



Mental Health Commission

Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, Efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.

QUALITY OF CARE COMMITTEE

Mission: To assist Contra Costa County mental health consumers, family members and the general public in advocating for the highest quality mental health services and supports delivered with dignity and respect.

Wednesday, December 4, 2013 ♦ 10:30-12:00
1340 Arnold Drive, Ste. 112, Downstairs Conference Room, Martinez

The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact the Executive Assistant at least 48 hours prior to the meeting at 925-957-5140.

AGENDA

- 1. 10:30 Call to Order / Introductions**
- 2. 10:35 Public Comment**
Members of the public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In accordance with the Brown Act, if a member of the public addresses an item not on the Agenda, there may only be a brief response for clarification. No discussion or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
- 3. 10:40 Commissioner Comment**
Members of the Commission may comment on any item within the jurisdiction of the Mental Health Commission that is not on the Agenda. There may only be a brief response for clarification. No discussion or action on the item may occur.
- 4. 10:45 Announcements**
- 5. 10:50 Approval of the Nov. 6, 2013 Minutes Action Item**
- 6. 10:55 Discuss elements to be included in December report to MHC detailing QC Committee 2013 accomplishments**
- 7. 11:15 Update on 2013 Committee Goals**
The Committee proposes to address the following goals with consideration of the entire lifecycle of consumers including Children, TAY, Adult and Older Adults, and advocate for support services across the continuum.
 - 1) Develop an action plan whereby Contra Costa adult consumers can receive free dental services.
 - Peggy to call John Muir, Summit and Kaiser re: possible funding for dental clinic or dental mobile unit
 - 2) Evaluate gaps in medical, psychiatric, social and cultural services.



- 3) Advocate for physical accessibility of services.
- 4) Address oversight and accountability of out-of-county placements and receive information from community advocates as available.
 - Develop list of questions for MHA regarding where we stand with our consumers at Napa State Hospital. Need to get utilization numbers for 4C and find out where the log jams are. **Possible Action Item**
 - Consider creating exit interview for consumers who are being discharged from any facility and what their QOC experience was before, during and after discharge. **Possible Action Item**
- 5) Evaluate discharge planning for county mental health clients.

8. 11:45 Future Agenda Items

- Continue discussion of how new electronic records system impacts consumer patient experience
- Discuss a comprehensive centralized county information link for easier access by county staff, consumers and family members
- February 2014: Evaluation of Annual Plan
 - See Quality Improvement Work Plan, page 9, #1: Quarterly report on timeliness to access mental health services in Contra Costa County.

9. 11:50 Items to Forward to the Mental Health Commission

10. 11:55 Create January Agenda

11. 12:00 Adjourn Meeting

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours