



The Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.

Retreat Agenda
Wednesday, May 6, 2015 ♦ 3:30-7:30 p.m.
Rettagliata Home, 171 Merano Street, Danville

The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings. Contact the Executive Assistant at 925-957-5140 at least 48 hours prior to the meeting.

- Objectives
 - A more shared sense of working together
 - An understanding of similarities and differences
 - How different people communicate differently
 - Skills for working together across differences

- 3:30 Introduction of Dr. Hubert Ivery
Team Building
- 4:00 Personality styles
- 4:30 Explanation
- 5:00 Dinner Break – Dinner will be provided
- 5:30 Communication Styles
- 6:30 Tools, Skills, Resources, and Next Steps
- 7:10 Express Learning & Evaluation
Commissioner Comment
- 7:20 Public Comment

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours.