



## Mental Health Commission

*Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, Efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.*

### ANNUAL PLANNING MEETING

Thursday, January 24th, 2013 ♦ 4:40-6:30 p.m.

John Muir Behavioral Health, 2730 Grant Street, Classroom A, Concord

### AGENDA

*The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings. Contact the Executive Assistant at 925-957-5140 at least 48 hours prior to the meeting.*

**I. 4:40 Call to Order / Introductions**

**II. 4:45 Public Comment**

Members of the public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In accordance with the Brown Act, if a member of the public addresses an item not on the Agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment cards are available on the table at the back of the room. Please turn them in to the Executive Assistant.

**III. 4:50 Chairperson's Report**

**IV. 5:00 Report from Cynthia Belon, Director of Behavioral Health Services**

**V. 5:15 Develop an MHC Committee Structure**

- 1) Consider committee structure of the Behavioral Health Division.  
The Behavioral Health Design Teams are organized around community populations related to the lifecycle: children; transition-aged youth, adults and older adults with families included throughout each. There is also a specific focus on the geographical, racial, ethnic and culturally diverse communities to be represented in the design process.
- 2) Outline the scope of each committee, including integration of the following: 1) cultural responsiveness; 2) transportation; and 3) housing.

**Action Item**

**VI. 5:30 Review 2012 Committee Work Plans and Goals**

❖ Quality of Care Committee:

The Quality of Care Committee plans to continue to address quality improvement of mental health services for all age groups by:

- 1) Developing an action plan for mental health consumers who reside in Contra Costa County to receive affordable and possibly free dental care.
- 2) Continuing to collaborate with the Mental Health Administration Research and Evaluation Team to:
  - Develop an action plan for addressing gaps in medical services to mental health consumers.
  - Evaluate availability and cultural appropriateness of services provided by county and contract agencies.



- Do a gap analysis on the availability and accessibility of psychiatric services.
- 3) Seeking to collaborate with the Bring 'em Home Campaign and the Children and Adolescent Task Force to assess out-of-county placements.
- 4) Developing and implementing a tool for consumer workforce support.

❖ Capital Facilities Committee

OBJECTIVE #1: PARTICIPATORY LEADERSHIP TRAINING

The Capital Facilities Committee will partner with Mental Health Consumer Concerns on participatory leadership training development which will be completely aligned to the Capital Facilities Committee's Mission Statement around advocacy and education.

OBJECTIVE #2: HOUSING

- A. Continue to monitor the completion of Bonita House Farm Project in Knightsen.
- B. Continue advocating for improving housing options across the continuum of care spectrum.
- C. Continue to monitor and advocate for the Assessment Recovery Center and Crisis and Residential Facility.
- D. Demonstrate how housing shortage creates human and fiscal impacts across the continuum.

OBJECTIVE #3: SITE VISITS

- A. In accordance with the W&I Code, annual site visits shall be performed by the local Mental Health Commissions. The Capital Facilities Committee proposes to consider site visits within the county system that will assist in informing the community of access issues in regards to housing.
- B. The Capital Facilities Committee will invite collaboration from stakeholders and others to join this effort.

OBJECTIVE #4: SUPPORT SERVICES

Request from Mental Health Administration an accurate count of how many people have been impacted and displaced by the changes in services in West County.

❖ Criminal Justice Committee

- A. To do Site Visits to:
  - 1) Behavioral Health Court
  - 2) West County Detention Facility
  - 3) ~~March Creek Detention Facility~~ Oren Allen Boys Ranch
- B. Encourage law enforcement agencies to have the officers take CIT Training
- C. Monitoring How AB109 Realignment is Affecting Contra Costa County.

**VII. 5:45 Approve 2013 Work Plans and Goals**

❖ Quality of Care Committee

**Action Item**

- 1) Develop an action plan whereby Contra Costa adult consumers can receive free dental services.
- 2) Evaluate gaps in medical, psychiatric, social and cultural services.

- 3) Establish partnerships within systems of care to help facilitate complex capability, including addressing integrated systems of care.
- 4) Advocate for physical accessibility of services.
- 5) Address oversight and accountability of out-of-county placements, and receive information from community advocates as available.
- 6) Evaluate discharge planning for county mental health clients.

❖ Capital Facilities Committee

Action Item

Objective #1 Participatory Leadership

To participate in stakeholder engagement and outreach.

- A. Supporting the MHCC Leadership Academy
- B. Supporting the Community Living Room Conversation.

Objective #2 Housing

- A. Continue to monitor the Bonita House Farm Project in Knightsen.
- B. Continue advocating for improving options across the continuum of care spectrum.
- C. Continue to monitor and advocate for the Assessment Recovery Center and Crisis Residential Facility and Oak Grove Campus.
- D. Demonstrate how housing shortage creates human and fiscal impacts across the continuum.

Objective #3 Site Visits

Objective #4 Support Services

Advocate for support services across the continuum.

❖ Criminal Justice Committee

Action Item

- 1) Evaluate the content of POST and CIT training.
- 2) Based on the evaluation, continue to advocate for the expansion of the CIT training.
  - a) Recommend mandatory CIT training for Probation
- 3) Monitor the impact of AB109 on the Mental Health System.

**VIII. 6:00 Discussion of May and October Proclamations** Action Items

**IX. 6:15 Election of Officers** Action Items

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|----------------------|--|
| Chairperson:         | Carole McKindley-Alvarez (Incumbent)   |
| Vice Chair:          | Peggy Kennedy (Incumbent); Sam Yoshioka  |
| Executive Committee: | Evelyn Centeno (Incumbent); Colette O’Keeffe;<br>Teresa Pasquini (Incumbent); Gina Swirsding |

**X. 6:25 Commissioner Announcements**

**XI. 6:30 Adjourn Meeting**

*Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours.*