

**Mental Health Commission Minutes
January 6, 2016 – FINAL**

Agenda Item	Discussion	Action/Follow-up
<p>I. Call to Order / Introductions</p>	<p>The meeting was called to order by MHC Chairperson Duane Chapman at 4:33 p.m.</p> <p><u>Commissioner Present:</u> Supv. Candace Andersen, BOS Representative Greg Beckner, District IV Louis Buckingham, District III (Left the meeting once a quorum was achieved) Duane Chapman, District I Diana McKieve, District II Lauren Rettagliata, District II Barbara Serwin, District II Gina Swirsding, District I</p> <p><u>Commissioner’s Absent:</u> Peggy Black, District V Dave Kahler, District IV Tess Paoli, District III Sam Yoshioka, District IV</p> <p><u>Non-Commissioner’s Present:</u> Cynthia Belon, Behavior Health Services Director Travis Curran, Crestwood Healing Center Douglas Dunn, NAMI-CC, MHC Applicant Julie Kelley, CCHS Crystal Luna-Yarnell, CC ACTiOn Team Victor Montoya, CCHS Kassie Perkins, Anka Behavior Health Jill Ray, Supv. Andersen’s Office Will Taylor, NAMI-CC Jennifer Tuipolutu, BHS Shelly Whalon, CCHS</p>	<p><i>Transfer recording to computer</i></p> <p><i>Update Commissioner Attendance Chart</i></p> <p><i>Update Database</i></p>
<p>VIII. Update from the Contra Costa ACTiOn Team</p>	<p><i>At the agreement of the Commission, this Agenda Item was moved up due to the need for the speaker to attend to an urgent matter at home.</i></p> <p>Crystal Luna-Yarnell, from Mental Health System’s Contra Costa ACTiOn Team reported they have filled all three clinical positions. One person is housed and two are in the hiring process. The only two outstanding positions left are a Clinical Supervision position (She said she is a licensed Clinician and could fill that position until a person is hired) and a Psychiatrist. We have interviewed a few, but we really want to make sure we hire a psychiatrist who really connects with the people rather than having one who is just filling the</p>	

	<p>role. Our staffing pattern is really string, and we're working with the County to set a starting date, perhaps in the next two weeks or so. She said that Mental Health Systems is planning on holding an Open House in February. The date will be announced. How we're run, what we're about, what each of the staff do, etc. We'd rather people came to us so we don't have to keep repeating information over and over again.</p>	
II. Announcements	Newly-elected 2016 MHC Chairperson Duane Chapman thanked out-going Chair Lauren Rettagliata and said he is looking forward to working as a team.	
III. Public Comments	None.	
IV. Commissioner Comments	<p>Louis commented that he is resigning from the Commission to spend more time with his family.</p> <ul style="list-style-type: none"> • Lauren thanked Louis for always being there to help, and for his knowledge and speaking from the heart. • Supv. Andersen thanked him on behalf of the Board of Supervisors for his ability to discuss the concerns he brought to the Commission. • Gina said she enjoyed working with him, and was especially thankful for his concern for kids at the Juvenile Hall and Orin Allen Ranch, and improving things at Psychiatry Emergency. • Vic thanked Louis for being a man of integrity. • Duane said Louis opened his eyes to the concerns of kinds at the Ranch. 	<p><i>Notify Supv. Piepho of Louis' resignation from the Commission.</i></p>
V. Approval of the December 10, 2015 Minutes	<p>➤ A motion was made to approve the December 10, 2015 Minutes By Diana and seconded by Greg.</p> <p>Discussion:</p> <ol style="list-style-type: none"> 1) Public Comments made by Jill Ray on pages 1 and 2 were corrected. 2) The misspelling of Supervisor Andersen's name on page 4 was corrected. 3) A statement made by Cynthia Belon on page 6 was corrected. 4) Duane asked that a request he made at the end of the December meeting to have the discussion on concerns expressed by Local One continued at the Executive Committee meeting be added to the Minutes. <p>Vote: The December 10, 2015 Minutes were approved as corrected by a vote of 7-0-0.</p> <p>Vote:</p> <p>Yea (7): Candace, Greg, Duane, Diana, Lauren, Barbara, Gina.</p> <p>No (0)</p>	<p>➤ December 10, 2015 Minutes approved.</p> <p><i>Make corrections, post to web as FINAL.</i></p> <p>Place Local One issue on EC Agenda.</p> <p><i>Send FINAL Minutes to Ken</i></p>

	<p>Abstain (0) Absent (5): Louis (Left prior to the vote), Peggy, Dave, Tess, Sam.</p>	<p><i>Gallagher for 2015 EQRO Report.</i></p>
<p>VI. Report on Mental Health from Clinics and Departments under Anna Roth of the Contra Costa Regional Medical Center</p>	<p>Vic said the report has three sections.</p> <ol style="list-style-type: none"> 1) Discussion on integration of Behavior Health and primary care in our health care delivery system. 2) Discussion to include ways that the Commission can best advocate for improvement to the Mental Health Care delivery system. Vic recommended the above two items be forwarded to the Quality of Care Committee for a broader discussion with Julie Kelley and Shelly Whalon. 3) Have the Community Support Workers identified as Liaison Staff for Psychiatric Emergency Services on page 36 of Fiscal Year Plan 2015-2016 been hired? Vic referred to the 3-Year Plan showing the funded positions. <ul style="list-style-type: none"> • Lauren asked where the psychiatrist is located. • Vic said Concord Center Health. • Lauren asked who overlooks East County. • Cynthia said it is co-located. • Vic said it's in Antioch and half is FS services for families and there are also children's services. • Gina asked where someone can go for mental health services for families affected by gunfire? • Vic deferred to Cynthia. He added there are long term and short term programs in progress. • Duane suggested developing a plan and then presenting it to Cynthia. • Greg asked when the vacant positions will be filled. • Vic said the Behavior Health position had a process that is no longer in place that had ongoing recruitment. He has suggested this happens again. Local One and Human Resources are involved in the process. • Cynthia said it has been decided there will be a quarterly recruitment process. • Lauren asked when it comes to filling positions, are we as a County paying enough to attract the good applicants? • Candace said we are about 30% below. She added that we are competing with private insurers and the federal services. • Lauren said do we ask if we are willing to pay to get good doctors. 	<p><i>Forward 1)& 2) to the Q of C Committee.</i></p>

	<ul style="list-style-type: none"> • Doug commented that he is giving a presentation to Psychiatric Emergency and 4C staff Monday. 	
<p>VII. Report and Discussion with Cynthia Belon, Behavior Health Services Director</p>	<p>Referring to item VI. 3) above, Cynthia said two Community Support Workers were hired for the George Miller Wellness Center.</p> <p>Cynthia also announced the hiring of Jan Cobaleda-Keglar as the new Adult Mental Health Program Chief; She added that Dr. John Whalen will be the Interim Medical Director while a replacement for Dr. Ross Andelman is sought.</p> <ol style="list-style-type: none"> 1) How can the Commission best advocate for a more rapid filling of essential positions in Mental Health Services? 2) Need for Psychiatrist in clinics, Family Coordinator Position and Family Service Positions at East and West Clinics that have not been filled. <p>Discussions:</p> <ul style="list-style-type: none"> • Vic announced that Health Services Personnel has been working closely with them in recruitment. • There are improvement at the Central County Mental Health Clinic. <ul style="list-style-type: none"> ○ They have acquired additional space ○ Staff meets weekly now to discuss clinical needs and use of space ○ Kanasha Johnson has been appointed as a Supervisor. ○ There are 3 openings for Mental Health Clinical Specialists • With Dr. John Whalen in place, they will do a large recruitment for the Medical Director position. • The Optima 24/7 Contract has been signed. • Duane said taking a tour of facilities as a non-County employee let him see how bad things are. He asked when the BOS ever goes out to look at County buildings. • Candace said they are trying to do more. She added it has been a priority but there hasn't been funding. • Lauren asked Candace to tour the Concord Mental Health Clinic. It was suggested that a site visit be set up. • Greg suggested looking to non-profits. He asked what the Commission can do. • Candace suggested highlighting where the issues are. It was suggested that the Quality of Care Committee might be the ones to identify where the 	<p><i>Contact Lauri Byers at Supv. Andersen's office to set up a date for a site visit.</i></p> <p>Forward to the Quality of Care Committee.</p>

	problems are.	
VIII. See above	Note: Agenda Item VIII was moved to the top of the Agenda.	
IX. Mental Health Commission Committee Reports	<p>QUALITY OF CARE COMMITTEE</p> <p>Due to the absence of Chair Peggy Black, Vice Chair Barbara Serwin gave the report.</p> <ul style="list-style-type: none"> • Barbara stated that at their meeting, they walked through the talk they had had with Vern Wallace. She said Vic provided additional context to what Vern had said. • Lauren added that Vic helped the Quality of Care Committee understand the costs involved with opening 4D, but he did not dismiss the possibility. They discussed the financial hurdles. She said they need to go back to the State and Feds and talk to them about paying for their services. • Duane said it's this Commission's job to educate the community. • Candace suggested placing something on CCTV. • Gina said a gripe she has about California is that we should look for housing and homes for children. She added it would be cheaper. • Candace asked how we would pay – we must have a goal showing how to pay for it. • Jill asked if there was a better place than 4D. • Lauren replied that there wasn't – that Vic just explained the real costs. • Doug said NAMI-CC is taking a firm stand on 4D. He mentioned that contracts can be made with other Counties to help fill it. • Gina said other Counties are not committed. <p>MENTAL HEALTH SERVICES ACT-FINANCE COMMITTEE</p> <p>Chair Lauren Rettagliata gave the report.</p> <ul style="list-style-type: none"> • Lauren said they had invited Anka, Fred Finch and Hume to attend their meeting, but only has a representative from Anka. Lauren said the key is in mental health services for the homeless mentally ill. <p>Lauren said they had also received a Fiscal and Program Review Report on NAMI. They will review the report from Crestwood in January.</p> <p>Lauren said in 2016 they will be taking a deeper look at Realignment 1 and 2. They are also going to be looking at Waivers to see if they can be paid by Medi-Cal and Medicare.</p>	

	<p>CRIMINAL JUSTICE COMMITTEE Due to Louis' resignation, Vice Chair Gina Swirsding gave the Report.</p> <ul style="list-style-type: none"> Gina said that in 2016, they will be looking at lethal force against consumers, and also at any implementation of the use of non-lethal force. They will continue to review conditions for consumers at Martinez Detention Facility and West County Detention Facility. <p>EXECUTIVE COMMITTEE</p> <p>1) Entertain a motion to approve items for the Annual Report. Committee Reports are not ready. Place on February Agenda. Duane, Lauren and Barbara will be meeting to put together the Annual Report. It was announced that Supv. Andersen is Chair of the BOS this year.</p> <p>APPLICANT INTERVIEW AD HOC COMMITTEE</p> <p>1) Update on recommendation to Supv. Piepho to appoint applicant Douglas Dunn to fill the vacant Member-at-Large position. Karen reported she had forwarded the recommendation to Supv. Piepho's office the day after the December meeting but had received no reply despite several calls and e-mails. She was told yesterday that they had not received his Advisory Body Application. The MHC Application had been sent to them. Doug was asked to send Supv. Piepho the Advisory Body Application. She gave him a copy of it.</p> <p>NOMINATING AD HOC COMMITTEE</p> <p>1) Vote for final CPAW Representative. There were no volunteers and no nominations from the floor. The item will be carried over to February.</p>	<p><i>Place Approving Annual Report on February MHC Agenda.</i></p> <p><i>Reserve Ste. 200 Small Conference Room for meeting on 1/15 at 1:00 p.m.</i></p> <p><i>Follow-up with Supv. Piepho's office</i></p> <p><i>Place vote for CPAW Representative on February MHC Agenda.</i></p>
<p>X. Review Follow-up Items from December MHC Meeting.</p>	<p>No discussion.</p>	
<p>XI. Adjourn Meeting</p>	<p>The meeting was adjourned at 6:15 p.m.</p>	

Respectfully Submitted,
Karen Shuler, Executive Assistant
Contra Costa County Mental Health Commission