

30 Douglas Drive, Suite 240 Martinez, California 94553 Ph (925) 372-4439 Fax (925) 372-4438

The Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.

CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION PUBLIC HEARING-DRAFT MHSA 2010/2011 ANNUAL UPDATE TO THE 3-YEAR PROGRAM AND EXPENDITURE PLAN Monday • April 5, 2010 • 4:30-6:30 p.m. 651 Pine Street • Martinez • Room 101

The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact the Executive Assistant at least 48 hrs. prior to the meeting at 925-957-5140.

AGENDA

Public Comment on items listed on the Agenda will be taken when the item is discussed.

- 1. 4:30 CALL TO ORDER / INTRODUCTIONS
- 2. 4:35 OPENING COMMENTS BY MENTAL HEALTH COMMISSION (MHC) CHAIR
- 3. 4:45 MHSA DRAFT 2010/2011 ANNUAL UPDATE TO THE 3-YEAR PROGRAM AND EXPENDITURE PLAN by MHSA Program Manager Sherry Bradley and Prevention and Early Intervention Project Manager Mary Roy

Update available for review at:

http://www.cchealth.org/services/mental_health/prop63/pdf/2010_plan_update.pdf

4. 5:30 PUBLIC COMMENT ON PLAN

The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute maximum time limit (subject to change at the discretion of the Chair). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment Cards are available on the table at the back of the room. Please turn them in to the Executive Assistant.

- 5. 5:45 CLOSE PUBLIC COMMENT ON PLAN
- 6. 5:45 MHC COMMENT ON THE PLAN
- 7. 6:20 DEVELOP LIST OF SUBSTANTIVE COMMENTS AND

ACTION RECOMMENDATIONS TO THE COUNTY MENTAL HEALTH

ADMINISTRATION (MHA) AND TO THE BOARD OF SUPERVISORS (BOS)

NOTE: The MHA does not have to follow the MHC's recommendations. However, the MHA must incorporate MHC recommendations as part of the adopted plan along with appropriate analysis.

10. 6:30 CLOSE PUBLIC HEARING

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, 200, Martinez during normal business hours

The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments ore recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers.



CONTRA COSTA HEALTH SERVICES

Go Beyondl

March 5, 2010

Mental Health Services Act Update



Contra Costa Mental Health Division is seeking public comment on the Mental Health Services Act (MHSA) FY 2010/2011 Annual Update to the 3-Year Program and Expenditure Plan

Original Single Sided

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0 day public comment period begins on rch 5, 2010 and ends on April 5, 2010

jal Update to the 3-Year Program and Expenditure Plan follows. It a CCHS website on the Mental Health Division's MHSA page at:

http://www.cchealth.org/services/mental_liealth/prop63/

Copies of the MHSA FY 2010/2011 Annual Update to the 3-Year Program and Expenditure Planare also available at the CCHS Mental Health Administration Offices, located at 1340 Arnold Drive, Suite 200, Martinez, CA 94553. The public may also request a copy of the proposal be sent via mail by calling 925-957-5150.

Comments should be made using the MHSA FY 2010/2011 Annual Update to the 3-Year Program and Expenditure Plan Public Comment Form, and can be hand delivered or mailed to ECHS Mental Health Administration, MHSA Program Manager - 1340 Arnold Dr., Suite 200, Martinez, CA 94553. The public can also send comments via email: MHSA@hsd.cccounty.us Or by fax: (925) 957-5156

DRAFT

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COUNTY SUMMARY SHEET

This document is intended to be used by the County to provide a summary of the components included within this annual update and defiberally, it serves to provide the County with a listing of the exhibits pertaining to each component.

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^{*}Exhibit D1 is only required for program/project elimination.

[&]quot;Exhibit F - F5 is only required for new programs/projects." Exhibit G is only required for assigning funds to the Local Prudent Reserve. ""Exhibit H is only required for assigning funds to the MHSA Housing Program.

[&]quot;""Public Hearings are required for annual updates, but not for updates.

COUNTY CERTIFICATION

County Mental Health Director	Project Lead
lame: Donna M. Wigand, LCSW	Name: Sherry Bradley, MPH
elephone Number: (925) 957-5111	Telephone Number: (925) 957-5114
-mail: donna.wigand@hsd.cccounty.us	E-mail: sherry.bradley@hsd.cccounty.us
Nailing Address:	
Contra Costa Mental Health Administration,	1340 Arnold Dr., Suite 200, Martinez, CA 94553
nereby certify that I am the official responsib	le for the administration of county mental health ounty has complied with all pertinent regulations,

This annual update has been developed with the participation of stakeholders, in accordance with sections 3300, 3310, subdivision (d), and 3315, subdivision (a). The draft FY 2010/11 annual update was circulated for 30 days to stakeholders for review and comment and a public hearing was held by the local mental health board of commission. All input has been considered with adjustments made, as appropriate.

The County agrees to participate in a local outcome evaluation for the PEI program(s) identified in the PEI component.

The County Mental Health Director approves all Capital Facilities and Technological Needs (CFTN) projects.

The County has complied with all requirements for the Workforce Education and Training component and the Capital Facilities segment of the CFTN component.

The costs of any Capital Facilities renovation projects in this annual update are reasonable and consistent with what a prudent buyer would incur.

The information provided for each work plan is true and correct.

All documents in the attached FY 2010/11 annual update/update are true and correct.

Donna M. Wigand, LCSW		
Mental Health Director/Designee (PRINT)	Signature	Date

¹ Counties with fewer than 100,000 residents, per Department of Finance demographic data, are exempt from this requirement and may strike this line from the certification.

COMMUNITY PROGRAM PLANNING AND LOCAL REVIEW PROCESS

County:	Contra Costa County
Date:	March 1, 2010

Instructions: Utilizing the following format please provide a brief description of the Community Program Planning and Local Review Processes that were conducted as part of this annual update/update per title 9 of the California Code of Regulations, sections 3300 and 3315.

Counties may elect to attach the Mental Health Board meeting minutes in which the annual update was discussed if it provides additional information that augments the responses to these questions.

Community Program Planning

1. Briefly describe the Community Program Planning (CPP) Process for development of the FY 2010/11 annual update/update. Include the methods used to obtain stakeholder input.

The MHSA Planning Committee on February 1, 2010, reviewed the DMH Information Notice 10-01 and guidelines, and developed a timeline for the MHSA FY 2010/11 Annual Plan Update development, which included a schedule for training stakeholders regarding the 2010/11 annual update. A stakeholder training and activity update for 2008/2009 data was scheduled for the public for February 25, 2010.

The MHSA Consolidated Planning Advisory Workgroup (CPAW), the Mental Health Division's integrated stakeholder advisory group, received a briefing and mini-training, as well as timeline, for the MHSA FY 2010/11 Annual Plan Update at their meeting of February 4, 2010.

The CPAW Data Committee reviewed 2008/2009 MHSA activities data during FY 2009/2010, and did a focused review of the 2008/2009 data at their meeting of February 10, 2010. They have previously submitted report(s) to the CPAW meetings regarding 2008/2009 FSP outcome data.

On February 25, 2010, the Mental Health Division conducted a public event called MHSA 2010/2011 Annual Plan Update "Launch", which including training stakeholders and the community to the requirements under DMH Information Notice 10-01. The Launch also included a complete activities update for all MHSA components implemented and funded through 2008/2009. The MHSA 2010/2011 Annual Plan Update Launch was recorded for re-broadcast on television by Contra Costa Television (CCTV) on local television channels 27 (for those receiving Comcast services), and local television channel 32 (for those with Astound services), and AT&T U-verse Channel 99. The program was re-broadcast on March 3, 2010, at 8:00 p.m., and also on March 4, 2010, at 4:00 p.m., in order to provide broader access to the public in the event folks missed the original broadcast.

On March 4, 2010, the MHSA Consolidated Planning Advisory Workgroup met to review the draft 2010/2011 Annual Plan Update, and recommended the draft plan for circulation under the required Community Program Planning Process for the 30 day public review and comment period effective March 5, 2010.

On March 5, 2010, Contra Costa Mental Health's draft MHSA FY 2010/11 Annual Plan Update was posted for the required 30 days public review and comment period.

The local Mental Health Commission will conduct a Public Hearing on the MHSA 2010/2011 Annual Plan Update on Thursday, March 11, 2010.

COMMUNITY PROGRAM PLANNING AND LOCAL REVIEW PROCESS

2. Identify the stakeholder entities involved in the Community Program Planning (CPP) Process.

Stakeholder entities involved in the Community Program Planning Process (CPP) include:

- Representatives from community based organizations serving Asian/Pacific Islanders, Latino/Latina,
 LGBTQQI-2S, mental health consumer providers, mental health family members;
- Individuals representing various age-defined stakeholder committees, including the older adult
 population, children and their families, transition age youth, and adults.
- Stakeholders on the Consolidated Planning Advisory Workgroup represent:
 - o Mental Health Consumers
 - o Mental Health Family members
 - o Asian-Pacific Islander
 - o Latino
 - o African American Community
 - o Older adults
 - o LGBTQQI-2S
 - Public Education
 - o School Boards
 - o Law enforcement
 - Mental Health Providers for FSP's (TAY, Children, Adults)
 - o Mental Health Commission representatives
 - o NAMI
- Other stakeholders include:
 - o Representatives from Foster Care affiliates;
 - o NAMI members
 - o California Client Network
 - o Provider Network members
 - Office for Consumer Empowerment
 - Contra Costa College Health and Human Services
 - o Expanding Horizons (vocational)
 - o Mt. Diablo Unified School District
 - o Martinez Unified School District
 - o Jewish and Family Services;
 - Interested members from local communities
- If eliminating a program/project, please include how the stakeholders were involved and had the opportunity to participate in the decision to eliminate the program/project.

Not applicable for Contra Costa.

Local Review Process

 Describe methods used to circulate, for the purpose of public comment, the annual update or update.

The MHSA 2010/11 annual plan update was circulated as follows:

- Full draft plan posted to county's official MHSA website copies provided in English, Spanish, and also in the concentration language, Vletnamese;
- Email blast to 800 subscribers providing link to the website those subscribers include:
 - o Mental health consumers, family members, NAMI, Mental Health Commission, Client and Family Network members, all mental health providers, network mental health providers, mental

COMMUNITY PROGRAM PLANNING AND LOCAL REVIEW PROCESS

health organizations contracted to provide services, all other county department representatives.

- Email blast to 500+ county mental health staff to share with clients at their respective sites.
- US Mail to 1100 individuals notifying them of availability of plan update those included:
 - Civic community organizations, other cultural organizations with publications for their targeted populations (Asian, Latino, LGBTQQI-2S), local clubs, chambers of commerce, city government, elected county and city officials, and many others;
- Media Advisory released to advise public of availability of the posted plan update to the website;
- Hard copies of the plan made available at the local mental health clinic sites, local mental health offices, public libraries (copies in English, Spanish and Vietnamese).
- 5. Include substantive comments received during the stakeholder review and public hearing, responses to those comments, and a description of any substantive changes made to the proposed annual update/update that was circulated. The County should indicate if no substantive comments were received.

Substantive comments and description of any substantive changes will be included subsequent 30 day public review and comment period and Public Hearing.

County:___

Contra Costa County

IMPLEMENTATION PROGRESS REPORT ON FY 08/09 ACTIVITIES

Date:	March 1, 2010	
instructions: V	Velfare and Institutions Code section 5848 specifies that DMH shall establish requirements for the conte edate and updates including reports on the achievement of performance outcomes for services. Provide	ni }

Instructions: Welfare and Institutions Code section 5848 specifies that DMH shall establish requirements for the content of the annual update and updates including reports on the achievement of performance outcomes for services. Provide an update on the overall progress of the County's implementation of the MHSA including CSS, PEI and WET components during FY 2008/09.

CSS, WET and PEI

 Briefly report on how the implementation of the MHSA is progressing: whether implementation activities are generally proceeding as described in the County's approved Plan, any key differences, and any major challenges.

<u>CSS</u>: Fiscal Year 2008/2009 saw all CSS Workplans and systems development strategies implemented, however, not all workplans were fully implemented. County Mental Health has experienced the following challenges during 2008/2009 in its continued implementation of all CSS workplans:

- Due to hiring freezes imposed by the County's CAO office, it has been a struggle to fill county designated positions for the Older Adult Systems Development, the Housing Coordinator and Housing Specialists, the Family Involvement Partners, and the wellness nurses. Because of this, not all the MHSA-CSS programs were fully implemented and staffed.
- Recruitment of psychiatrists with a specialty in gerontology for the Older Adult program has been extremely difficult. To continue moving forward, the county contracted with one psychiatrist who is a gerontology specialist.
- Delay in obtaining the physical space necessary for the Older Adult Program also delayed full implementation for this program in 2008/2009. The lack of physical space to "house" the program, and the delay in remodeling a new space for them was difficult, however, temporary quarters were located for them during 2008/2009, allowing them to treat clients in their temporary offices, and also to arrange field work with a "home base".
- ➤ The county's Office for Consumer Empowerment (OCE) was severely understaffed in 2008/2009. There was no mental health consumer coordinating the work of that office, therefore some of the systems development strategies for mental health consumers weren't implemented during 2008/2009. A Coordinator for the OCE was hired in July 2009.
- The Family Involvement Coordinator was not able to recruit Family Involvement Partners during 2008/2009 due to a change required in the county's job classification "Community Support Worker I and II". The delays due to the county's cumbersome human resources process were unavoidable. The job description to add Family Involvement Partners was successfully completed during FY 2009/2010.
- > Full Service Partnership programs for Children and their families, Adults, and Transition Age Youth, were all fully operational during 2008/2009. The implementation activities for those workplans have generally proceeded as described in the county's approved Plan, but not without some challenges. Briefly:
 - The FamiliesForward (Children's FSP) program experienced some stops and starts during 2007/2008, but during 2008/2009, the numbers enrolled grew to nearly 90% percent of their capacity. Regular meetings with the partners in the program were helpful in resolving some of the issues that created barriers. During 2008/2009, a second office location opened to capture the shifting demographics of the target population for this workplan. The approved plan called for working in "Far East region" of the county, targeting the growing Hispanic population. However, during the 3-4 years since the initial planning process, this population has moved more west in that region, hence the opening of a smaller satellite office to better serve those folks. The capacity of the program will likely not be able to increase due to the limited amount of housing available to these FSPs. However, the good news for these FSP's is that the outcomes data for 2008/2009 show that there have been significant improvements for these children and their families. (See Appendix A for FSP Outcome Data for FY 2008/2009)
 - The Bridges to Home (Adult FSP) program ramped up fairly quickly, and during 2008/2009 achieved nearly 100% of the enrollment capacity. The major barrier, however, to increasing the capacity of this program is the lack of housing funds available for independent housing for these FSP's. In terms of how the program is succeeding, the FSP outcome data for 2008/2009 reveal considerable improvements in decreased hospitalization, decreased arrests, and decrease in homelessness for these FSP's.
 - The Transition Age Youth Program was fully implemented during 2008/2009. They have achieved 67% percent of their enrollment capacity. The FSP outcomes for this program have been very positive.

however, there has been significant challenge in obtaining additional independent housing for this group due to lack of funding. The county is currently evaluating how it can address the "bottleneck" that has occurred (i.e., fewer new enrollees), also due to lack of funding, and is working with a multidisciplinary

group to address these challenges.

The Wellness Program (a system development strategy) was implemented in one region of the county (there are three distinct geographical regions) during 2008/2009. The idea was to develop a model for that, and then expand to the other regions with the hiring of appropriate nursing staff. Extending to the other regions did not occur during 2008/2009 due to hiring freeze for the county nursing positions. This has been remedied in 2009/2010.

PEL: During FY 2008/2009, the County's PEI Plan was approved in March 2009. There are a total of 9 projects included in the plan. Those projects were to be implemented using a combination of contracting with community organizations and recruitment/hiring of county staff. During 2008/2009, a total of 20 contracts were awarded for 23 of the PEI programs, with a start date of 7/1/2009. Job Classifications for the county positions were identified during 2008/2009, and the human resources process started during 2008/2009. Recruitment/hiring of the PEI Coordinator didn't occur until during FY 2009/2010. However, the County's Mental Health Planning/Evaluation Unit was successful in planning for and developing all outcome measures with defined goals for the PEI Projects. These were included in the contracts awarded to all PEI contractors (See Appendix B for Outcomes Measures developed for PEI Programs). Some of the challenges faced during 2008/2009 in the implementation of the PEI plan included:

Lack of county staff available to do the PEI implementation, however, hiring of temporary project staff, and the recruitment of a very experienced PEI Planner/Evaluator, added immeasurable value to the process.

Delay in hiring for other PEI program county positions due to fiscal restraints, including hiring freezes

imposed:

Working with new contractors (some of which had never worked with the county before) required a new skill set for county staff. The work was much more "labor Intensive" than had been anticipated. Staff spent more time visiting the potential program sites, observing how the organization worked with its clients, and getting to know the culture of the new organization(s) while exploring ways to work with cultural communities in a different way. However, county staff found the experience most rewarding as there was mutual learning along the way. It appears to have worked successfully for the county and the organizations, and what has resulted is a performance based contract process that is serving as a model for the division.

Most of the PEI Plan will be implemented during FY 2009/2010, and preliminary quarterly outcomes reporting is showing that the various programs are having an impact on their represented communities.

<u>WET:</u> Contra Costa's WET Plan was approved in May 2009, therefore there was little time to implement the Actions which were planned for 2008/2009. The county submitted it's WET Plan for approval in January 2009, so one of the challenges facing the county was the delay in plan approval. However, the following actions were implemented and operational during 20098/2009 (See Appendix C for WE&T Activities in FY 2008/2009):

Workforce Staffing Support: The Workforce Training Advisory Committee convened 3 times during 2008/2009 to develop the training calendar for the FY;

> <u>Training and Technical Assistance:</u> There were over 20 staff development training opportunities; subject matter experts were identified and 16 additional training sessions were conducted; evaluation of internet-

based learning started;

Mental Health Career Pathways: The Service Provider Individualized Recovery Intensive Training (SPIRIT) Program convened during spring semester 2008, with successful completion by 32 individuals seeking work in the mental health field; Family Member Employment Strategies action was implemented, formalizing training for family members who want to be employed in the public mental health system; The Psychosocial Rehabilitation Certificate (PSR) efforts commenced, and PSR certificate consultation and coursework recommendations were developed by June 2009. The PSR program is now fully developed and classes are expected to start in Fall 2010.

Residency and Internship Programs: Graduate level Internship opportunities were provided for 21 interns during FY 08/09. Preliminary discussions began around development of the Psychiatry Workforce in CCC during FY 08/09. The Nursing Workforce Development was operational, with UCSF's first student.

clinical rotation that ended 11/2009.

- Financial Incentive Programs: No activities for this category during FY 08/09.
- 2. Provide a brief narrative description of progress in providing services to unserved and underserved populations, with emphasis on reducing racial/ethnic service disparities.

Through it's CSS Workplans, specific cultural populations were targeted as follows:

- For Child FSPs, children 0-18 with history of repeated failure in learning environments and from families at or below 300% of poverty level or not eligible for other funding sources. Priority within this population goes to those with one or more of the risk factors included in the plan description. This target population is culturally diverse and a large number are Spanish speaking (mono-lingual Spanish). This program has been successful in engaging and doing outreach deep into the Hispanic community through hiring of bilingual and bicultural staff who understand the needs of this targeted community. They have been able to penetrate the community through cultural gatherings and events. The program has been successful in helping these children/families navigate their way through the system in order to obtain the mental health services (and other supportive services) that they need. The FSP outcomes for children and their families have shown improvement in reducing ethnic service disparities for this targeted population, in that there's been a reduction in arrests/incarceration post-enrollment, an improvement in school days post-enrollment, and some change in school attendance for those attending school. 65% of those served by this program are Hispanic, 18% Caucasian, 10% African-American, and 7% other.
- > For Transition Age Youth FSP's, age 16-25 with psychlatric disabilities who are homeless or at imminent risk of homelessness, living within West Contra Costa County. TAY are youth likely to have involvement with gangs, the child welfare and criminal justice systems. They may also have co-occurring disorders, and may lack skills for independent living. The program has been successful in creating a positive youth development environment in which these youth can take personal responsibility and make good choices about their lives. The FSP outcomes for this age cohort have shown improvement by reducing disparities by improvements in achieving independent living/housing, an increase in employment post-enrollment, a 50% decrease in arrests and incarceration post-enrollment, and a 70% decrease in hospitalizations post-enrollment. TAY being served by this program are 51% African American, 27% Caucasian, 11% Hispanic, and 11% other.
- > For Adult FSP's, Adults who are homeless on the street or in encampments, or at serious risk of homelessness, with serious mental illness, aged 26-59 living in the targeted region of West County, and who are currently unserved by Contra Costa Mental Health. By engaging partners that have traditionally served these communities, the County has been Instrumental In providing the services and activities that meet the needs of these targeted populations. The FSP outcomes for this FSP population have shown an improvement in reducing service disparities to this community. The outcomes show improvement in the number of those adult FSP's employed post-enrollment, a drastic decrease in arrests and incarceration post-enrollment, and a decrease in hospitalizations post-enrollment (by 45%). This program serves 41% African American, 30% Caucasian, 12% Hispanic, and 17% other.
- > For Older Adults, ages 60 and older who are isolated and living in the community, and severely disabled. The IMPACT Team is based in the physical health care clinics, and provides outreach services to those who might not normally be able to get the services, thereby reducing the disparity in mental health services available to this vulnerable population.

<u>Through it's PEI programs</u>, contracts have been established with organizations serving cultural communities where previous mental health outreach was not available, including:

- > The African American community in Bay Point, Pittsburg, and surrounding East County communities, through the "soul model" peer health education support;
- > Mental health education (anti-stigma) provided in native languages to previously unreached;
- Reducing of disparities and increasing penetration of mental health services through culturally and linguistically competent early identification, assessment and brief Intervention services in a medical setting, in a clinic serving primarily the Hispanic community;
- > Reducing isolation, depression, and suicidal ideation among members of the LGBTQQI community;
- Increasing participation of community members of the Iron Triangle to become both planners and architects of neighborhood based solutions to community challenges and by creating networks to engage others in community transformation.
- > Reducing disparities through improving access to needed services through a Family Navigator;
- > In order to cope with trauma related to community violence, increase self-efficacy among involved youth in the community, adults, and increase capacity of youth and adults to work together on youth positive policies.
- Increase accessibility to crisis lines by increasing the availability of Spanish speaking language counselors to

answer crisis line calls:

- > Improving family functioning for high-risk families, including parents with mental health/substance abuse problems and their children, improve school functioning of these children;
- Conducting behavioral screenings of patients 0-18 at La Clinica de La Raza,, and provide education and support
 to be strong parents and to raise healthy and emotionally healthy children;
- > Increase awareness of age appropriate disciplinary techniques among Latino parent participants in the primero Nuestros Ninos/Our Children First parenting education program.
- > Work with families experiencing the juventie justice system to reduce recidivistic behaviors, improve academic performance, reduce school suspensions, expulsions, etc.
- > For families experiencing mental illness, increase program access to families in need of support, for Clubhouse activities, and to increase family wellness by reducing stress related to care giving.

Through it's WET Actions:

- > Providing culturally competent and recovery oriented staff development to county and contracted provider staff;
- > Providing training on Addressing Inequities in Health:
- > Conference Planning on "Recovery in Diverse Communities Conference" (for Fall 2010)
- Mental Health Training for Law Enforcement, including gender issues, non-verbal cues, and language awareness
 all aimed at bringing awareness to cultural differences and offering strategies to handle these specific situations.
- > Training family members for employment, including topics on Strengths-Needs-Cultural Discovery (a two-part training). What is Culture.
- > Placement of Interns who are bilingual and/or bicultural

Through CSS Systems Development Strategies:

Wellness Program – development of mental health wellness materials that are easily understandable and made available in Spanish and Vietnamese. Assurances that wellness services will be provided in the desired language of those being served.

3.

IMPLEMENTATION PROGRESS REPORT ON FY 08/09 ACTIVITIES

	CSS	PEI	WET	
Age Group	# of Individuals	# of individuals (for universal provention, use estimated #)	Funding Category	# of individuals
Child and Youth	90		Workforce Staff Support	39
ransition Age Youth	60		Training/Technical Assist.	778
Adult	152		MH Career Pathway	73
Older Adult	53		Residency & Internship	21
Race/Ethnicity			Financial Incentive	No activity in 08/09
White	89			
African/American	117		[] WET not implemented in	08/09
Aslan	18			
Pacific Islander		<u></u>		
Vative	2			
Hispanic	107		j	,
Vulti – Vietnamese 4, Unknown 10	14			
Other	8	1,000		
Other Cultural Groups				
LGBTQ	Not collected			
Olher		7	i	
Primary Language	,		1	
Spanish	48		English: 291	
Vietnamese			Asian: 5	
Cantonese			Laotian: 2	
Mandarin			Unknown: 2	
Tagalog]	
Cambodian			1	
Hmong			7	
Russian			7	
Farsi	1]	
		1	1	
Arabic	1			

PEI

- 4. Please provide the following information for each PEI Project:
 - a) The problems and needs addressed by the Project.
 - b) The type of services provided.
 - c) Any outcomes data, if available. (Optional)
 - d) The type and dollar amount of leveraged resources and/ or In-kind contributions (if applicable).

<u>Program 1</u> addresses Building Community in underserved Cultural Communities. Contracts were negotiated based on the populations identified in our community planning process. In 08-09 contracts were initiated to serve the following communities: The African American Community, The Latino Community, The Native American Community, The LGBTQ Community and the Afghan, Bosnian, Iranian and Russian Immigrant Communities. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 1 utilizes \$456,468 of In-Kind Support and \$35,600 of Outside Source Income in the form of staff time, office space, furniture & supplies, pro-bono professional fees, and matching grants. The Total Leverage amount of Program 1 is \$492,068.

<u>Program 2</u> addressed coping to Trauma Related to Community Violence. Two programs were selected to serve this population: one county run, and one contract is aimed at developing a system of response to Violent Critical Incidents. It is still too early in

implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010. Program 2 included no leveraged dollars.

<u>Program 3</u> targeting Stigma Reduction and Awareness in funding a county consumer run program to train consumers for employment and conduct stigma awareness activities. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 3 utilizes \$50,000 of In-Kind Support and in the form of staff time, office space and supplies & equipment, The Total Leveraged amount for Program 3 is \$50,000.

<u>Program 4</u> is aimed at increasing the language capability of our Crisis Line Provider to include Spanish and Vietnamese. It is also providing for a Suicide Prevention Committee, the development of a County wide Suicide Prevention Plan, a Suicide Prevention campaign and annual suicide prevention training. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 4 utilizes \$443,450 of In-Kind Support and \$150,000 of Outside Sources of Income in the form of income from grants, community support and crisis line volunteer hours. The Total Leveraged amount for Program 4 is \$593,450.

<u>Program 5</u> is serving the Older Adult Population in particular targeting isolated Seniors. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 5 utilized \$34, 134 of In-Kind Support in the form of staff time, van-use, and volunteer time. Program 5 included no Outside Sources of Income. The Total Leveraged Amount for Program 5 is \$34,134.

<u>Program 6</u> provides for screening and Parenting Education aimed at serving the Latino families, African American Families, families experiencing Mental Illness and the larger community. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 6 utilized \$172,529 of In-Kind Support and \$77,522 of Outside Sources of Income in the form of Trust Fund income, staff time, supplies & equipment, space, grants, pro-bono professional services and volunteer time. The Total Leveraged Amount for Program 6 is \$250,051.

<u>Program 7</u> targets families experiencing the Juvenile Justice System. These programs provide screening, early intervention and discharge planning for youth reentering their communities and supports for youth and their families within the community with Juvenile Justice Involvement. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 7 utilizes \$95,400 of In-Kind Support in the form of space, supplies & equipment and program materials. Program 7 included no Outside Sources of Income. The Total Leveraged Amount for Program 7 is \$95,400.

<u>Program 8</u> provides support services to support families experiencing Mental Illness through out of home community for consumers providing work experience, recreation, and health education. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 8 utilized \$82,948 of In-Kind Support and \$60,000 of Outside Sources of Income in the form of access to other agency services, donated food and agency carryover contribution. The Total Leveraged Amount for Program 8 is \$142,948.

<u>Program 9</u> is focused on youth development including school based efforts at career development, violence education and prevention and support to pregnant and parenting teens. It is still too early in implementation to report outcomes data for FY 08/09. Outcomes data is being reported quarterly during 2009/2010.

Program 9 utilized \$578,645 of In-Kind Support and \$160,290 of Outside Sources of Income in the form of grants, space, supplies & equipment, staff time and pro-bono professional services. The Total Leveraged Amount for Program 9 is \$738,935.

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2010/11 ANNUAL UPDATE

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)	question #2
0	Is there a change in the service booulation to be served?		If yes, complete Exh. F1; If no, answer question #3
ila	ls there a change in services?		If yes, complete Exh. F1; If no, answer question #4
` \	Is there a chance in funding amount for the existing program?		If yes, answer question #4(a); If no, complete Exh. E1or E2 accordingly
i	is the change within +15% of previously approved amount?	X	If yes, answer question #5 and complete Exh. E1or E2; if no, complete Exh. F1
3			and complete table below.
			FY 09/10 funding FY 10/11 funding Percent Change
ις	For CSS programs: Describe the services/strategies and target (populat	For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted age, gender,
	race/ethnicity and language spoken of the population to be served	ਜ਼ਂ	
	Ear MET amorphe. Describe objectives to be achieved such as	Syspe	En WET programs. Describe objectives to be achieved such as days of training, number of scholarships awarded, major milesiones to be read led.

CSS PROGRAM 1 — CHILDREN'S FULL SERVICE PARTNERSHIP (FSP) — FAMILIESFORWARD (Project ACCST — Active Community Services and Supports (eams)

Target Population:

Unserved children 0-18 years of age with a history of repeated failure in learning environments including home, childcare, preschool and school and who are from families at or below family caregiver placements, limited English proficiency, high risk parents or community, populations whose cultural differences have traditionally excluded them from mental health services, out-of-norm trauma, substance abuse, experience with the juvenile justice system, or PES visits. The target population is culturally diverse and a large number are Spanish-300% of the poverty level and not eligible for other funding sources. Priority within this population will go to those with one or more of the risk factors of: multiple foster care or speaking.

Services and Strategies:

The FamiliesForward project advances the goals of MHSA through supports and services to improve resilience for children with emphasis on access, consumer/family involvement, a family support, increased availability of peer family support, the incorporation of teen peer mentors as support staff, and the requirement that staff form a multi-cultural, multi-lingual through two 24 hour?7 day a week service teams in the east and far east region of Contra Costa County. These interagency, interdisciplinary, ethnically diverse community response personalized/age specific support plan for each child/family, strong cultural and linguistic competence, strong community partnerships, and peer led services. This is accomplished teams will provide crisis stabilization, short-term case planning and problem resolution, family resource development, community inkages and advocacy, educational linkages and advocacy, and long term case management. The blended teams are comprised of staff from community based organizations and county staff, utilization of transportation aides for team. The project has a strong linkage with the existing wraparound services in Children's Mental Health.

PREVIOUSLY APPROVED PROGRAM

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TRA COSTA COUNTY	Ves No	If yes, answer question #2; If no, answer questions for existing program above	If yes, answer question #3; If no, complete Exh. F1			cription of Previously Approved Programs to be consolidated. Include in your description: The names of Previously Approved programs to be consolidated, Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, race/ethnicity, and by the population to be served), and Provide the rationale for consolidation.	
Existing Programs to be Consolidated - NOT APPLICABLE FOR CONTRA COSTA COUNTY	Question	Is this a consolidation of two or more existing programs?	Will all populations of existing program continue to be served?	Will all services from existing program continue to be offered?	is the funding amount ± 15% of the sum of the previously	Description of Previously Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated, b) Describe the target population to be served and the services/strategies to be provided (include the population to be served), and c) Provide the rationale for consolidation.	

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2010/11 ANNUAL UPDATE

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No	Question	Yes	No	
_	Is this an existing program with no changes	o		If yes, complete Exh. E5; If no, answer question #2
5	Is there a change in the essential purpose?			If yes, complete Exh. F5; If no, answer question #3
ري د	Is there a change to the learning goals?			If yes, complete Exh. F5; If no, answer question #4
	Are two existing programs being consolidated?			If yes, complete Exh. F5; If no, answer question #5
IG.	is the funding requested ±15% of previously approved			If yes, answer question #6 and complete Exh. E5; If no, complete Exh. F5
	amount?			
(C)	For all existing programs expanded or reduced, the County shou	d desc	cribe #	For all existing programs expanded or reduced, the County should describe the proposed changes to the most recent approved INN program and the rationale
	for the changes.			

EXMBIT D

Select one:

PREVIOUSLY APPROVED PROGRAM

2010/11 ANNUAL UPDATE

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County: Contra Costa	Program Number/Name: CSS Program 2 - TAY FSP - TAY Program	Date: March 1, 2010

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Prev	Previously Approved			
2	Question	Yes	S	
- :	Is this an existing program with no changes?	Ø		If yes, answer question #5 and complete Exh.E1 or E2 accordingly, If no, answer question #2
~	is there a change in the service population to be served?		Ø	If yes, complete Exh. F1; If no, answer question #3
(17)	Is there a change in services?		X	If yes, complete Exh. F1; If no, answer question #4
4	Is there a change in funding amount for the existing program?	Ø		If yes, answer question #4(a); If no, complete Exh. E1or E2 accordingly
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			***************************************	FY 09/10 funding FY 10/11 funding Percent Change
rç,	For CSS programs: Describe the services/strategies and target prace/ethnicity and language spoken of the population to be served For WET programs: Describe objectives to be achieved such as	popula d. s days	dion to	For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted age, gender, race/ethnicity and language spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached.

CSS Program 2 - TAY FSP - TAY Program

Target Population:

age youth are likely to have involvement with gangs, the child welfare and criminal justice systems. They may have co-occurring disorders. They may also lack skills for independent living. The program serves transition age youth (TAY) 16-25 years of age with psychiatric disabilities, who are homeless or at imminent risk of homelessness, living within the western region of Contra Costa County (West County). This includes all areas of the county west of Martinez, including Richmond, San Pablo, Pinole, El Cerrito, and Hercules. Transition

Services/Strategies:

consumers to address mental and physical health issues, substance abuse, housing instability, and critical social, education and vocational needs, the program prevents admission to jail, acute care hospitals, institutionalization, and unnecessary lives of poverty. This housing-first approach has been instituted through a partnership-based framework that builds upon successful, pre-established networks with homeless, housing, social service, health and behavioral health care providers in the region. The TAY program advances the goals of MHSA by creating a positive youth development environment in which homeless or imminently homeless TAY's with psychiatric disabilities (SMI or SED) can take personal responsibility and make good choices about their lives when provided with housing, services and supports that they need. Mental health consumers' person-centered service plans define the services and supports that are provided, allowing for development of participants' self-direction and personal responsibility. By supporting

EXHIBIT D

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2010/11 ANNUAL UPDATE

No	Sal	No.	
Is this a consolidation of two or more existing programs?	Б	If yes, answer question #2; I	If yes, answer question #2; If no, answer questions for existing program above
Will all populations of existing program continue to be served?		If yes, answer question #3; If no, complete Exh. F1	f no, complete Exh. F1
Will all services from existing program continue to be offered?		If yes, answer question #4	
is the fundion amount + 15% of the sum of the previously	E	If wes, answer question #5 a	If ves, answer question #5 and complete Exh. E1 or E2 accordingly
approved amounts?]	If no, complete Exh. F1	
Description of Previously Approved Programs to be consolidated	Inclu	n your description:	
 a) The names of Previously Approved programs to be consolide 	ted,		
b) Describe the target population to be served and the services:	strateg	to be provided (include targeter	l age, gender, race/ethnicity, and language spoken
by the population to be served), and			
 c) Provide the rationale for consolidation. 			
	Is this a consolidation of two or more existing programs: Will all populations of existing program continue to be served? Will all services from existing program continue to be offered? Will all services from existing program continue to be offered? Is the funding amount ± 15% of the sum of the previously approved amounts? Description of Previously Approved Programs to be consolidated. a) The names of Previously Approved programs to be consolidated. b) Describe the target population to be served and the services/ by the population to be served)., and c) Provide the rationale for consolidation.	Will all populations of existing program continue to be served? Will all populations of existing program continue to be offered? Will all services from existing program continue to be offered? Is the funding amount ± 15% of the sum of the previously approved amounts? Description of Previously Approved Programs to be consolidated. The names of Previously Approved programs to be consolidated. Describe the target population to be served and the services/strategies by the population to be served), and C) Provide the rationale for consolidation.	all populations of existing program continue to be served? all services from existing program continue to be offered? all services from existing program continue to be offered? all services from existing program continue to be offered? all services from existing program continue to be offered? all services from existing program of the previously coved amounts? cription of Previously Approved Programs to be consolidated. Include in ya The names of Previously Approved programs to be consolidated. Describe the target population to be served, and by the population to be served), and Provide the rationale for consolidation.

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1.	Question	Yes	No			÷.
_	is this an existing program with no changes?			If yes, complete Exh. E4; If no, answer question #2	-	
	Is there a change in the Priority Population or the Community Mental Health Needs?			If yes, completed Exh. F4; If no, answer question #3		
<u> " "</u>	is the current funding requested greater than 15% of the previously approved amount?			If yes, complete Exh. F4; If no, answer question #4		—т
1	Is the current funding requested greater than 35% less of the previously approved amount?			if yes, complete Exh. F4; If no, answer questions 5, 5a, and 5b		
17	Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	प्राचन स	d the	itionale for those changes.		
<u> </u>	If the total number of Individuals to be served annually is different than previously reported please provide revised estimates.	it than p	reviot			
~~	ar of clients I	Unive	ersal	Universal Prevention Selective/Indicated Prevention Early Intervention	rvention	
	Total Individuals:			5		-Т
	Total Families:				, -	
Ę	Existing Programs to be Consolidated					
1	Question	Yes	ş			٣
Ι₩	is this a consolidation of two or more existing programs?			If yes, answer question #2; If no, answer questions for existing program above	gram above	
₩Σ	is there a change in the Priority Population or the Community Mental Health Needs?			If no, answer question #3; If yes, complete Exh. F4		
ئة ≥≥إ	Will the consolidated programs continue to serve the same estimated number of individuals?			If yes, answer question #4; If no, complete Exh. F4		
	d Programs to be cons	Inciud	e in y	ır description:		
	 a) The names of Previously Approved programs to be consolidated; b) How the Previously approved programs will be consolidated; and 	olidated ted; and				
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Is this an existing program with no changes Is there a change in the essential purpose? Is there a change to the learning goals? Are two existing programs being consolidated? Is the funding requested ±15% of previously approved amount?			Ē	
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	2.	Is there a change in the essential purpose?		If yes, complete Exh. Fo; If no, driswer question #5
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	9	Charles of the local transfer of the local t		If use complete Exh E5: If no answer question #5
	4	Are two existing programs being consolidated:		
	ιή	Is the funding requested ±15% of previously approved		If yes, answer question #6 and complete Exn. E5; if no, complete Exit. F3
T		amount?		
	ဖ	For all existing programs expanded or reduced, the County shou	id desc	ribe the proposed changes to the most recent approved livin program and une ration
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Date:

Confirst Costs County West West	NUAL UPDATE	PREVIOUSLY APPROVED PROGRAM
Number/Name: CSS Program 3.—Adult FSP — Bridges to Home	Confra Costa County	
	turnber/Name: CSS Program 3.	- Adult FSP - Bridges to Home

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Ö	Previousiv Approved			
	TO SECURITY OF THE PROPERTY OF	Yes	Xes No	
74	Is this an existing program with no charges?	Ø	question #2	
**	is there a change in the service population to be served?			
**	s there's change in services?		X In Jes, complete Exh. Et lit no answer question #4	
1	Is there a change in funding amount for the existing program?	Ø	Tyes, answer question #4(a), If no, complete txh. Efor tz/accordingly	
123	Is the change within ±15% of previously approved amount?	X		
			Erogno Kanding Extout handing Percent Change	
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TU SE	For CSS programs: Describe the services/strategies and target praceigh including and targuage spoken of the population to be served	andog P	For CSS programs: Describe the services/strategies and target propriation to be served. This should include information about targeted age, gender, racetethnicity and language spoken of the population to be served.	. ,
M.	WATER TOTAL	5.003		4

CSS Program 3 - Adult FSP - Bridges to Home

Target Population

The Adulf FSP Project serves adults, aged 26-59, living within the western region of Contra Costa County (West County), which includes all areas west of Martinizz, including the Ebgible participants have senous memal times, and are currently enserved by Courta Costa Mental Health. Eurollees may have co-occuring disorders, instory of hospitalization othes of Rechmond, San Patio, El Cermo, Pinole and Hercules. The program targets those who are horneless on the street or in encampments, or at serious tisk of Homelessness. natice system involvement

Services/Strateoies:

encarpanents and simarious that purificen at sectors risk of homelessness into pernament housing with full access to both chuncal and consumer-driven supports. Culturally specific oureach efforts engage the imgerpopulation. A mental health clinican serves as laison to courts and jails. These efforts are mistrimed through a partnership-based framework that honelesmes, and to attain hope, self-sufficiency wellness, and a life of quality in the community. Consumers' stated needs and goals define the services and supports provided, allowing for the development of participants's elf-direction and personal responsibility. This FSP assists persons with psychiatric disabilities to move from the street, homeless The Adult FSP Program advances the goals of MHSA by supporting mitividuals to address, reduce, or resolve psychological issues and sociological conditions offen imited to buids on successful, pre-established networks with homeless, housing, secral sevice, health and behavioral health care providers.

miornal projects. The collatorative, including Rubicon Programs (lead agency), ANKA Behavioral Health, Familiae Unidas, Community Health for Assan Americans (CHAA), and Mental Health Consumer Concerns (a consumer run and operated agence), operates, in conjunction with OCMH and Public Health. Shelter, Inc. is the master leasing agency. This The Adril FSP was originally developed to form a broad collaborative in West County between agency partners that had a history of working together on a minder of formal and

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PREVIOUSLY APPROVED PROGRAM

Prevention and Early Intervention		☐ If yes, completed Exfs. F4. If no answer question #3	If yes, complete EXh, F4, If no, answer question #4		and the rationale for those changes.	an previously reported please provide revised estimates	Universal Prevention Selective Indicated Prevention Early Intervention		The state of the s	1	S Z	Types, answer, question #2, it no, answer questions to existing proximiting and	If no, answer question #3; If yes, complete Extr. F4		Include in your description: Mated ed; and	
Prevention	anges?	2. Is there a change in the Priority Population or the Community Manifal Health Needs?	3. Is the current funding requested greater than 15% of the previously approved amount?	4 is the correct funding requested greater than 35% tess of the previously approved amount?	5. Describe the proposed charges to the Previously Approved Program and the rationale for those charges.	5a. If the total number of Individuals to be served annually is different than previously reported please provide revised estimates	of clients by type of prevention amurally is mousty reported please provide revised	Total Individuals:	:selluration	The state of the s	No. Question Yes	1. Is this a consolidation of two or more existing programs?	2. Is there a change in the Priority Population or the Community	3. Will the consolidated programs continue to serve the same estimated number of individuals?	of Programs to be consolidated. Approved programs to be consolidated programs will be consolidated consolidation.	

For all existing programs expanded or reduced, the County should describe the proposed changes to the most recent approved INN program and the rationale **EXHIBIT** D If yes, complete Exh. F5; If no, answer question#4.
If yes, complete Exh. F5; If no, answer question #5
If yes, answer question #6 and complete Exh. E5; If no, complete Exh. F5 fryes, complete Exh. F5. If no, answer question #3 # yes, complete Exh. E5; If no, answer question #2 PREVIOUSLY APPROVED PROGRAM Innovation Yes | No Are two existing programs being consolidated?
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info Contra Costa County	im Number/Name: CSS-Program 4 – Older Aguilt System Development	Warch 1, 2016
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Program 4 - Older Adult System Development

Tarriet Population:

themselves and them health, and or who may lose them ability to remain at home as a result of a downward spiral. Services are targeted to senious who are Medi-Cal recipients or with mydynig psychiatic and medical problems (a senous memal illness complicated by a serious medical problem) or a diagnostic confusion of the two, williout adequate support and resources, including adequate insurance. The first priority is for those at risk for an unnecessary loss of ability to function, e.g., those seniors who may loss the ability to care for Senors, aged 60 years and older, who are isolated and frome in the community, and who are severely disabled, are the target population. They have complex presentations, often moomes at 300% of federal poverty level or below.

Services/Strategies:

identify and engage consumers. Co-located and integrated mental mental health services reduces harners to care. The core structure allows for expansion for more comprehensiv service delivery structure that does not concently exist for seniors. Services are consumer friendly, culturally competent outreach telps to There are convenity no specialized genatric mental health services in Contra Costa County. The Older Adult Program advances the goals of MHSA by establishing an integrated services and increased service volume in the future.

Effective May 9, 2608, by WHSA Performance Contract Amendment, the program was expanded enhanced to include the adoption implementation of the Impact program as its model of care to older adulty experiencing depression, with the staff needed to implement the Impact program in county primary care clinics. ЕХНВІТО The names of Previously Approved programs to be consolidated.

Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, race/eltinicity, and language spoken. If yes, answer question #2. If no, answer questions for existing program above If yes, answer question #5 and complete Eth. E1 or E2 accordingly If yes, answer question #3, If no, complete Exh. F1 If yes, answer question #4 If no, complete Exh. F1 If no, complete Est. F1 PREVIOUSLY APPROVED PROGRAM Description of Previously Approved Programs to be consolidated. Include in your description. Existing Programs to be Consolidated—NOT APPLICABLE IN CONTRA COSTA COUNTY Yes No Will all populations of existing program confinue to be served? Will all services from existing program confinue to be offered? is the funding amount ± 15% of the sum of the previously is this a consolidation of two or more existing programs? Provide the rationale for consolidation. by the population to be served), and Guestion 2010/17 ANNUAL UPDATE approved amounts? Ü Q W Ž NH 4 è

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292	Is there a change in the service population to be served?		I if yes, complete Exh. F1, If no, arswer question #3	
la v	Is there a change in services?		I If yes, complete Edit Fit it no, answer question #4	
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Ø	is the current funding requested greater than 15% of the oreworst anount?			If yes, complete Exh. F4. If no. answer question #P	
*	Is the current funding requested greater than 35% less of the previously approved amount?		£	If yes, complete Extr. F4, If no, answer questions 2, 34, and 34	
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N	Is there a charge in the Priority Population or the Community Mental Health Needs?			If no, answer question #3, If yes, complete Exft. F4	
64	Will the consolidated programs continue to serve the same estimated number of individuals?			If yes, answer question #4, If no, complete can fea	
	Description of Previously Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated, b) How the Previously approved programs will be consolidated, and c) Provide the rationale for consolidation	inckro Sidated (ed, and	mok uka	escription	

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N.	Is there a change in the Priority Population or the Community Mental Health Needs?		XX	If was, completed Exh. F4, If no, answer question #3		
6	Is the current funding requested greater than 5% of the newworsty approved amount?	Ĭ		If yes, complete Eth. F4, If no, answer question #4		
**	is the current funding requested greater than 35% less of the previously approved amount?		XI)	# ves complete Exh. F4: If no. answer questions 3, 32, and 30		f :-
Š	Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	E HEL	2 12	lonale for those changes.		-
9	NO CHANGES TO THE PREVIOUSLY APPROVED PROGRAM					
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	Is this a consolidation of two or more existing programs?			If yes, answer question #2, if no, answer questions for exismig program axxwe	r existing program arower	ن باد بد
ય	Is there a change in the Priority Population or the Community. Mental Reads?			If no, answer question #3, If yes, complete Exh. F4		
69	Will the consolidated programs continue to serve the same estimated number of individuals?			liyes, answer question #4. If no, complete Ext. F4		
4	Description of Previously Approved Programs to be consolicated. Include in your description: a) The names of Previously Approved programs to be consolidated. b) Heav the Previously approved programs will be consolidated; and c) Description of the program of the consolidation.	Medical Section		description		
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PREVIOUSLY APPROVED PROGRAM Selectione CSS TCSS TWET WET	ducation and Supports	ON Sec	If yes, complete Extr. Ff. If no, answer question #4 sprogram? If yes, complete Extr. Ff. If no, answer question #4 amount? If yes, answer question #5, and complete Extr. Et or E2 accordingly and complete table below. Frautro funding Frautr funding Percent Change	For CSS programs: Describe the services/strategies and target population to be served. racelethnicity and language spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training number of scholarships awarded, major milestones to be reachieved such as days of training number of scholarships awarded, major milestones to be reachieved such as days of training number of scholarships awarded, major milestones to be reachieved such as days of training number of scholarships awarded, major milestones to be reachieved such as days of training number of scholarships awarded.				ie funding amount ± 15% of the sum of the previously	
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	We liter the current timeing requested greater than 15% of the convenience amount?			If yes, complete Ext. F4, If no, answer question #4	T
	Is the current funding requested greater than 35% less of the previously approved amount?		4 Hyes. 0	Hyes, complete Eth. F4, If no, answer ottestions 2, 34, 444, 50	
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EXHIBIT D PREVIOUSLY APPROVED PROGRAM Select one	County PEl Program 7 — Supporting Families Experiencing the Juvenile Justice System		CSS and W=1			Is there a change in funding amount for the existing program? If yes, answer question #5 and complete Exh. Fit and complete Exh. Fit and complete table below. If yes, answer question #5 and complete Exh. Fit and complete table below. Fit is the change within ±15% of previously approved amount?	For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted age, gender, racelethnicity and targetes spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of balling, number of scholarships awarded, major milestones to be reached.		Question answer duestions for existing program above		With all populations of existing program continue to be offered? If yes, answer question #4 With all services from existing program continue to be offered?	Is the funding amount ±15% of the sum of the previously	Description of Previousty Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated. b) Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, racelethnicity, and language spoken by the population to be served), and by the population to be served), and c) Provide the rationale for consolidation.		
2010/11 ANNUAL UPDATE	County. Contra Costa County. Program Number/Name: PEl Pro	Date: March 1, 2010		viously Approved	2 Is there a change in the services?		5. For CSS programs: Describe race/ethnicity and language sp For WET programs: Describe	Existing Programs to be Consolidated	(10 km) 1 (10 km	1	2 Will all populations of existing i	4. Is the funding amount ± 15% or	5. Description of Previousty Approved Program a) The names of Previously Approved pro b) Describe the target population to be se by the population to be served), and c) Provide the rationale for consolidation.	1. 1	The state of the s

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3 (**)	(s this an existing program	X		if yes, complete exit. E4, 11 no, answer question in e	ماننت
64	Is there a change in the Priority Population or the Community		X.	# yes, completed Extr. Et; If no, answer question #3	**********
62	Is the current funding requested greater than 15% of the		Ø	Eyes, complete Extr. F4, If no, answer question #4	
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ıç	Describe the proposed changes to the Previously Approved Prog	ram ar	e the	oved Program and the rationale for those changes.	
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io.	Will the consolidated programs continue to serve the same estimated number of individuals?	۵		Rives, answer question #4, It no. compage Evil #4	
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Q TIBIHXE	ROGRAM	Mental Illness			If yes, answer question #5 and complete Exh.E1 or E2 accordingly, If no, answer	ouestion #4. If yes, complete Exh. F.L. II no., answer question #3	If yes, complete Exh. Ff. If no, answer question #4 The complete Exh. Etor E2 accordingly	# Special Street of the Complete Exh. Efor E2: If no, complete Exh. Effect E2: If no, complete Exh. Effect E2: If no, complete Exh. Effect E2: If no, complete Exh. Effect Exh. Effect E2: If no, complete Exh. Effect Exh. Effect Exh. Effect E2: If no, complete Exh. Effect Exh. Effect E2: If no, complete Exh. Effect E3: If no complete Exh. Effect E3: If no complete Exh. Effect E3: If no complete Exh. Effect E3: If no complete Exh. Effect E3: If no complete Exh. E4: If no complete E3: If no	For CSS programs: Describe the services/strategies and target population to be served. This should include intuition and the services and target population to be served. For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached.		If yes, answer question #2, If no, answer questions to expand they are	If yes, answer question #3, fino, complete Extr. 1.	If yes, answer question in the first somplete Extr. F1	If yes, answer question #5 and complete Eath Ci will executed. If no, complete Exh. F1	cription of Previously Approved Programs to be consolidated. Include in your description: The names of Previously Approved programs to be consolidated, Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, race/ethnicity, and language spoken by the population to be served), and by the population to be served), and	
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and Section (ASS) (Assert Section and March Section (Assert Section and ASS) (Assert Section (2010/11 ANNUAL UPDATE	County. Contra Costa County Program Number/Name. PEi Program 8 - Supporting	Date: March 1, 2010		No. Cuestion Onestion No. Rethis an existing program with no changes?		Surgregating in the Service Per	Is there a change in funding amount for the existing program? a) Is the change within ±15% of previously approved amount?	For CSS programs. Describe the services/strategies and target p race/ethnicity and language spoken of the population to be served For WET programs. Describe objectives to be achieved such as		Is this a consolidation of two or more existing programs?	Will all populations of existing program continue to be served?	Will all services from existing program continue to be offered?	Is the finding amount ± 15% of the sum of the previously	Description of Previously Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated, b) Describe the target population to be served and the services/strategies to be provided (in by the population to be served), and by the population to be served), and	The state of the s

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ri)	is the current funding requested greater man 3% or the previously approved anyount?	וֹ בֿ				Second Charles	
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w_	Will the consolidated programs continue to serve the same estimated number of individuals?			If yes, answer question #4, If no, complete Exft. r.4.	complete EXII. F4		
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DRAFT-60 If yes, answer question #5 and complete Exh. Et or F2 accordingly, If no, answer Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, race/ethnicity, and language spoken If yes, answer question #2, if no, answer questions for existing program aboute If yes, answer question #4(a), If no, complete Extr. Efor E2 accordingly
If yes, answer question #5 and complete Extr. Efor E2; If no, complete Extr. EXHBIT! Select one CSSS For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted age, gender, For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached. flyes, answer question #5 and complete Exh. E1 or E2 accordingly FY 09/10 funding | FY 10/11 funding | Percent Change if yes, answer question #3, if no, complete Exh. F1 If yes, complete Extr. Ff.; If no, answer question #3 If yes, complete Exh. F1: If no. answer question #4 If yes, answer question #4 and complete table below. If no, complete Exh. F1 If no, complete Exh. Fit PREVIOUSLY APPROVED PROGRAM Description of Previously Approved Programs to be consolidated. Include in your description: question #2 ESS and WE 2 **88**, Yes The names of Previously Approved programs to be consolidated. Program Number/Name: PEI Program 9 - Youth Development race/ethnicity and language spoken of the population to be served. Will all populations of existing program continue to be served? Is there a change in funding amount for the existing program? is the change within ±15% of previously approved amount? Will all services from existing program continue to be offered? is the funding amount ± 15% of the sum of the previously is this a consolidation of two or more existing programs? is there a change in the service population to be served? is this an existing program with no changes? by the population to be served), and Provide the rationale for consolidation. Question Question Existing Programs to be Consolidated Contra Costa County is there a change in services? March 1, 2010 2010/11 ANNUAL UPDATE approved amounts? Previously Approved County TA TO ***** Oate o Z Ŋ.

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	No. Cuestion Cuestion Is this are existing program with no changes?	§ ⊠	2□	If yes, answer question #5 and complete Exh.E.1 or E2 accordingly, if no, answer	
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Property Option	Program 1 = Workforce Education and Training (WE1) Coordination Objectives: Overall objectives are to provide staffing and support to CCMH's WE&T component and to enhance the County's training infrashucture. These include:	Octubo	nenta	nd to enhance the County Straining infrastructure. These include:	· · · · · · · · · · · · · · · · · · ·
	1. Manage the rollout and ongoing activities in the WE&T plan, including developing Plan updates.	Suding (develo	ping Plan undates.	
	 Coordinate framing and technical assistance efforts for County and Community Based Organization (CBO) staff as well as network providers. 	and Cor		ty-Based Organization (CBO) staff as well as	record a control of a
	3. Ensure that family members, consumers and underserved and underrepresented communities are included as both trainers and participants.	underre	prese	nted communities are included as both trainers and participants.	
	4. Increase the availability of information on regional education and employment activities, including internship opportunities.	nd empk	oymen	tactivities, including internship opportunities.	
	5. Convene the Training Advisory Group at least three times annually.	Slea			
Goals					
800 + 5.3 (N/8075)	 One (1) FTE for Intern supervision and with WET implementation One (1) Consumer Employment Coordinator One (1) FTE Clerical Support for WET 	· ·			
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Will all populations of existing program confinue to be served? Will all services from existing program continue to be offered?

is this a consolidation of two or more existing programs?

Existing Programs to be Consolidated

2010/11 ANNUAL UPDATE

Is the funding amount ± 15% of the sum of the previously

approved amounts?

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Provide the rationale for consolidation. by the population to be served),, and

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¥	is the correct funding requested greater than 35% less of the previously approved amount?	Å	<u>े</u> 	yes, complete Exh. F4, If in	If yes, complete Exh. F4, if no, answer questions 5, 5a, and 5b	410	
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UNUJAL UPDATE Contra Costa County (Numberframe, WE&T Program 2 - State	March 1.2010	Previously Approved Question Late an existing program with no chances?	Is there a change in the service population to be served?	Is there a change in funding amount for the existing program? Is the change within ±15% of previously approved amount?	For CSS programs. Describe the services strategies and target population to be served. This should include maintened the services to be reached. For WET programs: Describe objectives to be achieved such as days of training, rumber of scholarships awarded, major milestones to be reached.	WE&T Program 2.—Staff Development Training Inflatives	Develop a Staff Development Training Calendar that includes clinical and other training topics for all staff. Other trainings to all staff Other trainings to a season of the contracted agency (CBO) staff during FY 08-09. Begin rectaining and developing internal Subject Matter Experts to offer technical assistance on best practices. Explore the purchase and infization of an eleaning system that meets CCMH's needs for training subject matter, including Explore the purchase and infization of an eleaning management system (for reporting and organizational purposes). Explore the possibility of regional coordination in the Bay Area in this effort, in collaboration with Bay Area regional workforce development activities. 4. Plan and implement the Recovery in Divierse Communities Conference in Fall 2009 (postponed to Fall 2010) to focus on reducing stigma among mental bealth professionals		Up to 10 trainings per year Corefoundational training up to 2 trainings per year E-learning system set up fee/maintenance E-learning system set-up fee and maintenance Co-occurring disorders certificate training
2010/f1 Al County: Program	Dafte		2 <u>8</u> 9	. 67	R EC	WE&T Proof Objectives:		Goals:	AAAA

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Program Number/Name: WE&T Program 3 - Mental Health Training for Law Enforcement

March 1, 2010 Date:

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WET Program 3 - Mental Health Training fo

Objectives

- 1. Offer technical assistance to targeted Law Enforcement agencies in Contra Costa County with regard to CIT.
- 2. Collaborate with local Law Enforcement agencies to offer CIT training to Law Enforcement and mental health staff.
 - 3. Increase cultural awareness of law enforcement towards issues specific to mental health consumers.
- 4. Promote an integrated service experience for mental health consumers involved with law enforcement.
- 5. Leverage the use of funds between PEI and WE&T. The \$25,000 cost for this training is covered under the WET proposal onfy.

Goals:

- > One (1) Session of Critical Incident Training per year (trainer, fee, facility rental) > 35 Supends per year

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S A	ils: One (1) SPIRIT College Instructor funded per year		e e e e e e e e e e e e e e e e e e e
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ol.	Is there a change in the Priority Population or the Community Mental Health Needs?	1		If no, answer question for the complete for the		
ro.	Will the consolidated programs continue to serve the same octimated number of individuals?	刀	J	Hyes, answer question, et in no compared to		, A
*	Description of Previousity Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated. b) How the Previously approved programs will be consolidated; and c) Provide the rationale for consolidation.	obidate sted, an	8 4 72	rdescription		are a constant perm
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2010/11 AWUAL UPDATE

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			Tives, answer question #6 and complete Exh. E5, if no, complete Exh. F5	amount? For all existing programs expanded or reduced, the County should describe the proposed changes to the most recent approved RNN program and the rationale For all existing programs expanded or reduced, the County should describe the proposed changes to the most recent approved RNN program and the rationale		
Disclini	Is this amexisting program with no changes	Is there a change to the learning goals?	Are two existing programs being consolidated: Is the funding requested ±15% of previously approved	amount? For all existing programs expanded or reduced, the County sho	for the changes:	

EXHIBIT D Select one				If yes, answer question #5 and complete Exh.E1 or E2 accordingly; If no, answer question #2	answer question#3 answer question#4	If yes, answer question #4(a), It no, complete Exh. E1 or E2 accordingly If yes, answer question #5 and complete Exh. E1 in complete Exh. E1 and complete table below. FY 09(16 funding FY 10/11 funding Percent Change	sinformation about targeted age, gender, varded, major milestones to be reached.		s steam.			
PREVIOUSLY APPROVED PROGRAM	county. WE&T Program 5 - Family Member Employment Strategies		S. S. Shio W. P.	Yes No			arget population to be served. This sherwed.		ember training for employment in the public mental health system. Fvolunteers annually.			
2010FH ANNUAL UPDATE	Coumby Contra Costa County Program NumberName WE&T Program 5 - F	1, 2010	Provensiv Approved	No. Question 1. Is this an existing program with no changes?	7	15 there a change in services 4. Is there a change in funding amount to the existing program? a) Is the change within ±15% of previously approved amount?	5. For CSS programs: Describe the services/strategies and teacelethnicity and fanguage spoken of the population to be received to be advised t	WE&1 Program 5—Family Member Employment Strategies:	Objectives: 1. Explore the development of a formalized family member training for en 2. Staff development trainings for family partner staff/volunteers annually. 3. Training for current Contra Costa County staff.	Goals	Year Two (2) Family Psycho education trainings per year	Existing Programs to be Consolidated No:

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12.46	modes? La La Wes, complete Extr. E4: If mo, answer question#2	ation or the Community			Previously Approved Program and the rationale for those changes.	Activat annically is different than previously reported please provide revised estimates.	f prevention armitally is Universal Prevention Selective. Indicated Prevention Early Intervention see provide revised			Yes No			Je to serve the same (1) (fives, answer question #4, if flo, bomplere = xm. r*	ograms to be consolidated. Include in your description: oved programs to be consolidated, programs will be consolidated, and	Skidelon	
	No. Quiestion Quiestion 4 to this an existing monday with no citances?	-	Nortial Health Needs? 3 is the current funding requested greater than 15% of the	4 Is the current funding requested greater than 35% fess of previous transfer amount?	5. Describe the proposed changes to the Previously Approv	1	of clents abusiy repo	THE THE PARTY OF T	Existing Programs to be Consolidated	No.	is this a consolidation of tw	2 Is there a change in the Priority Population or the Community Mental Health Needs?	3. Will the consolidated programs confinue to serve the same extransfect number of individuals?	Description of Previously Approved Programs to be consolidated. Include The names of Previously Approved programs to be consolidated. How the Previously approved programs will be consolidated, and	c) Provide the rationale for consolidation	

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Is this an existing program with no changes? Is there a change in the Priority Population or the Community Mental Health Needs? Is the current funding requested greater than 15% of the previously approved amount?			If yes, complete Eth. Eth. If no. answer question#2	
of the Community ant 5% of the	Ü	4		***************************************
]	If yes, completed Edn. F4, If no, answer question #3	****
			If yes, complete Exh. F4, If no, answer question #4	
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Describe the proposed changes to the Previously Approved Pi	SCIENTS:	and the	ed Program and the rationale for those changes.	
Total individuals: If the total number of clients by type of prevention armually is different than previously reported please provide revised estimates.	10	Wersea	Universal Prevention Selective/Indicated Prevention Early Intervention	ntion
Total Individuals:	ا ا		man W noncommunity (18)	
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Is this a consolidation of two armore existing programs?	D		If yes, answer question #2. If no, answer questions for existing program above	н абоме
is there a change in the Priority Population or the Community Mental Health Needs?			If no, answer question #3, ffyes, complete Extl. F4	
Will the consolidated programs continue to serve the same estimated number of individuals?			#yes, answer question #4. If no, complete Exh. F4	
Description of Previously Approved Programs to be consolidated. Include a) The names of Previously Approved programs to be consolidated, b) How the Previously approved programs will be consolidated, and b Provide the rationale for consolidation.	d. Inclusionalistics and an artect an	e d d d	iidated include in your description. e-consolidated. nsolidated: and	

Selectone:			ngly, franc, answer	ondingly.	Section (Section)	STATE OF THE STATE			Googlam above
OUSLY APPROVED PROGRAM	College Parmerships: Psychosocial Rehabilitation Certificate	CSS and WET	Yes No Yes, answer question #5 and complete Ext. Ef or E2 accordingly, fino, answer question #2.	1	For CSS programs: Describe the services/strategies and target population to be served. This should include information about largeted age, gender, race/ethnicity and language spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached.	ral Rehabilitation Certificate (PSR) recommendations by August 2009.	gromoting and recruiting for the PSR program. gram at Contra Costa College.		Ves No
ZOTOTH ANNUAL UPDATE	County: Contra Costa County Program Number/Name: WE&T Program 7 - Community College Partnerships: (PSR)	Date: March 1, 2010	Previously Approved No. Question 1. Is this an existing program with no changes?	1. Is there a change in the service population to be served? 2. Is there a change in services? 4. Is there a change in funding amount for the existing program? 3) is the change within ±15% of previously approved amount?	5. For CSS programs: Describe the services/strategies and target proceedingly and language spoken of the population to be served For WET programs: Describe objectives to be achieved such as	WE&T Program 7—Community College Partnerships: Psychosocial Rehabilitation Certificate (PSR) Objectives: 1. Complete PSR certificate consultation and coursework recommendations by August 2009.	2. Convene an advisory group of providers to assist with promoting and recruiting for the PSR program. 3. Track enrollment and completions in the initial PSR program at Contra Costa College.	4. Train CCMH staff in the PSR certificate program. Goals:	Implement PSR Certificate Program by Fall 2010 Existing Programs to be Consolidated No. Question

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ర	County. Contra Costa County				
Ď.	Program Number/Name: Program 8 - Psychiatric Technician Program	n Pro	oram		
ä	Date: March 1, 2010	25	٠		T
		CSS	CSS and WET		
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	is this an existing program with no changes?	X)]	Trees and the control of the control	
		E	K	If yes, complete Exh. F1, If no, answer question #3	Τ.
, 	Smere a crange in the Service Production			If yes, complete Exh. F1, If no, answer question #4].
1 S	nount for the existing program?			II.yes, answer question#5 and complete Extr. Et or E2; If no, complete Extr. E1	
9		<u> </u>	79 Jun	and complete table below: FY 0910 funding FY 10/11 funding Percent Change	
ın.	For CSS programs: Describe The services/strategies and target por race/ethnicity and language spoken of the population to be served	opular.		For CSS programs: Describe the services/strategies and target population to be served. This should include information about target services and target spoken of the population to be served.	
];. 	For WET programs: Describe objectives to be achieved such as	Skep			
WE	WE&T Program 8 - Psychiatric Technician Program				
of of the	Objectives				
	 Explore existing and potential Psychiatric Technicis Explore ways to incorporate and develop psychiatri 	an P. To tee		Technician Programs in Contra Costa and surrounding areas. psychiatinc technicians in the workforce.	
Goals:					
6587	 Develop Psychiatric Tech Program with local college 	: !	1		[:,
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1 5	Calestion	, Kes	2		
	Is this a consolidation of two or more existing programs?	1		fives answer question at the distance of the second	
a a	Will all populations of existing program continue to be serred?			If yes, answer guestion and transfer are a series of the s	ŀ
66	Will all services from existing program continue to be offered?		1	If yes, answer question #**. If no complete Exti. E1	- 1
¥.	Is the funding amount ± 15% of the sum of the previously			#yes, answer guestion#5 and complete Exh. E1 or E2 accordingly #no, complete∈xh. F1	l
(E	Prescription of Previously Approved Programs to be consolidated. Include in your description.	Inch	de to	1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年,1967年	j.ġ
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N	is there a change in the Priority Population or the Community		% # T	If yes, completed Exh. P4, If no, answer question #3	
(i)	Mental Health Needs?		LI HYPES	#yes, complete Ext. F4. If no, answer question #4	
\$	previously approved amount? Is the current funding requested greater than 35% less of the previously amount amount?		11 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Tyes, complete Ext. F4. If no. answer questions 5, 5a, and 5b	Ů.
199	Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	ram and	The rations	lefor trose changes.	
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1,6	5a If the fotal number of Individuals to be served annually is different	tthan pa	eviously re	is different than previously reported please provide revised estimates	
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Ø	Existing Programs to be Consolidated	A North Commence of the Commen	Section of the sectio		
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	Is this a consolidation of two or more existing programs?		f fres,	If yes, answer question #2, if no, answer questions to existing program above	
8	Is there a change in the Phority Population or the Continunity Mental Health Needs?	3.		If no, answer question #3; If yes, complete Extr. F4	
05			If yes.	If yes, answer question #4, If no, complete EXT. 1-4	
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PR=V	WE&T Program 9 Expanding Graduate Level Internstript of program 9 Expanding Graduate Level Internstript of program 9	InstrApproved Constion Conestion Consistent of E2 accordingly, if no, answer question #5 and complete Edit E1 of E2 accordingly, if no, answer is this an existing program with no changes?	population to be served?	receleturisty and language spoken of the population in the service of training, number of softodarships awarded, major milestones to be reached. WEET Program 9 - Expanding Graduate Level Internship Opportunities Objectives: 1. Place graduate level internstrances in the Adult and Older Adult system in the next 18 months. Emphasize recruitment of bifingual/bicultural todividuals; and with consumer/family monther experience. 2. Increase access to dinical supervision for staff, residents, and interns employed and or placed with the Divisor. Hire a part-time staff member to support the provision of clinical supervision for staff, residents and interns employed and or review difficult cases. 3. Coordinate periodic meetings for relinical supervision to placed at CBOs. 4. Expand internsitio program to provide stipends for interns placed at CBOs. 5. Coordinate periodic meetings for clinical supervision to the provision of clinical supervision to staff and interns. Placed at CBOs. 6. Expand internsitio program to provide stipends for interns placed at CBOs. 6. Expand internsitio program to provide stipends for interns placed at CBOs. 6. Expand internsitio program to covide stipends for interns placed at CBOs. 6. Expand internsitio program to covide stipends for interns placed at CBOs. 6. Expand internsition to 24 students per year 7. Editionalisation of Costudents per year 8. Editionalisation of Costudents per year 8. Editionalisation of Costudents per year 9. Editionalisation of Costudents per year 9. Editionalisation of Costudents per year
2010/11 ANNUAL UPDATE	Program Number/Name:	Previously Approved No. Is this an existing program	2. Is there a change in the services? 4. Is there a change in funding an a) Is the change within ±15% of p	raceletinicity and language spoken For WET programs: Describe objectives: 1. Place graduate level internstrance with consumerfamily member exproprosion of clinical supervision. Proprieting periodic meetings for c. 2. Increase access to clinical supervision. Programd internship program to provide the periodic meetings for c. 4. Expand internship program to prove State of State

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<u></u>	is this a consolidation of two or more existing programs?	3	If yes, answer question #2, 16 no, answer questions for existing prodram above
(N	Will all populations of existing program continue to be served?		Tives, answer question #3, If no, complete Exh. F1
ei ei	Will all services from existing program continue to be offered?		Hives, answer question #4 If no, complete Exh. F1
4	Is the funding amount ± 15% of the sum of the previously approved amounts?	276 26 27	# # yes, answer question #5 and complete Exh. E1 or E2 accordingly If no, complete Exh. F1
ហើ	Description of Previously Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated; b) Describe the target population to be served and the services/strategies to be provided (include the population to be served.). and c) Provide the rationale for consolidation.	Inchide (fed. stratega	arption of Previously Approved Programs to be consolidated. Include in your description: The names of Previously Approved programs to be consolidated; Describe the target population to be served and the services/strategies to be provided (include targeted age, gender, race/ettinicity, and language spoken by the population to be served), and Provide the rationale for consolidation.

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	Is this an existing program with no changes?			If yes, compl	11 yes, complete Exft. E4; If no, answer question #2		
Ŏ.	Is there a change in the Profity Population of the Community Mental Health Needs?			If yes, compl	ff.yes; completed Exh. E4, ff.no. answer question #3		
9	Is the current funding requested greater than 15% of the one-work accorded amount?			ff yes, compl	If yes, complete Ext., F4; If no, answer question #4.		
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vá	Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	isam a	of the	rationale for I	hose changes		and a management of the control of t
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63	Will the consolidated programs continue to serve the same estimated number of individuals?			If yes, answe	If yes, answer question #4; If no, complete Extr. F4		
8	Description of Previously Approved Programs to be consolidated. Include in your description. a) The names of Previously Approved programs to be consolidated. b) How the Previously approved programs will be consolidated, and c) Provide the rationale for consolidation.	Inche Nicated ed, and	E	our descriptio		egypapara (ganarakanana 1974)	CONTRACTOR DE LA COMPANSION DE LA COMPAN
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2010	20/10/11 ANNUAL UPDATE PREVIOUSLY APPROVED PROGRAM		
8 2	County: Contra Costa County CSS WEST Program 10 - Psychiatry Workforce Development PE		
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	Is the change within ±15% of previously approved amount? And complete table below: FY 03K0 tunding FY 10K1: funding Percent Change	ý	For CSS programs. Describe the services/strategies and target population to be served. This should include information about largeted age, gender, racefethnicity and larguage spoken of the population to be served. For WET programs. Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached.
WEST	WEST Program 18 - Psychiatry Worldorce Development		
Opjec	Objectives		
**	 Develop an affiliation with U.C. Davis and U.C.S.F. to explore developing a Psychiatric residency and/or Fellowship program for CCM Promote the development of culturally relevant, recovery-onented curriculum and experience to include both county and CBO systems of care. 		
Ŋ	2. Exploire the training and professional development needs of psychiatrists in Contra Costa County (both CCMH and CBO).		
er.	 To provide training/supervision for psychiatrists and other medical staff that addresses the needs of consumers and family members. 		
**	4. Dévelop a team of psychiatrists as subject matter experts with specialization, including community psychiatry, children, geriatric, forensics, co-occurring disorders (and other areas) to train CCMH staff.		
Coals			
**	Lipart-time psychiatry staffweek Staff time for supervision/training		

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	is this an existing program with no charges?			If yes, complete Exft. E4: If no, answer question #2		-
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69	is the curent funding requested greater than 15% of the		If yes, compl	If yes, complete Exft. F4; If no, answer question #4		
**	is the current funding requested greater than 35% less of the		If yes, compl	ffiyes, complete Extr. F4; If no, answer questions 5, 54, and 50	8	T
sc.	Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	ram and th	ne rationale for t	nose changes		Ť
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ß	If the total number of individuals to be served annually is different than previously reported please provide revised estimates	than prev	nously reported	blease provide revised estimates		
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14	is this a consolidation of two or more existing programs?		If yes, answe	If yes, answer question #2, if no, answer questions for existing program arous	ag program arose	
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w	Will the consolidated programs continue to serve the same estimated murbar of individuals?		If yes, answe	If yes, answer question #4, if no, complete 539 F4		
•	id Programs to be conso Approved programs to b oved programs will be ∞	lidated, Include it e consolidated, nsolidated, and	your description			
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PREVIOUSLY APPROVED PROGRAM Introvation	Yes No Tryes complete Exh. E5; If no, answer question #2	The complete Ext. F5. If no. answer guestion:#4	d If yes, answer question #6 and complete Exit. E5, tino, complete Exit. E5.	For all existing programs expanded or reduced, the County should describe the programs of a reduced. The County should describe the program of a reduced of reduced, the County should describe the program of a reduced of reduced the changes.	
2010/17 ANNUAL UPDATE	an existing prog	Is there a change in the essential purpose? Is there a change to the learning goals?	4. Are:two-existing programs being consolidated: 5. Is:the funding requested ±15% of previously approved amount?	For all existing programs expanded or reduced, the (for the changes.	

PREVIOUSLY APPROVED PROGRAM Select one		Cess and Wel	98	X If yes, arswerquestion #5 and complete Ext. E1 of E2 accountily, if 100, 24 its well the property of E2 accountily, if 100, 24 its well and the property of E2 accountily.	 The state answer diestion #4(a). If no, complete Extr. Etor E2 accordingly	Types answerquestion.#5 and complete Exh. Efor F2. If no, complete Exh. Exh. Exh. Exh. Exh. Exh. Exh. Exh.	For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted age, gender, racelethneity and language spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major milestones to be reached.		outreach and recruit students to the Norsing Internship Program.	g staff in the system.				《《《《·································	Yes Wo	If yes, answer question #2. If not answer questions for existing muy and and answer questions.	
2010711 ANNUAL UPDATE	County: Contra Costa County Program Number/Name: WE& I Program 11 - Nursing Workforce Development Date: March 1, 2010		Carried States of the Control of the	Is this an existing program with no changes?	3 Is there a change in services?	a) Is the change within ±15% of previously approved amount?	For CSS programs: Describe the services/strategies and target por racelett months and target population to be served For WET programs: Describe objectives to be achieved such as a	WE&T Program 11 - Nursing Workforce Development	Objectives:	2. Explore the training and professional development needs of nursing staff in the system.	S. Formalize	Coals	 Salary for up to 6 students per year Bilingual pay/salary for up to 3 students per year 	Portrains (Articles) in Filed		400	2. Will all populations of existing program continue to be served?

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PREVIOUSLY APPROVED PROGRAM

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é	is this an existing program with no changes?	Ĵ	M,	ff yes, complete	If yes, complete Exh. E4, If no, answer question #4		
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r'i		Õ		ff yes, complete	If yes, complete Ech. F4; If no, answer question #4		
4				apaldusos 'saak #	If yes, complete Exh. F4; If ho, answer questions 5, 5a, and 50	5, 5a, and 3b	
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197	5a. If the total number of individuals to be served annually is different	it than	previ	usiy reported pik	s officerent than piceviously reported please provide revised estimates.		
بنغبسن	The Entiredistriction of Total Families					2 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	
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***	Is this a consolidation of two or more existing programs?			If yes, answer o	If yes, answer question #2, If no, abswer questions for existing program above	sior existing program above	1
ผ				fino answer q	If no, answer question #3, If yes, complete Exh. F4		
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	For all existing programs expanded or reduced, the County should describe the proposed changes to the most recent app	
or the charges:	or the changes:	

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8 £	County. Contra Costa County Program NumberName: WE&T Program 12 – Scholarship Program for Bachelors Level Degrees	Hool Stool			
2	Date March 1, 2010	(1) (1)			ئة استسبسين
		8		(SSS) and a William of the Community of	استاتنا
Pres		Xex	Š		أضنيت
S T	Is this an existing program with no changes?	X		If yes, answer question #5 and complete Exh. Et or E2 accordingly, If no, ariswed caestion #2	ما جسر الل
Š	The State of the S		X	If yes, complete Extr. Ft. It no, answer question #3	سابتون
J ¢			X	If yes, complete Extr. E1; If no, answer question #4	خلت
2 *	1. 4	E		If yes, answer question #4(a), If no, complete Exh. Efor £2 accordingly.	ه اجتب
्व (Is the change within ±15% of previously approved amount?	Ø		Fives, answer question #5 and complete Extr. Effor E2, If no, complete Extr. F1 and complete table below. Ex 09/10 funding FY 10/11 funding Percent Charge	مشخنفسيسين ببغينين
ហ	For CSS programs: Describe the services/strategies and target pracelettrnicity and language spoken of the population to be served.	gndo	to to	For CSS programs: Describe the sentres/strategies and target population to be served. This should include information about targeted age, gender, racelettricity and language spoken of the population to be served.	مستحب عديث بالمراب بروا
WEE	WEST Program 12 - Scholarship Program for Bachelors level degrees				color for the color of the colo
9	Objectives:				بغد حزن فينحمون
ને ત	Explore options for professional developmen programs Support development of a future workforce public mental health system in Contra Cost	Found Teas	5 5	Explore options for professional development for staff through scholarships for BA program and flexible work programs, including 20-20 programs. Support development of a future workforce with an increased proportion of consumers and family members employed within the public mental health system in Contra Costa County.	<u>a de la companya de la conferencia del la conferencia del la conferencia de la conferencia del la conferencia de la conferencia de la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferencia del la conferen</u>
.cə	3. Increase workforce diversity and language capacity				***
Soals	als: > Scholarships/stipends for up to 5 staff per year				
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	TANSHER TO BE AREA TO THE PARTY OF THE PARTY	Yes	2	《《《《·································	
2	Strike a conselidation of two or more existing programs?			If yes, answer question #2, If no, answer questions for existing program above	7. T
,	Will all non-dations of existing opporary continue to be served?			If yes, answer question #3; If no, complete Exh. F1	-
) က်	Will all services from existing program continue to be offered?				-
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PREVIOUSLY APPROVED PROGRAM

		ionark	10.1%	Prevention and Early Intervention	
		Yes.	ON.	《《《··································	Ť
9	is this an existing program with no changes?			ff yes, complete Extr. E4; if no, answer direstion #2	1
ก่	Is there a change in the Priority Population or the Community.		-4	Eyes, completed Exh. F4, If no, answer question #3	7
80	Mental Health weeks * is the current funding requested greater than 15% of the			If yes, complete Exfr. F4, If no, answer question #4	T
স	d greater than 35% less of the	TAN		If yes, complete Exh. F4: If no, answer questions 5, 5a, and 5b	
	previously approved amount? Describe the proposed changes to the Previously Approved Program and the rationale for those changes.	ram ark	d the r	tionale for those changes.	
æ	If the total number of individuals to be served annually	t than p	reviou	is different than previously reported please provide revised estimates	····
	Total Individuals: Total Families:]_	Ĭ
99		Urnive	is a	Universal Prevention Selective in the Care Care Care Care Care Care Care Car	
 -	Total Individuals:				Τ
	Total Families:			《《《··································	
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ş	Is this a consolidation of tw			The arguer (restion #4. if no arswell question is a same construction in the same construction is a same construction in the same construction is a same construction in the same construction in the same construction is a same construction in the	
S.	is there a change in the Priority Population or the Community			The, answer question #3. If yes, complete Extr. F4	a }
M	Will the consolidated programs continue to serve the same estimated number of individuals?	- О.		If yes, answer question #4, If no, complete Exm. F.4	
*	Description of Previously Approved Programs to be consolidated. Include in your description: a) The names of Previously Approved programs to be consolidated. b) How the Previously approved programs will be consolidated, and	Inchid distated, ted, and	\$ 5	ir description.	
	c) Provide the rationale for consolidation		7		

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Z010111 AKNUAL UPDATE PREVIOL	No.	1: Is this an existing program with no changes 2: Its there a change in the essential purpose?	3. Is there a change to the learning goals? 4. Anetwo existing programs being consolidated? 5. Is the funding requested ±15% of previously approved.	t) un	

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Š	PREVIOUS		MOUSLY APPROVED PROGRAM Selectone:	11
රී	County Contra Costa County			
å	Program Number/Name: WE& Program 13 - Schola	rship P	cholarship Program for Master's Level Degrees	
Ġ.	Date: March 1, 2010	-A		
		CSSa		
Prev		Yes No	1	
0	Is this an existing program with no changes?			Z.W.E.L
			fixes complete EXI, F1: If no, answer question #3	
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5 4	Is there a chance in funding amount for the existing program?		0.00	T
, C	2 St. 22		Fives, answer question #5 and complete EAR E 10 F. 11 to Complete table below. EV 99/16 funding FY 10/11 funding Percent Change	
ić.	For CSS programs: Describe the services/strategies and target population to be served racelethnicity and language spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training, number	opulation days of t	For CSS programs: Describe the services/strategies and target population to be served. This should include information about targeted and exceptional and targeted spoken of the population to be served. For WET programs: Describe objectives to be achieved such as days of training, number of scholarships awarded, major mitestones to be reached.	
80	WE&T Program 13 - Scholarship Program for Master's Level Decrees			
ğ	Objectives			
*	1. Explore the different options of academic programs in Social program.	I WORK I	Social Work for working professionals available to CCMH staff to complete an MSW	
ત્ય 		velopme Stem in	Develop an application process for current staff. Support development of a future workforce with an increased proportion of consumers and family members employed within the public mental health system in Contra Costa County.	
m	Increase workforce diversity and language capacity.		**	
Coals	34			eren en
	> Scholarships/stipends for up to 5 staff per year			
K	Existing Programs to be Consolidated	li		
2	(Substitution of the substitution of the subst	36	No.	90
4	Is this a consolidation of two or more existing programs?			
63	Will all populations of existing program continue to be served			DKAF -II
				ii.

is the funding amount ± 15% of the sum of the previously

approved amounts?

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by the population to be served), and Provide the rationale for consolidation:

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puration of the Community is different than previously Approved Program and the care than 35% less of the [] [] [] [] [] [] [] [] [] [] [] [] []				Ø		, Sa, and Sb			Early Intervention		A CONTRACTOR OF THE CONTRACTOR			for existing program above	- Ta			***	
puration of the Community is different than previously Approved Program and the care than 35% less of the [] [] [] [] [] [] [] [] [] [] [] [] []		AND THE PROPERTY OF THE PROPER	Exh. E4: If no, answer question #	a Ext. F4, If no, answer question #	Sch. F4, If no, answer question #4	≽Exh. F4£ If no, answer questions 5	se changes.	asse provide revised estimates	Selective/Indicated Prevention					uestion #2; If no, answer questions	estion.#3, ff.yes, complete Exh. F4	uestion#4, If no, complete Exh. F4			
Cheeston Cheeston Test New	any meneron		If yes, complete	if yes, complete	if yes, complete	fryes, complete	e rationale for tho	ensky reported ple		The second secon			And the second s	If yes, answer q	fino, answer qu	If yes, answer q	your description.		
Cheeston Test Strike an existing program with no chateges? Caleston Test Strike an existing program with no chateges? Caleston Test Strike as change in the Privativ Population of the Community Caleston Test Strike are advance in the Privativ Population of the Community Caleston Test Strike are advanced amount? Strike current funding requested greater than 35% less of the previously approved amount? Caleston Test Strike current funding requested greater than 35% less of the previously approved amount? Caleston Cales							and the	u brev	ilverss				4		Ö		nde in ed.	<u> </u>	
Street a change in the Priority Population of the Community Menial Health Needs? Is the current funding requested greater than 15% of the previously approved amount? Is the current funding requested greater than 15% of the previously approved amount? Is the current funding requested greater than 15% of the previously approved amount? It the total number of individuals to be served amountly is different than previously reported please provide revised estimates. If the total number of individuals to be served amountly is different than previously reported please provide revised estimates. If the total number of clients by type of prevention amountly is different than previously reported please provide revised estimates. If the total number of individuals? Interface a change in the Priority Population or the Community when a consolidated programs continue to serve the same estimated number of individuals? Interface a change in the Priority Approved programs to be consolidated a) the names of Previously approved programs will be consolidated. Interface of Previously approved programs will be consolidated. Interface of Previously approved programs will be consolidated. Provide the rationale for consolidation.	HOB	6					dram	ent finan	5	1 2			Xes				office and the control of the contro		
		(Restron	is this an existing program with no changes?	Is there a change in the Priority Population or the Community Mental Health Needs?	Is the current funding requested greater than (5% of the previously approved amount?	Is the current funding requested greater than 35% less of the previously approved amount?	Describe the proposed changes to the Previously Approved Pro	If the total number of individuals to be served annually is different and individuals.	If the total number of clients by type of prevention annually is different than previously reported please provide revised estimates.			ing Programs to be Consolidated		is this a consolidation of two or more existing programs?	Is there a change in the Priority Population or the Community Mental Health Needs?	ntinue to serve the sam	Description of Previously Approved Pregrams to be consolidated a) The names of Previously Approved programs to be consolidated b) How the Previously approved programs will be consolidated.	T 1 1/2	

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VIOUSE & APPROVED PROCERAIN		L If yes, complete Exh. E5, If no, answer question #2	[If yes, complete Extr. F5, If no, answer question #3	[If yes, complete Extr. F5; If no, answer question #4	Tives complete Extr. F5, fine, answer question #5	If yes, answer question #6 and complete Exh. E5, If no, complete Exh. E5	should describe the proposed changes to the most recent approved INN program and the rationale.	
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