

Contra Costa Mental Health Commission  
Monthly Meeting  
May 13, 2010  
**Minutes – Approved 6/10/10**

**1. CALL TO ORDER/INTRODUCTIONS**

The meeting was called to order at 4:33 pm by Chair Peter Mantas.

Commissioners Present:

Dave Kahler, District IV  
Peter Mantas, District III  
Carole McKindley-Alvarez, District I  
Anne Reed, District II  
Teresa Pasquini, District I  
Annis Pereyra, District II  
Sam Yoshioka, District IV

Attendees:

Peter Bagarozzo  
Evelyn Centeno  
Barbara Eisenberg  
Steven Grolnic-McClurg  
Ralph Hoffman, NAMI  
Lisa Kaye Klekar  
Peggy Kennedy  
Mariana Moore

Commissioners Absent:

Colette O’Keeffe, MD, District IV  
Floyd Overby, MD, District II  
Supv. Gayle Ulkema, District II

Staff:

Donna Wigand, MHA  
Suzanne Tavano, MHA  
John Allan, MHA  
Dorothy Sansoe, CAO  
Suzette Adkins, Staff to Supv. Bonilla

Introductions were made around the room.

**2. PUBLIC COMMENT.**

The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute maximum time limit (subject to change at the discretion of the Chair). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment Cards are available on the table at the back of the room. Please turn them in to the Executive Assistant.

Lisa Kaye Klekar is seeking guidance from individuals who have had contact with police departments, specifically Concord. She has issues with the response provided and the use of force when she contacted Concord Police. Her son has a mental illness, is developmentally delayed and has other health issues well. She contacted them for help in March; her son ended up being 5150’ed and was tased, even though the police were told he has a heart condition and it could kill him. She was arrested in her own home coming to her son’s aide. She will not call Concord Police if she needs help in the future. She wonders if someone has recommendations on how to get help and support. This was especially alarming to her as she has provided education to various police departments on how to interact with clients with mental health and developmental issues.

Commissioner Kahler and John Allen offered to speak to her outside of the meeting setting. Commissioner Yoshioka commented on an article sent to Commissioners on best practices on integration of primary care into behavioral health care in Harrisburg, Texas. Also there is a

monthly Diversity film series at Contra Costa Crisis Center. He found an article on Kaiser being ranked 1 for diversity and will provide the handout to Commission Staff.

3. **ANNOUNCEMENTS**

A. Behavioral Health Rapid Improvement Event - Friday, May 14th at 10am, CCRMC  
She was imbedded this week in the Rapid Improvement team as they prepare for the grand re-opening of the exterior CSU doors. The Kaizen process is to plan without spending new money or staff and juggle what already have and brainstorm how to work best from patients' perspective. The Report Out on the week will take place tomorrow at CCRMC and the ribbon cutting ceremony on Monday 5/17. The Commission advocated for the re-opening of the CSU doors and it's a great improvement for our consumers.

Commissioner Kahler mentioned Commissioner Pasquini was a primary mover in bringing the issue of reopening the CSU doors to Anna Roth's attention

B. Older Adult Open House 6/10/10; see flyer.  
Commissioner Pereyra reminded the Commission there is no MHC representative to the Older Adult Task Force. Donna Wigand said there is an Older Adult Task Force, but it not exactly the same as before where they were reaching to John Muir and Kaiser. Most of the same people are involved. She feels the MHC should have a representative.

**To Do: Staff to follow up on the new Older Adult Task Force; put on a future agenda to appoint a Commissioner.**

C. Regional training for MHB/MHC's in Oakland for Commissioners on June 15. Any suggestions for agenda items should be sent to Chair Mantas tonight or tomorrow. Commissioners can go online to register. The interaction with other Mental Health Board/Commission members was very valuable at last year's state conference.

4. **APPROVAL OF THE MINUTES**

- **ACTION:** Motion made to approve the following minutes (M-Reed/S-Kahler) (One motion for all 3 sets of minutes; see votes below based on who attended each meeting.)

**April 5, 2010 Public Hearing MHSA 2010/2011 Annual Plan Update: (Passed, 7-0-2, Y-Kahler, Mantas, McKindley-Alvarez, O'Keeffe, Overby, Pasquini, Pereyra/A-Reed and Yoshioka (not at meeting)**

**April 5, 2010 Public Hearing MHSA Capital Facilities Project Proposal: (Passed, 6-0-3, Y-Kahler, Mantas, McKindley-Alvarez, Overby, Pasquini, Pereyra/ A-O'Keeffe, Reed and Yoshioka (not at meeting)**

**April 8, 2010 MHC Monthly Meeting: (Passed, 8-0-1, Y-P, Kahler. Mantas, O'Keeffe, Pasaquini, Pereyra, Overby, Reed, Yoshioka/(A- McKindley-Alvarez not at meeting)**

5. **REPORT: MENTAL HEALTH DIRECTOR – Donna Wigand**

She thanked Chair Mantas for attending the BOS meeting to accept the May is Mental Health Awareness Month proclamation.



NAMI walk is Sat. 5/22/10 at Speedway Meadows in Golden Gate Field in San Francisco to raise awareness and fund raiser. Everyone is welcome to attend and walk: 1 mile and 3 mile walks. Children and pets are welcome.

Budget update: 1:00 pm 5/14/10 Governor will issue the May Revise budget that revises the budget issued in January. The budget gap projected in January to now is \$20 billion. There was an assumption in January the economy would pick up faster than it has and the April income tax revenue fell short of expectations due to high unemployment.

There is speculation on which programs would be cut or eliminated in the May Revise: 1) Cal Works (California's welfare to work program that allows mental health and drug/alcohol treatment as part of vocational training to be provided to help them get ready to go to work. There are many (30) contractors who provide those services whose contracts would be eliminated.), 2) Healthy Families (insurance plan for kids and families at less than 300% of the poverty level and 3) In Home Supportive Services (assisting aging and disabled so they can stay in their homes and avoid going to nursing homes). All three programs draw down federal dollars and the Governor says the state can't afford the state match any more and will leave the federal dollars on the table.

Also, in January the Governor suggested taking the State general fund match to mental health EPSDT and mental health managed care and put it toward the general fund then backfill with MHSA funds. The proposal didn't go anywhere, but still the deficit is still there. It is unclear how the state would eliminate EPSDT because it is a federal mandate for children. The bigger threat is elimination of the outpatient adult mental health managed care benefit. The governor

The third rumor is the suspension for a year or repeal of AB3632 that mandates Counties to provide mental health services to kids in schools. The mandate would shift from the Counties back to (State Departments of) Education; Education could contract with a County to provide those services or set up their own contracts with their own provider network. The privately insured AB3632 kids would not be eligible for County services. In CCC, 2/3 of AB3632 kids are privately insured; this change would free up those spots for Medi-cal or uninsured kids. Having most of the AB3632 patients privately insured is a huge financial drain because the County must obtain permission from the privately insurance patients to allow them to bill their private insurance. The County provides many more services per child than private insurance does (usually a certain number of inpatient and outpatient days per year) therefore parents would rather have the County provide the services.

She discussed the 11-15 Waiver, a talking paper from the California Department of Health Care about what California's federal health care waiver does around medical care: regarding access and care management coordination. What does it mean for behavioral health and drug/alcohol treatment? Mental Health and Drug/Alcohol are trying to get a seat at the table because most of the planning centers on medical care.

Suzanne Tavano mentioned health reform and new parity laws at the federal level. At the state level is the 11-15 waiver that is really under the hospital waiver. They have been reviewing the cost of care for consumers with high health and mental health needs who are in fee for service care rather than managed care and how to move them to managed care. The State will most likely do pilot projects around the state as they determine how best to roll the program out.



There is a focus on integration of care and there are several initiatives in which CCC is already participating including an ambulatory care clinic in the adult mental health clinic in Concord. She is also applying for a grant in West County to locate a physical health clinic in the El Portal mental health clinic. Donna Wigand said there is already ambulatory care psychiatry at 38<sup>th</sup> Street in Richmond. By having 3 different pilot programs of integrated health reform, hopefully CCC will be positioned as a player as integrated health reform is rolled out.

Ralph Hoffman commented he is suspicious of the timing of release of budget.

Commissioner Reed requested an explanation of an email sent by Staff regarding the possibility of federal dollars being used for a portion of the cost of electronic health records. Donna Wigand clarified when health care reform law passed, federal dollars may be used for electronic health records for health care side, but not the mental health care side. Congress may be looking to pass a bill folding mental health and drug/alcohol electronic health records into the medical health record mix and access federal dollars. In theory MHSA money set aside for electronic health records could be freed up to do something else. Commissioner Reed asked what the freed up money might be used for. Donna Wigand said the County would go back to the planning process and determine the best use for the funds.

Commissioner Reed requested Chair or the Chair of the Cap Fac Workgroup to prepare an email blast with specific link to what to do next. Get to our Representatives now while the bill is still in Subcommittee.

Chair Mantas asked if the MHC would like to formulate an advocacy letter.

- **ACTION:** Motion was made to add an urgency item (creation of a letter/email blast regarding the use of federal health care reform dollars for mental health electronic records) to the agenda : (M-Reed/S-Pereyra Passed, 7-0, unanimous)
- **ACTION:** Motion was made to have the Chair write a letter from the MHC to the Chair of the legislative Subcommittee supporting House Bill (HR5025) and send an informational email blast to stakeholders and community partners encouraging them to contact their representatives. (M-Reed/S-Pereyra Passed, 7-0, unanimous)

Discussion:

Vice Chair Pasquini encourages the motion as it would possibly free up 6 million from MHSA to use for other cap fac projects and not have to choose between an Assessment Recovery Center or Crisis Residential Facility.

Commissioner Reed was suggesting an informational email blast rather than a letter, but liked the idea of both. She amended her motion to include both ideas.

6. **CHAIRPERSON'S COMMENTS – Peter Mantas**
  - A. Consider update on Board of Supervisors Internal Operations Committee meeting 5/10/10:

The update will be postponed until the Record of Action has been published and approved by the Chair of the IOC. It will then be sent out to the MHC. They were in meetings for 3 hours with lots of ideas and positive outcomes.

**B. Clarification of emergency agenda item added at April MHC meeting:**

After receiving a communication from Mariana Moore and meeting with her. Chair Mantas realized that he inadvertently violated the Brown Act by adding an urgency information item incorrectly to last month's MHC meeting. The process used during the June 2009 MHC involved the entire MHC in deciding to add an urgency item, not just the Chair.

He apologized for the error. He will not add urgency items at future meetings until he sees the language from the Brown Act supporting urgency item actions. He is concerned about inadvertently causing problems by adding urgency items improperly.

Dorothy said she emailed him the language today.

**C. Commissioner Updates**

1. Annis Pereyra will seek re-appointment for District II.
2. Anne Reed will not seek re-appointment for District II.  
Chair Mantas asked Commissioner Reed if she would like to make any comments and she preferred to prepare something for next month's meeting.
3. Consider approval of Commission Candidates recommended by Executive Committee
  - a. Peggy Kennedy, District III, Member-At-Large, through 6/30/13
  - b. Peter Bagarozzo, District V, Family Member, through 6/30/13
  - c. Evelyn Centeno, District II, Member-At-Large, through 6/30/13

Chair Mantas informed the Commission that he inadvertently violated the Brown Act by not properly agendaizing the Executive Committee Interviews. He stated, "To all involved, I apologize for my error. We have now established the appropriate process of conducting interviews. To remedy this particular inadvertent infraction we will conduct the interviews again."

Chair Mantas proposed to expedite the applicant process the Exec. Committee be given authority to decide for the Commission He would like to get something done in 2 weeks. Once the Bylaws amendments are completed, there may be a different process for the future.

Motion was made for the Executive Committee be given the authority to decide for the Commission candidate disposition at a properly agendaized meeting. All Commissioner participate in the interview process as voting members for this round of interviews. (M-Pereyra/S-Kahler) (motion amended and seconded; see below)

Dorothy if have a quorum of the Commission, it must be posted and noted as s Special Meeting of the Commission. She suggested rephrasing the motion:



- **ACTION:** Motion made to have the MHC hold a Special Meeting to hold interviews for appointments. (M-Pereyra/S-Kahler, Passed, 5-2, Y-Pasquini, Mantas, Kahler, Pereyra, Yoshioka /N-Reed and McKindley-Alvarez.)

Discussion:

Commissioner Reed: She will be voting against it and suggests we approve the Bylaws first then have the Nominating Committee conduct the interviews. Dorothy Sansoe said the problem with that idea is timing. The Bylaws will not be effective until the BOS approves the BOS until at least mid-June.

McKindley-Alvarez confirmed all the Commissioners would be present and candidate decisions would be made by the Commission that day. Dorothy Sansoe confirmed a quorum must be present at the Special Meeting.

Commissioner Yoshioka confirmed that no matter whether or not there is a quorum, the meeting would be noticed.

Commissioner McKindley-Alvarez wondered if applicants were always subject to interviews in a public setting where a variety of issues may be explored. Chair Mantas agreed in an agendaized meeting, there is a chance a member of the public may attend. We need to follow the Bylaws and this process will support them as currently written.

Vice Chair Pasquini confirmed this is the way it has been done in the past. She has only had 1 member of the public attend in 4 years of being on the Commission. Technically (since there are no standing committees) the Bylaws state the Exec. Committee consists of the Chair and Vice Chair, but Chair Mantas was trying to be inclusive by inviting the Workgroup chairs.

Evelyn Centeno asked about closed session. Dorothy Sansoe said advisory bodies can only hold closed sessions for legal and personnel issues.

Commissioner McKindley-Alvarez wanted to make sure applicants, some of whom were present, realized the public aspect of the interviews and asked about the applications being made public. Dorothy Sansoe said the applications will be made public when go to the BOS. Commissioner McKindley-Alvarez also asked if all the candidates were to be re-interviewed since recommendations had already been made by the Exec. Committee. Chair Mantas said there weren't any other candidates for their vacancies so it shouldn't be an issue.

Commissioner Reed would like to request the most comfortable and private interview space as possible. She will not be voting for Commissioner Pereyra's motion and would rather entrust 2 or 3 people to interview and bring forward recommendations to full MHC.

Commissioner Yoshioka read from the current Bylaws and feels since we don't have any standing committees to participate on the Exec. Committee; the solution is to have the entire MHC involved.



Chair Mantas clarified the Exec. Committee is in place as the only current standing committee based on the Bylaws, but he thinks having a Special Meeting is the best solution. He asked if those who will be voting against it would participate in the interview process. Commissioner Reed said yes, if during the evening.

#### 4. Workgroups Comment by Commissioner Yoshioka

Commissioner Yoshioka concerned we are working with Workgroups when they are not itemized in the Bylaws.

Chair Mantas said Commissioner Yoshioka is right; Workgroups are not noted in the current Bylaws. The MHC received guidance from County Administrative Office to proceed working with Workgroups months ago. Based on this guidance we will continue working with workgroups until the Bylaws are amended.

Commissioner McKindley-Alvarez asked if the question of the use of workgroups could be posed at the Bay Rea Regional MHC Training. Chair Mantas said it could be a good topic.

Vice Chair Pasquini said although she has concerns about Workgroups (specifically the lack of a noticing requirement), understanding the history of the use of Workgroups is important. There was a mass exodus from the MHC in 2008; 3 of the 4 resignations were Standing Committee chairs. The Standing Committees were put in abeyance, (no longer meeting, but technically still part of the Bylaws). She referenced a letter from Dorothy Sansoe, dated 6/26/08, written as the MHC was approaching amending the Bylaws. Dorothy advised "the most notable suggestion is the elimination of Standing Committees. Over the past year or so it has become apparent that many of the Committees are requesting the same information and staff reports by the same individuals on the same subjects. These issues of broad interest should be presented to the full Commission for the education of all members. Other issues are being discussed in a vacuum without consideration of the impact of a particular issue may have on other areas of the system of care. By involving all Commissioners in the discussion of all issues, a broader depth and perspectives may be achieved. When the need arises, the Commission may still appoint ad hoc committees or a task force to deal with specific issues." Vice Chair Pasquini believes the letter came out after the Standing Committees were put into abeyance. There were other issues going on at the same time that contributed to the decision to use Workgroups as the method of working. She has reservations about Workgroups and agrees it is a topic for discussion, but urges questions be asked of Commissioners who were here at the time.

Chair Mantas said a Workgroup does the work and brings recommendations to MHC for action; Workgroups do not make decisions. He understands Commissioners' concerns, but he believes Workgroups will make the MHC more dynamic and nimble if the Workgroup process is allowed to work.

Commissioner McKindley-Alvarez wanted confirmation if Workgroups are an acceptable method of working. Will the issue of Standing Committees be coming up again or are we working with Workgroups and the discussion is finished. Chair Mantas said the



Workgroup concept will continue for now. Once the Bylaws are reviewed by the BOS, the discussion can be reopened.

Vice Chair Pasquini asked for Dorothy's guidance on the subject. Dorothy Sansoe said the MHC is not violating current Bylaws by establishing Workgroups. A Workgroup is a small group of Commissioners, authorized by the MHC, to gather information and bring recommendations back to the full Commission.

## 7. **MHC COMMITTEE / WORKGROUP REPORTS**

### A. Bylaws Workgroup Update – Peter Mantas

- a. Review the Workgroup's recommendation in response to County Counsel's recommendations on the Commission's approved bylaws amendments
- b. Consider approval of the workgroup's recommendations

The Bylaws workgroup met on 3/25/10 and reviewed County Counsel's recommendations. The Workgroup agreed with some recommendations and disagreed with others as listed.

**ACTION: Motion made to accept the Workgroup's recommendations as is with the exception of removal of the phrase "in California" from all 3 categories of membership from Article III, Membership, Section 1. Membership, Item B. (M-Pasquini/S-Pereyra, P-6-0-1, Mantas, Pasquini, McKindley-Alvarez, Kahler, Pereyra, Reed/ N-0/A-Yoshioka) (pg. 85 of the meeting packet, version dated, 3-30-10)**

#### Discussion:

Commissioner Yoshioka requested tabling the motion. Special meeting held 4/6/09 with 7 members. Several members have left; currently we have 5 of 7 who were part of the 7 present at the 4/6/09 meeting. He requests the process be re-opened to newer Commissioners with additional perspectives so they can have an opportunity to have an impact. Chair Mantas asked if there was anyone who wanted to support the table the motion. No one wanted to support the request to table the motion.

Vice Chair Pasquini concerned at the request to keep reviewing the Bylaws. The Bylaws have been amended to allow for flexibility and reflect many hours of work and the thoughts of family members and consumers.

Chair Mantas said the process has been thorough. The Bylaws Workgroup met, made revisions, sent them to County Counsel, reviewed County Counsel's recommendations and issued a response to those recommendations. The Workgroup also received guidance from the CAO's office during the process.

Commissioner Reed asked about Article VII Committees, Section 5 Membership/Nominating Committee, A, Mission Statement. If a member of the Nominating Committee is himself/herself nominated, he/she should recuse himself/herself from that portion of the Membership/Nominating Committee's responsibilities to avoid any conflict of interest.

Commissioner Yoshioka suggested the Membership/Nominating Committee should not include the MHC Chair or Vice Chair to avoid self-perpetuation of leadership and/or recusion issues. Commissioner Reed said she was not interested in revising the



Committee composition, but rather put in language to avoid any conflict of interest for that specific responsibility.

Chair Mantas said that specific ideas such as these can be covered in an MHC Policy and Procedures Manual that is to be written.

Commissioner Yoshioka suggested the Membership/Nominating Committee is key to interviewing all the applicants. All Exec. Committee meetings should be noticed.

Commissioner Yoshioka asked about Membership Article III, Section 1 Membership, B (p. 85 in the meeting packet). Are we putting things in over and above the W&I Code? The Family member currently reads "...of consumers who are receiving or have received mental health services in California, preferably in Contra Costa County." He feels that is exclusionary; applicants who have not received services in California may have a great deal to contribute.

Commissioner Reed asked if the W&I Code requires a member of the Commission to be a resident of California? Dorothy Sansoe said not to the best of her knowledge, although she would have to go back and read it.

Vice Chair Pasquini said when the Bylaws were being amended, there was a great deal of discussion that Commissioners were to represent the County constituency and County clients. It was to encourage people to apply who have experience with services in Contra Costa. She asked if leaving the language the way it is would exclude Commissioner Yoshioka from serving? Dorothy Sansoe clarified the way it is written, the family member's consumer would have to have received or be receiving services in California, preferably in Contra Costa County, so yes he would be excluded. She suggests putting "preferably" in front of California rather than in front of Contra Costa County. By removing the words "in California" the MHC still retains the option to provide preference through the interview process, but not be confined to it.

Commissioner Reed said the Contra Costa County preference could be vetted during the interview process.

Chair Mantas thought the MHC had previously approved the Bylaws and only those portions of the commented on by County Counsel were being considered today. He's not sure if deleting "in California" would negate the previously approved portions. Dorothy Sansoe said the MHC previously approved the Bylaws as drafted to be sent to County Counsel. So today, any amendment can be made today through the motion. Chair Mantas is not sure, but he will accept Dorothy Sansoe's recommendation.

Commissioner Yoshioka asked if language revision would be extended to Member at Large and Consumer membership categories as well?

Commissioner McKindley-Alvarez questioned if the Consumer membership requirement to have received services in Contra Costa County was being deleted? She wasn't comfortable with that. All membership categories must be residents of Contra Costa



County; that has not changed. Dorothy Sansoe stated as amended the language will say “preferably in Contra Costa County.”

Vice Chair Pasquini said it is important have experience and knowledge of the current system in Contra Costa to allow for the best informed Commissioners providing advice to the BOS. Is having experience from another County, possibly years previously, going to be the best help in advising the BOS on this County for this State? Commissioner Yoshioka suggested Commissioners with outside experience may have valuable input. Dorothy Sansoe suggested given the MHC’s difficulties in keeping and filling the seats, it would be prudent to less restrictive. The Contra Costa County preference can be given through the nominating and interviewing process, but not limited by it.

Vice Chair Pasquini amended the motion and Commissioner Pereyra seconded it.

Dorothy Sansoe will work with Staff to get clean and marked up versions of revised Bylaws to submit to BOS for hopefully the first meeting in June. She will let the MHC know the BOS meeting date in case someone wishes to watch the proceedings.

B. MHC Capital Facilities and Projects/IT Workgroup –Annis Pereyra

- c. Review the Workgroup’s report and recommendation
- c. Consider approval of the Workgroup’s recommendations

She invited Commissioners to do site visits in June – Crestwood in Pleasant Hill and then Vallejo. She will send out an email once she has scheduled the visits.

- **ACTION: Motion made to begin site inspections in June in Crestwood Pleasant Hill followed by Crestwood in Vallejo with notice to all Commissioners so may they attend. (M-Pereyra/S-Reed/P, 7-0 unanimous)**

Discussion:

Chair Mantas asked why concentrating on Crestwood. Commissioner Pereyra said they house a great many consumers.

Staff to send site visit sheets to Commissioners Pereyra and McKindley-Alvarez.

Suzanne Tavano said MHA and MHCC are visiting all board and cares and they may have a site inspection sheet.

At the 4/8/10 meeting, Donna Wigand suggested the MHC begin advocating for CRF in conjunction with the 20 Allen project. Vice Chair Pasquini suggested waiting for additional info from the Kaizen event before doing so. May be there is a way to carve out some discreet space within the hospital, at least temporarily.

If IT funding is available from another source (federal), the decisions regarding splitting of the Cap Fac/IT funding would need to be reanalyzed. Timing of the bill needs to be investigated.

B. Quality of Care Workgroup – Carole McKindley-Alvarez

More to report next month. Working with the County to get additional information.



The Workgroup will meet with Sherry Bradley in June and Steve Hahn-Smith.

C. Diversity and Recruitment Workgroup – Anne Reed

Commissioner Reed will not be giving her report today as she doesn't want to be rushed; the issues are important and require discussion. The Chair Comments take up so much time, the Ancillary Boards and Workgroup Reports run out of time. She suggests the Ancillary and Workgroup Reports be moved above the Chairperson's reports at the June meeting.

Chair Mantas agreed to Commissioner Reed's request to move Ancillary and Workgroup Reports to the beginning of the agenda.

8. **REPORTS: ANCILLARY BOARDS/COMMISSIONS**

A. Mental Health Coalition – Teresa Pasquini

B. Human Services Alliance – Mariana Moore – Human Alliance 5/20, 5-7 pm JFK University on candidates forum + candidates for District 4 offices.

C. Local 1 – John Gragnani

D. Mental Health Consumer Concerns (MHCC) - Brenda J. Crawford

E. National Alliance on Mental Illness (NAMI) – Al Farmer

F. MHSA CPAW – Annis Pereyra

9. **FUTURE AGENDA ITEMS**

*Any Commissioner or member of the public may suggest items to be placed on future agendas.*

A. Suggestions for June Agenda **[CONSENT]**

1. No presentations; focus on Workgroup presentations.

B. List of Future Agenda Items:

1. Presentation from Health Services Department on the policies and procedures surrounding sentinel events using Vic Montoya's suggestions on the different reporting structures – David Cassell
2. Rose King Presentation on MHSA
3. Anna Roth (July?)
4. Behavioral Court Presentation
5. Case Study
6. Discussion of County Mental Health Performance Contract & Service Provider Contract Review.
7. Presentation from The Clubhouse
8. Discuss MHC Fact Book
9. Review Meetings with Appointing Supervisor
10. Creative ways of utilizing MHSA funds
11. TAY and Adult's Workgroup
12. Conservatorship Issue
13. Presentation from Victor Montoya, Adult/Older Adult Program Chief
14. Presentation from Crestwood Pleasant Hill
15. Presentation on Healthcare Partnership and CCRMC Psych Leadership
15. Presentation on non-traditional mental health services under the current PEI MHSA programs



10. **ADJOURN MEETING**

- **ACTION:** Motion made to adjourn the meeting at 6:50 pm (M-Reed/S-McKindley-Alvarez/Passed, 7-0, Y-Kahler, Mantas, McKindley-Alvarez, Pasquini, Pereyra, Reed, Yoshioka)

The next scheduled meeting will be Thursday, June. 10, 2010 from 4:30- 6:30 pm at the Concord Police Department

Respectfully submitted,

Nancy Schott  
Executive Assistant

*Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours*

# Meeting Handouts

**The following documents were presented  
at the 5/13/10 MHC monthly meeting  
(but not included in the agenda packet)**

**For all other materials reviewed and  
discussed at the 5/13/10 public hearing,  
please see the agenda packet on the MHC  
Meeting Agendas and Minutes webpage at**

**[http://www.cchealth.org/groups/mental\\_health\\_com/agendas\\_minutes.php](http://www.cchealth.org/groups/mental_health_com/agendas_minutes.php)**



## Quality of Care and Quality of Life Assurance Workgroup

April 23, 2010

Attendees: Carole McKindley-Alvarez, Chair  
Peter Mantas, Vice Chair  
Floyd Overby  
Sam Yoshioka

Peter Mantas reported workgroup priorities accepted by Mental Health Commission.

Discussion: Now that our priorities have been accepted we discussed the most efficacious way to proceed. The workgroup agreed we would like to make recommendations from an informed perspective. With this in mind we will venture into a fact finding process that will include but not limited to: presentations from county staff, review of Proposition 63 documents, county flow charts, evaluative measures, budgets, and contracts, and contact other counties to review their processes.

Our fact finding process is designed to increase collaborative efforts between the workgroup and county. The workgroups intention is to assist the county in delivering the highest quality of care which means we will not only look for areas of growth but speak to the counties successes as well.

The following people and/or departments were identified as initial presenters:

### Invitee

### Purpose

Sherry Bradley

Overall education regarding MHSA funds current utilization. Also identified were specific questions to assist our understanding in the benefit of a two-tier model. The following questions will be emailed to Sherry: Who uses the services, What criteria are used, What is the percentage of old consumers utilizing services, and Who are the Full Service Partners and when did they enter they system?

Steve Hahn-Smith

Discuss the process of research, selection, and implementation of evaluative measures used by the county. Review current evaluative measures effectiveness.

The two invitees will begin the process for our **Assessment of Care** and **Two-tier vs. Multi-tier** priorities. Other counties will be contacted to receive information on how MHSA Community Services and Supports and Prevention and Early Intervention funding is utilized.

An email will be sent to Donna Wigand requesting a flow chart/s that illustrates the continuum of care which will include multiple entry points for all consumers (children, adults, older adults). This will begin the process for our **Continuum of Care** priority.

<b>Action items:</b>	<b>Designated person</b>
Email to Donna	Carole
Email to Sherry and Steve	Carole
Contact other counties	Carole-San Francisco County Peter-San Bernadino County Sam-Alameda County



## **CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION Diversity and Recruitment Workgroup**

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### **On-Going Action Items for Workgroup (for MHC information only)**

1. Contact other county MHC to see how they address the diversity issue - determine if they have marketing materials, specific interview questions, look at website, find out what other resources have they used to assist in the inclusion process.
  2. Determine what resources are available to other Contra Costa County commissions and committees to accommodate members and visitors with challenges - include close captioned videotaping of meetings, audiophones, changing the size of the text on our website, translation services.
  3. Create a list of underrepresented communities within Contra Costa County and pre-existing organizations serving those communities which can be leveraged for greater MHC exposure.
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### **Discussion/Action Items for MHC Meeting - May 13, 2010**

1. Understand that public meetings are a critical form of marketing the MHC - how we conduct ourselves in public meetings can discourage a potential Commissioner from joining the MHC. Commissioners should affirmatively commit to conduct themselves in a respectful, professional manner.
2. Recommend that Chair to designate an individual or individuals to conduct exit interviews for Commissioners who have left in the last two years and further request that the Workgroup develop a set of exit interview questions designed to enhance our understanding of our current diversity challenges and opportunities.
3. Encourage all commissioners to privately speak with the Chair and/or Vice-Chair if there is a disability which prevents them from fully participating in MHC meetings.
4. Ask for volunteer among the current Commissioners to meet with their individual supervisors. This will allow the MHC to clearly understand each supervisor's needs, expectations and priorities when sourcing for, interviewing and recommending new Commissioners. Workgroup will work with Chair and Vice-Chair to develop an outline to be used in these meetings.