



The Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.

Monthly Meeting Agenda
Thursday, August 14, 2014 ♦ 4:30 p.m.
John Muir Behavior Health ♦ 2730 Grant Street, Classroom A, Concord

The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings. Contact the Executive Assistant at 925-957-5140 at least 48 hours prior to the meeting.

The Mental Health Commission respects your time, and every attempt is made to accurately estimate when an item may be heard by the Commission. All times specified for items on the agenda are approximate. Items may be heard later than indicated depending on the discussion of the issues. Your patience is appreciated.

I. 4:30 Call to Order/Introductions

II. Public Comment followed by Commissioner Comments

Members of the public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In accordance with the Brown Act, if a member of the public addresses an item not on the Agenda, only a brief response for purposes of clarification may be given. No discussion or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment cards are available on the table at the back of the room.

Commissioners may comment on any item of interest within the jurisdiction of the Mental Health Commission. There may only be a brief response for clarification. No discussion or action on the item may occur. Commissioner Comment cards are also available on the table at the back of the room.

III. Announcements

- 1) Welcome Tess Paoli as a District II member of the Mental Health Commission.
- 2) All attendees are asked to please abide by the MHC's Decorum Statement (included in the meeting packet).
- 3) FYI – Included in the Packet is "Comfort Agreement" (Sacramento County Mental Health Board)

IV. Approval of the Minutes from July 10, 2014

Action

V. Behavioral Health Services Report—Cynthia Belon (15 Minutes)

Possible Action

1) Assessment and Recovery Center

The George and Cynthia Miller Wellness Center has been opened. Behavioral Health Services is currently working with Hospital and Clinics to establish a staffing pattern for the Assessment and Recovery Center co-located at the site.

2) Hope House

The June 2014 Report is attached.

3) Patients' Rights Update

We will be entering into a contract with Consumers Self Help Centers (CSHC), with an anticipated start date of October 1, 2014. CSHC was founded in 1986 by a group of mental health consumers who wanted a consumer-run self help center. They also provide patients' rights advocacy services, currently for consumers in Sacramento County.

4) Medi-Cal Outreach and Enrollment Grant

The three Patient Financial Services Specialist positions funded by this grant are going before the Board of Supervisors August 12, 2014. These positions will work with the target population to assist them in enrolling in Medi-Cal.

5) AB1421 Work Group

The Behavioral Director will provide a verbal update.

6) Program Moves

The Forensic program will move to 1430 Willow Pass Road, Concord the week of August 18th. The Vocational Services program will move to 1430 Willow Pass Road the week of September 8th.

7) Behavioral Health Integration of Access Lines

The Behavioral Director will provide a verbal update. Please also see attached Kaizen Workshop summary.

8) Mental Health Family Services Coordinator

The Adult Program Chief will interview final three candidates the week of August 18th.

VI. MHC Committee Reports

Report from Executive Committee – Sam Yoshioka

- 1) Addressed complaints from Commission meeting participants re: Protocol
 - a) About participants not being called in Order
Proposed having a staff member keep track of hands raised.
 - b) Some participants asking more questions than others
Proposed limiting to two questions per participant
 - c) Limiting length of questions/answers
Proposed a two-minute ruleWe'll go ahead on a trial basis addressing the complaints and revisit our shared experiences in a couple months. If the Standing Committees would like to share their meeting protocol and experiences, please send your suggestions to Karen.
- 2) Consider having a Commission Retreat
The purpose of a retreat (not a training) is to focus on getting to know each other and working together toward the good of the community. Any suggestions from the Standing Committees or individual Commissioners will be welcomed.

Report from the Quality of Care Committee – Peggy Kennedy

- 1) Children's Mental Health Program Chief Vern Wallace gave an update on children's services in the County. He has been invited to give a report to the Commission at the September meeting.
- 2) Susan Medlin presented a report on accessibility of transportation for consumers.
- 3) Representatives from Community Care Licensing are being invited to the August Quality of Care Committee meeting.
- Following a discussion about issues that have been brought up about Crestwood, Pleasant Hill, the Committee made a motion requesting that the Commission send a letter to George Lyttle, including photos and drawing his attention to matters that are of concern to the

Commission, clients and their families. The letter would ask for a response from him. The Quality of Care Committee would follow-up.. *Action*

Ask for requests for change of membership to this Committee.

- Entertain a motion to appoint Peggy Black (and any others) to the Quality of Care Committee. *Action*

Report from the MHSA/Finance Committee – Teresa Pasquini

Ask for requests for change of membership to this Committee.

- Entertain a motion to appoint Gina Swirsding and Tess Paoli (amd any others) to the MHSA/Finance Committee. *Action*
- Move that the Mental Health Commission accept the Contra Costa County Behavioral Health Mental Health Services Act (MHSA) Program and Fiscal Review Methodology Final Report. *Action*
- Move that the MHSA/Finance Committee will continue to work in partnership with key stakeholders including consumers and family members to solidify the development of our audit review methodology tool. *Action*

Report from Criminal Justice Committee – Evelyn Centeno

The Committee did not meet in August..

Ask for requests for change of membership to this Committee. *Possible Action*

VII. Appoint Members to the Ad Hoc Applicant Interview Committee *Action*

VIII. Appoint Members to the Ad Hoc Leadership Nomination Committee *Action*

IX. Commissioner Representative Reports

- 1) Behavioral Health Integration Steering Committee Report – Sam
- 2) Social Inclusion Committee – Volunteer needed *Action*
- 3) AOD Board – Sam
- 4) Homeless Board Meeting – Volunteer needed *Action*
- 5) Community Corrector’s Partnership (AB109) – Evelyn
- 6) AOT Workshop (Laura’s Law) – Lauren *Action*
- 7) Primary Care Integration Committee – Colette
- 8) CPAW – Lauren/Gina

X. Public Comment and Commissioner Comment

XI. 6:30 Adjourn Meeting.

MENTAL HEALTH COMMISSION VACANCIES:

District I (John Gioia) – Member-at-Large

District III (Mary Nejedly-Piepho) – Consumer Representative

District V (Federal Glover) – Consumer Representative

For more information, contact MHC Executive Assistant Karen Shuler at 925-957-5140

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours.