. Batiuchok, Program Manager for Mental Health Juvenile Hall. The team consists of mental health clinicians and trainees, two are at the Ranch facility and three are out in the field serving as liaisons helping to transition youths out of the criminal justice system and back into the community. A Family Partner works to navigate through the criminal justice system, be the connection to services and build relationship with probation officers.
- The goal is to have a connection to services while in custody, so that the partnership is formed before being released. Referrals are made regardless, after all releases, to connect to services
- There are three good evidence based programs in place, one of

them is MFT =Multi Family Therapy program, which specializes in substance abuse and reoccurring offenders. All programs are intensive, home based, family focused programs. Lincoln Child Center provides a multidimensional family therapy program

- A OCRE grant was received to start a FFT =Fully Functional Family Therapy Program, upon release, all juveniles will be referred to the program.
- A consistent and continuous effort will be made to route and reroute youths into programs to increase the possibilities of community reengagement success
- There are schools within the facilities; one is Delta Vista, inside the Ranch facility and Mount McKinley is at Juvenile Hall. Both offer courses to complete educational needs, while in custody
- Approximately 1/3 of youths in custody, have learning disabilities
- In the future, another goal is to train probation officer in identifying factors of prolonged psychosis so they can refer the youth immediately
- Other developing issues regarding children mental health care will be addressed at the full commission meeting on March 1 in that will be held in West County, along with the changes in new legislation concerning processing youths in and of the county and meeting their mental health care needs. Vern Wallace will do a presentation regarding the above.
- Dr. Scannell is the new Program Manager for Mental Health Crisis centers. Programs are in place, MET = The Mental Health Evaluation Team, AOT =Assisted Outpatient Treatment Program and on February 1 will be one year since its initial implementation.
- Commissioners expressed concerns regarding the findings in the evaluation report regarding 64 “lost” unable to locate individuals.
- Dr. Scannell clarified that some were referred to other services to best serve their needs, some did not qualify for the program, some choose to leave the program and few were placed in “holding” but were engaged once the individual was located. None were closed files unless the patient refused services. Various attempts were made, until the person is located and then given the option to enroll, or reenroll, in some cases.
- Once the person is enrolled in the program they receive intensive mental health care, 7 days a week, 24 hours a day
- Several housing options are offered: to live in a house, either East or West County (Pittsburg or Richmond), sobering homes, board and care, and short term hotel accommodations to providing housing for those who are homeless. It is on a case by case basis.

<p>Some individuals have refused to live anywhere and prefer being on the streets. It is consensual and the program cannot force the matter, it must be free will.</p> <ul style="list-style-type: none"> • Financial counseling is offered through the county. The people enrolled in the program are taught how to budget, take them shopping to prioritize and purchase necessities. If the person is not capable, then the county and MHSA, manage the funds for the person, if need be. 	
<p>VII. DISCUSS CIT TRAINING –</p> <ul style="list-style-type: none"> • A concern, was expressed, regarding CIT training not being completed by the officers at police departments, due to a recent personal experience. • A suggestion was made to be more assertive with departments to be accountable for ongoing CIT trainings • Train Mental and Behavioral Administration staff to be certified to initiate and process 51/50 incidents and call police for transport only • Concerns were expressed on why an individual, showing declining health issues or concerns, would not be transported immediately to ER, crisis center, hospital, or an ambulance called or dispatched? 	
<p>VIII. DISCUSS outreach and communication goals for the committee for 2017.</p> <p>Noted: not discussed and the item will be added to the agenda for the following month</p>	
<p>IX. Adjourn Meeting</p> <p>Meeting adjourned at 3pm.</p>	

Respectfully submitted,
Liza Molina-Huntley
Executive Assistant to the Mental Health Commission
CCHS Behavioral Health Administration

2016 Year End Report for Justice Systems Committee

- ❖ **The top priority for the Justice Systems Committee is to be a voice for the mentally ill that have encounters with law enforcement or are in a correctional facility, in hopes to improve conditions.**

In 2016 there were two main objectives:

- 1) To change the uniforms for those institutionalized in the correctional Juvenile Hall facility in Martinez**
- 2) Create a Community Mental Health Referral Card**

The uniforms that were utilized in the correctional juvenile facility, at the Martinez Juvenile Hall, were not uniform in color. The previous uniforms were color coded and those in the facility felt targeted due to the color coding clothing.

After many negotiations, the mission was accomplished. Juvenile Hall now has new uniforms. The new uniforms have provided confidence and a better outlook for those who are currently institutionalized.

A grant for the creation of the Community Mental Health Referral Card was obtained but unfortunately, due to many impediments, the grant was lost.

The card could be utilized by Law Enforcement and other agencies, to hand out to the community, during encounters with those in need of mental health services.

The plastic card would resemble a business card with a quick glance of referral numbers for mental health services throughout the county, including the 1-800 Crisis Center, Wellness Center, Family Partners, AOT and more.

For 2017, it is hoped to reestablish the grant and complete the creation of the cards so that they may be utilized throughout the county.