If you are not eligible for the Crossroads Program or prefer a shorter commitment, please call the **Behavioral Health ACCESS Line at** (888) 678-7277

or join one of our recovery groups in the Richmond Jail.





Self-Help Support Resources

LifeRing Secular Recovery lifering.org

> Refuge Recovery refugerecovery.org

SMART Recovery smartrecovery.org

Narcotics Anonymous contracostana.org

Alcoholics Anonymous contracostaaa.org

Funded by the Bureau of Justice Assistance Residential Substance Abuse Treatment Grant

In partnership with:

Contra Costa County Office of the Sheriff

Detention Health

District Attorney's Office

Office of Education

Probation Department's Office of Reentry & Justice

Public Defender's Office

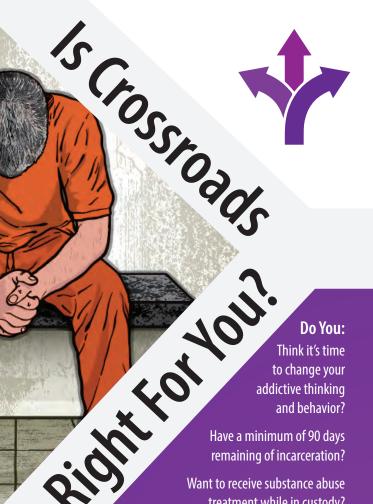
West County Reentry Center





Crossroads

Substance Use Treatment Program West County Detention







What are the benefits?

How to Apply

addictive thinking and behavior?

Have a minimum of 90 days remaining of incarceration?

Want to receive substance abuse treatment while in custody?

Need a recovery coach to assist you on your journey?

If you answered yes, we can help!

Requirements

Crossroads is a nine-month program for men.

- 3 months while in custody
- 6 months outpatient substance use treatment post-release

You must also:

- Comply with program rules and guidelines
- Attend all medical, mental health, legal and vocational appointments as scheduled
- Enroll in vocational or volunteer work
- Agree to periodic drug testing

In Custody (3 months)

- Individualized substance use counseling and assessment
- Cognitive behavioral therapy groups
- Help identifying triggers that cause drug use and criminal behavior
- Develop relapse prevention and life coping skills
- Pre-release planning and preparation including Medi-Cal enrollment
- Transportation upon release to outpatient program

Post Jail Release (6 months)

- Subsidized recovery housing
- Continued substance use treatment
- Recovery and reentry coaching
- · Develop life skills
- Social activities and events
- Resources for mental health, medication assisted treatment, job readiness classes, medical care, and more
- Referrals to self-help and recovery support services

To enroll in Crossroads, you just need a referral from any of the following:

- · In-custody substance abuse counselor
- Medical Assistance Treatment (MAT)
- DEUCE
- GPS
- Mental Health Clinician
- Public Defender's Office
- District Attorney
- You can self-refer

Crossroads Team Contacts

- Lacreena Williams (925) 335-3308
- Phillip Dorigatti (925) 335-3342

• James K. Garrett (925) 335-3329

