



Agenda

Quarterly Community Provider Network (CPN) Meeting

Contra Costa Health Plan

When: Time: 7:30 AM – 9:00 AM
Date: October 13th, 2015

Where: West County Health Center
13601 San Pablo Ave, San Pablo, CA
Room A-1194

Attention! Please enter by the side door (on San Pablo Ave.)

The agenda for the meeting is as follows:

I.	CALL TO ORDER and INTRODUCTIONS	Mary Berkery, RN
II.	REVIEW and APPROVAL of MINUTES from previous meeting	Mary Berkery, RN
III.	REGULAR REPORTS	
	<ul style="list-style-type: none"> Contra Costa Cares—A new program for Uninsured Contra Costa Residents Palliative Care Update Mental Health Referrals—requesting feedback on process Medi-Cal Managed Care Performance Dashboard HEDIS 2015 ADHD follow-up for kids Providers with denominator of ten or more 	Jose Yasul MD
IV.	NEW BUSINESS	
	<ul style="list-style-type: none"> Supporting Breastfeeding in the Ambulatory Setting 	Diane Dooley MD
VI.	OTHER	
	<ul style="list-style-type: none"> Provider Concerns 	Jose Yasul MD/CCHP Staff
VII.	ADJOURNMENT	

Unless otherwise indicated below, Contra Costa Health Plan – Community Plan hereby adopts all issues, findings, or resolutions discussed in the Agenda for Contra Costa Health Plan, dated April 21, 2015 and attached herein.

Our next scheduled meeting is:

January 19th, 2016

CPN Quarterly Meeting

CONFIDENTIAL – Protected by California Evidence Code 1157

CONTRA COSTA HEALTH PLAN
West County
Quarterly Community Provider Network (CPN)
Meeting Minutes – July 21, 2015

Attending:

CCHP Staff: M. Berkery, RN, Co-Chair; J. Yasul, MD; J. Galindo, RN; P. Richards,

CPN Providers: K. Ceci, MD; O. Eaglin, PA; D. Fernandes, MD; K. Kaminski, PA; P. Mack, MD; J. Mahony, MD;

K. O'Hearn, PN; R. Paterson, PA; A. Wallach, MD; T. Wilson, DO; K. Winter, MD

Discussion	Action	Accountable
Meeting called to order @ 7:40 A.M.		M. Berkery, RN
I. Agenda was approved with no revisions.		M. Berkery, RN
II. Review and Approval of Minutes from April 21, 2015: Minutes were approved as presented.		M. Berkery, RN
III. Regular Reports: <ul style="list-style-type: none"> ▪ HEDIS Update <ul style="list-style-type: none"> - CCHP improved on 15 of the 24 Medi-Cal measures. Performance was essentially flat on 6. Overall average increase for all measures was 6%. 12 measures scored above the Medi-Cal mean. - Two measures scored above the national Medicaid 90th percentile: Avoidance of Imaging for Low Back Pain and Avoidance of Antibiotics for Adults with Acute Bronchitis. - CCHP is concerned about the decline in Early Childhood Immunizations (CIS), the Cervical Cancer Screening measure, and the persistent medication measures that will be addressed by mailings and possibly other interventions. - Readmissions rate got worse after excellent improvement last year, but the perinatal measures improved. - Childhood Obesity (WCC) all showed good improvements, but the diabetes (CDC) measures are mixed, mostly slightly down. - CCHP has recently initiated outreach that may help for childhood immunizations, cervical cancer screening, asthma, and annual testing for members on ACEI/ARBs. - Community Provider Network had increases in 13 measures, but was below the Minimum Performance Level on 12 of the 24 measures. The most dramatic drop was more than 13 points in early childhood immunizations. They had large increases for scores on physical activity counseling for children and in controlling high blood pressure. - Priorities for improvement are early childhood immunizations (almost half of two year olds in CPN are not fully vaccinated) and cervical cancer screening. Providers should consider referring appropriate patients to the CCHP's diabetes and pediatric obesity disease management programs to improve care in those areas. - Those with Electronic Health Records should take advantage of those to improve care and rates. CCHP can offer guidance from County experience with Epic. 		J. Yasul, MD
IV. New Business <ul style="list-style-type: none"> ▪ Health Plan Updates <ul style="list-style-type: none"> - Important Change in Billing-PM 160 Starting August 1, 2015, the only billing forms CCHP will be able to accept will be the CMS 1500 form, using the appropriate CPT codes and modifiers. This is for preventive/well visits along with sick visits. - Continue to maintain certification with CHDP by filling out the PM 160 forms and mail to Medi-Cal/CHDP and to our local CHDP office. - Document well visit, include the exam, as well as nutritional counseling and physical activity, and document BMI percentile on the chart. - California Immunization Registry (CAIR) to document all immunizations. - Preventive Codes for billing Initial Health Assessments and Periodic Preventive Care Visits handout reviewed. - Pharmacy and Therapeutic News Notes - Preferred drug list (PDL) changes in August 2015. 		J. Yasul, MD

	<ul style="list-style-type: none"> - Quantity Limits on Glucose Testing Strips- for non-insulin dependent diabetes patients, the quantity limit is reduced to 100 strips/90days. The "Choosing Wisely" initiative. - DHCS released new guidance regarding the treatment of Chronic Hep C - <u>Treatment Policy for the Management of Chronic Hepatitis C</u> - As of July 1, 2015, CCHP has implement changes laid out in the treatment policy; policy changes ease restrictions to Hepatitis C treatment eligibility. See handouts for details. - <u>NEW Pharmacy Director and New Case Management Manager</u> - Andrew L. Haydon, Pharm.D. is the new Pharmacy Director - John Barclay, RN, BSN is the new Case Management Manager - <u>Preferred Drug List</u> - See attached handouts outs for preferred drug list, and the - <u>Emergency Temporary Supply</u> - Authorization code for a 5 day temporary supply is 397555 - See handout for list of emergency medications and process. - <u>Handout Reviews</u> - HPV update, Medi-Cal Incentives to Quit Smoking (MIQS) Project incentives to end by July 31, 2015; MERS; New incentive laws on Vaccines; SBIRT training coming up-each site must take a 4 hour training; Formularies for ADHD and Acne; - Provider Bulletin was reviewed. Provider Relations contacts and access on website. 		M. Berkery, RN
V.	Provider Concerns: <ul style="list-style-type: none"> ▪ Group would like 3 years of HEDIS data; Expresses concerns over quantity of glucose test strips for diabetes management; Obese Management Form and Case Management Form on website; Development of a Vaccine Refusal document for patients; Post-Partum Care Transition between CCRMC and CPNs ▪ Counseling for Nutrition Codes 		J. Yasul, MD M. Berkery, RN
VI.	Adjournment: Meeting adjourned @ 8:20 A.M.		M. Berkery, RN

Change in date of next meeting – **October 13th, 2015**

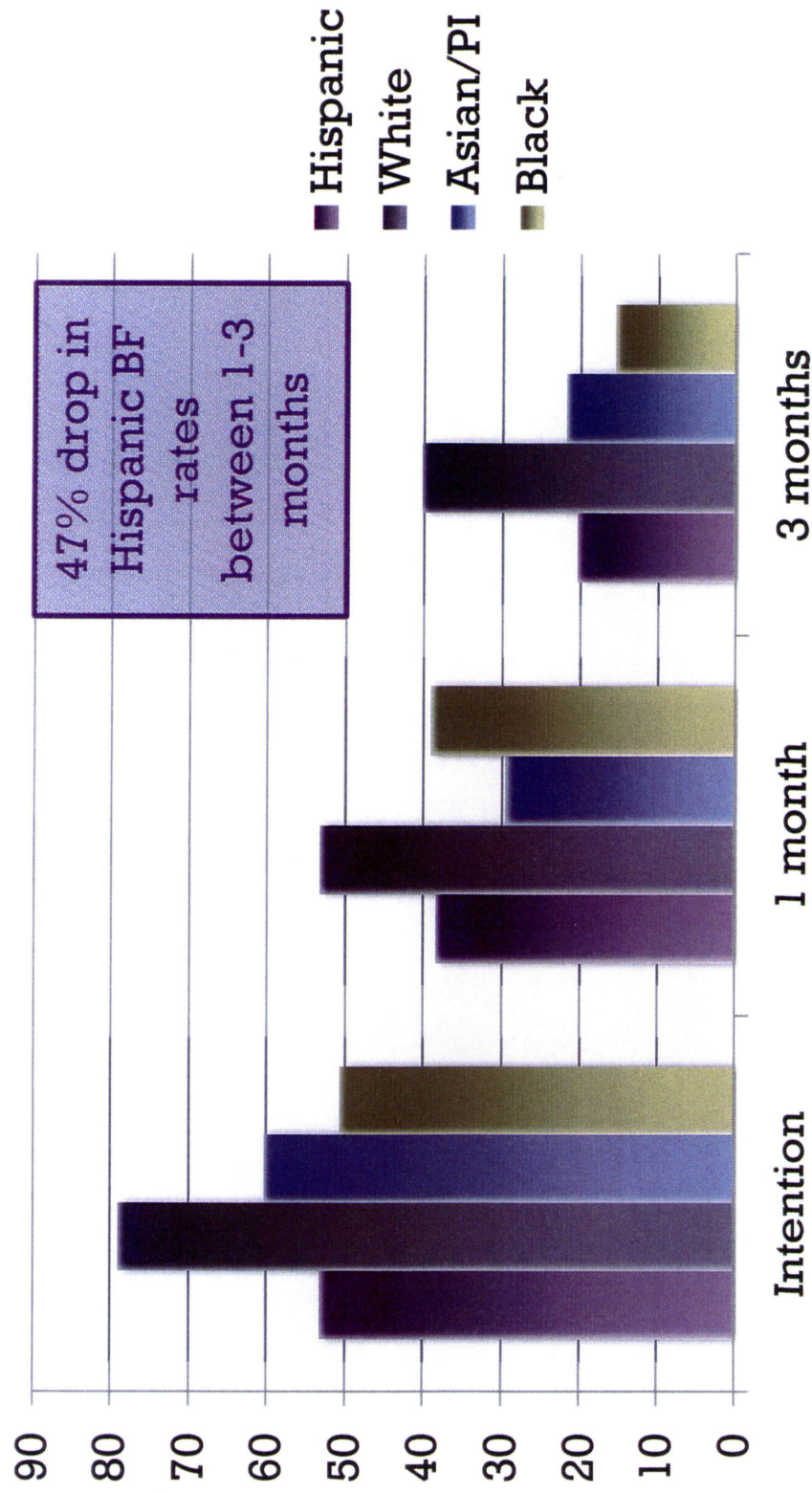


Diane Dooley MD
October 13, 2015

Supporting Breastfeeding in the Ambulatory Setting

A Health Plan Perspective

Exclusive Breastfeeding Intention and Rates by Race Ethnicity 2012



California Maternal and Infant Health Assessment Survey 2012

Challenges and Supports to Breastfeeding

Challenges

- Supplementation issues, pain, milk supply
- Lack of access to bilingual, bicultural staff knowledgeable about breastfeeding
- Barriers with return to work

Supports

- Acceptance of breastfeeding as best for the child
- Influence and support of fathers and family members
- WIC program eligibility



CCHP and Breastfeeding Support

CCHP supports breastfeeding for our patients because:

- It improves health for Moms and babies
 - Reduced rates of gastroenteritis and respiratory infections
 - Reduced obesity and asthma for children
 - Reduced cancer, hip fractures and CV disease for women
- It saves money for CCHP and our members
 - Reduced hospitalizations and chronic illness costs
 - Reduced formula costs, missed work days

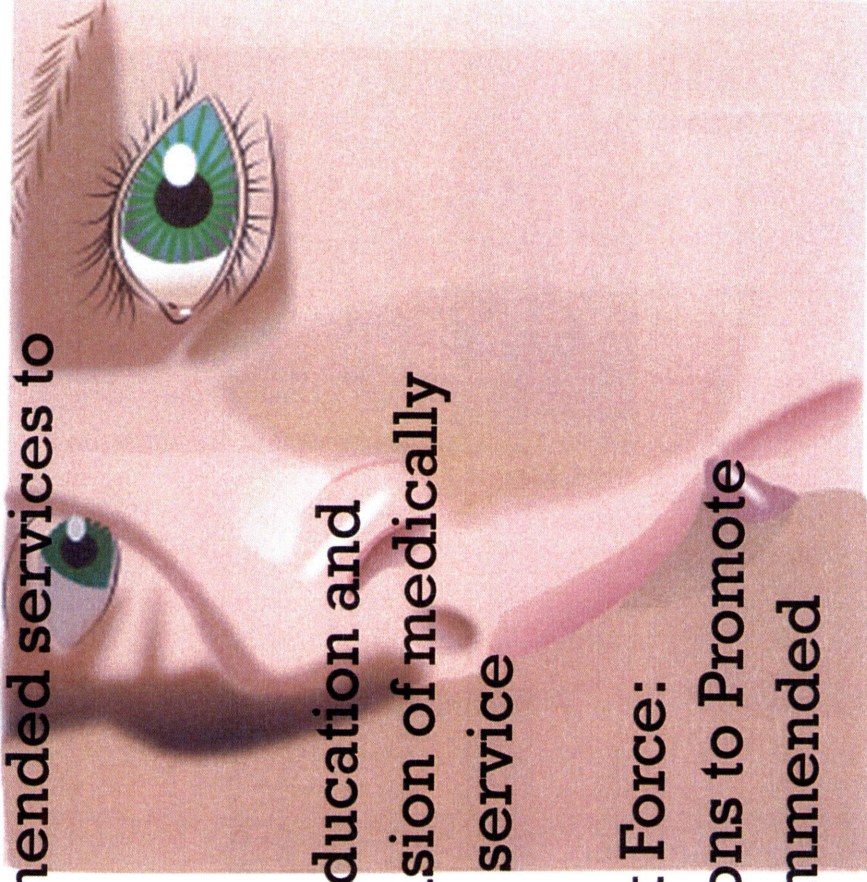


Bread for the world

CCHP and Breastfeeding Support

Legal mandates and recommended services to support breastfeeding:

- California MediCal Policy:
 - Provide breastfeeding education and counseling; and the provision of medically necessary breastfeeding service
- US Preventive Services Task Force:
 - Primary Care Interventions to Promote Breastfeeding are B recommended





Supporting families in the outpatient setting

Enhanced
access to
lactation
counselors
in
CCRMC
newborn
clinics

Coming soon:

IBCLC
outpatient
referrals

Breast
pumps
available
through
Contra
Costa
Health
Plan

Community Programs:

WIC Peer Counseling Program Baby Friendly Hospital Efforts
Healthy Start/CPSP Prenatal Support



Access to IBCLCs

- IBCLCs partner with providers to offer “one-stop” breastfeeding support in CCRMC Newborn Clinic
- Clinic reimbursement at FQHC rates covers the cost of hiring IBCLCs in clinics

Coming soon:

- IBCLCs can be requested through MD/NP order for support for CCHP patients outside of the CCRMC clinics



WIC offers breastfeeding support and counseling with CLEs and IBCLCs.

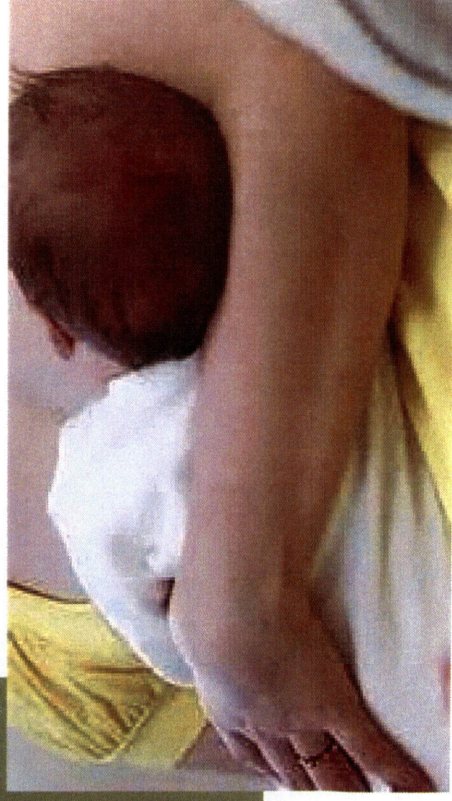
Coordination with WIC essential



Lactation Consultation

Sources of Support

- WIC Breastfeeding Support Referral
 - 925 646-5534
 - Warmline for patients: 1-866-878-7767
- Public Health Nursing
 - 925 313-6029
- CCHP Lactation Consultation - IBCLC
 - 3 visits within a 12 month period

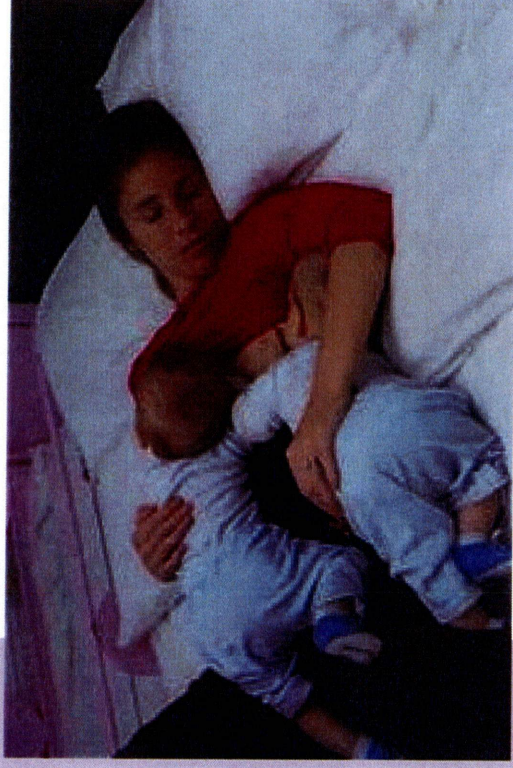




Breast Pumps

Reasons for needing a breast pump might include:

- Maternal-infant separation
- Infant illness or disability interferes with feeding
- Difficulty with “latching on”
- Multiple births
- Other maternal illness, disease or use of medication
- Physical separation of mom and baby, including mom’s return to work or school

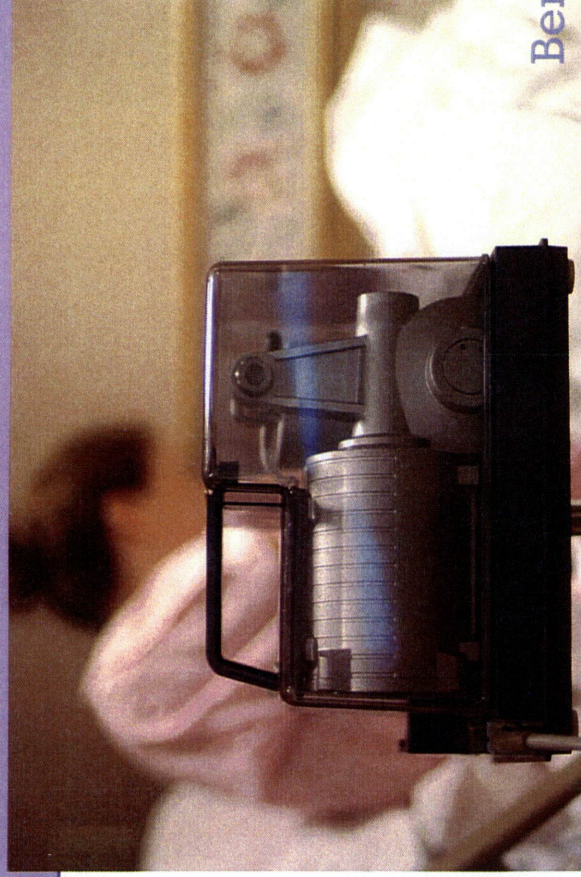




Breast Pumps for CCHP mothers

Hospital
grade
electric
pumps
E0604

ITC
Medical
Supplies
415 387-
7100



Ben McLeod

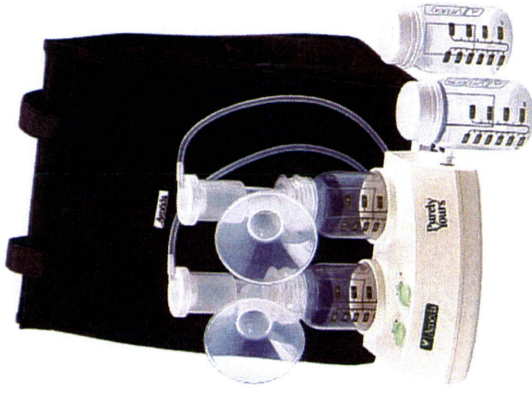
- For mothers in the first month of life when breastfeeding has not been fully established or if there is maternal/infant separation
- Requires MD/NP order and authorization
- Fax hard copy to ITC- mark all orders urgent



Breast Pumps for CCHP mothers

Back to
Work
Pumps
E0603

Pumping
Essentials
866 688-
4203



- For mothers in the second month or later with an established milk supply
- Requires MD/NP order and authorization
- Fax hard copy to Pumping Essential – mark all orders urgent if needed soon

Additional Resources

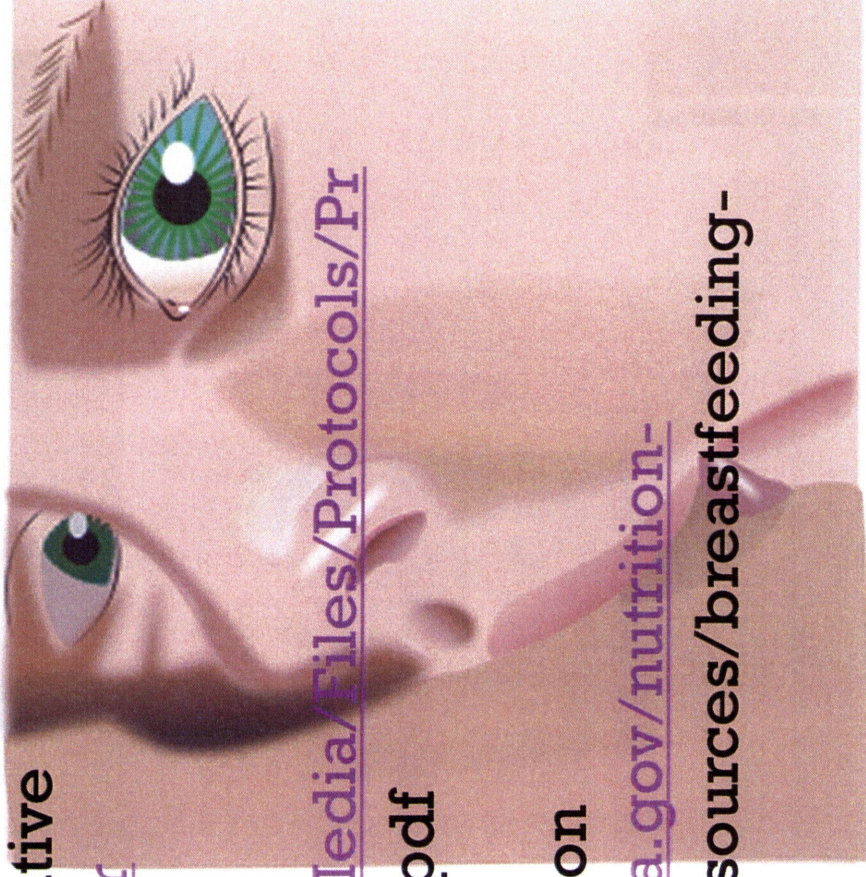
Baby Friendly Hospital Initiative
www.babyfriendlyUSA.org

Baby Friendly Office

http://www.bfmed.org/Media/Files/Protocols/Protocol_14_revised_2013.pdf

WIC Works Patient information
<https://wicworks.fns.usda.gov/nutrition-education/participant-resources/breastfeeding-moms>

Diane.Dooley@hsd.cccounty.us



Lactation Consultant

Lactation support and counseling services must be provided by an Internationally Board Certified Lactation Consultant (IBCLC) credentialed by the International Board of Lactation Consultant Examiners (IBLCE) with possession of a valid and current IBLIC certification.

Service-Evidence based lactation support services provided to post-partum women in the outpatient setting through 12 months post-delivery. The focus of the lactation consultation is to assess the woman's ability to breastfeed and resolve issues they may have around breastfeeding.

Expanded benefit-Not covered by Medi-Cal outside of a provider or WIC office. Reason CCHP would cover is due to a gap for members who don't qualify for WIC, need urgent assistance (within 24 hours), need assistance after the first month i.e.: mom going back to work, in CPN network.

Number of visits- Three visits within a 12 month period post-partum; total time not to exceed three hours

No prior authorization required.

Comprehensive lactation counseling services must include the following:

- A face to face encounter with the member lasting a minimum of 15 minutes
- Assessment of breastfeeding performance
- Provision of evidence based interventions that at a minimum, include
 - Instruction in positioning techniques and proper latching to the breast
 - Counseling in nutritive suckling and swallowing, milk production and release, frequency of feedings and feeding cues, expression of milk and use of pump if indicated, assessment of infant nourishment, and reasons to contact a health professional.
 - The provision of community support resource referrals, such as the Women, Infants and Children (WIC) program as indicated
- Evaluation of outcomes from interventions.

Documentation must include a begin time and end time of services provided and a comprehensive description of the professional interventions provided. Documentation may be subject to review and post-payment audit.

	Medi-Cal	Commercial
CPT Code	N/A	N/A
HCPCS	S9445	S9445
Face to Face	\$16.00 /per 15 min 1 unit =15 min (Maximum of 12 units, per pregnancy)	*21.00/15 min 1 unit =15 min (Maximum of 12 units, per pregnancy)



Contra Costa County WIC Program

Breastfeeding Support Referrals for WIC Clients

PLEASE COMPLETE THIS FORM AND FAX TO BOTH:

1. Concord WIC Lactation Program 925-646-5029
2. Public Health Nursing: 925-313-6029

High Risk: Follow-Up with Araceli Trejo aka (Shelly) at 925-646-5534

**Please note that WIC is closed on weekends, holidays and the last 2 business days of each month.*

Referral for: ☐ Pump Request ☐ Lactation Consultants ☐ Needs WIC Enrollment ☐ Locker Pump Issued Pump #

Local WIC Office Preference: ☐ Concord ☐ Richmond ☐ Pittsburg ☐ Brentwood

Requesting Hospital / Clinic:

Today's Date:

Requesting Staff Name:
(Please Print Full Name)

Staff Phone #: () -

Client's Name:

WIC ID#:

Client's Address:

City:

Mom's DOB:

Client's Phone #: () -

Alternate Phone #: () -

Method of feeding: ☐ Exclusively Breastfeeding ☐ Combination Feeding ☐ Formula Feeding

Baby's DOB:

Birth at: ☐ Full-Term

☐ Pre-Term Birth: _____ Wks. Gest Age

Baby's
Birthweight:

Delivery Type:

Diagnosis:

Reason for Referral or Pump Request: (150 Character Limit)

Was a Contra Costa County Health Plan (CCHP) electric breast pump ordered?

Contra Costa County Breastfeeding Resource Directory

Agency	Advice/Consults	Phone Number	Breast pump rental/sales
Contra Costa Breastfeeding Warmline	Leave message with your name, phone number, and breastfeeding concern. A lactation specialist will call you back within 24 hrs.	1-866-878-7767 Press 1-Spanish, Press 2-English	
WIC Free for all WIC participants	Concord Pittsburg Richmond (All are English/Spanish with interpreter services available)	Phone (925) 646-5534 Fax (925) 646-5029 Phone (925) 431-2465 Fax (925) 431-2470 Phone (510) 231-8624 Fax (510) 231-8601 WIC breastfeeding support (925) 646-5534	All WIC clinics (925) 646-5534 *For WIC participants only (w/ Medical High Risk or Exclusive breastfeeding moms returning back to school and work) *Based on eligibility *WIC only loan pumps
Public Health Field Nursing (No charge, serving primarily low income)	Home visits for case management including breastfeeding support/education/consults (English/Spanish)	P (925) 313-6924 F (925) 313-6029	
Kaiser (Kaiser members)	Walnut Creek (English) Antioch (English/Spanish) (Offers Support Group) Richmond (English/Spanish) Pinole (English/Spanish) Lactation Advice Line (free) Lactation consultants appointments (fee-based) Home Health Visits (only for moms who deliver at John Muir *may be covered insurance) (English only)	(925) 295-4368 (925) 813-3879 (510) 307-2514 (510) 243-4215 (925) 941-7900 Option #2	(925) 295-5001 (925) 813-3879 (510) 307-2210 (510) 243-4020 (925) 941-7900 Option #2
John Muir Health FREE Drop-in Latch Clinic Thursdays (up to 1 month old) 11:30 am-1 pm Sutter/Delta	Lactation/Consultant (English only)	(925) 779-7200 x4206	
La Clinica de la Raza	Alicia Rangel, MSW, IBCLC* Provides one-on-one support & education. *Must be enrolled prenatally Outpatient Lactation Consultants (English Only)	(925) 246-4844	
Alta Bates (fee based, sliding scale offered) FREE Drop-In Support Group Available: @ 1:30-3pm every Tue & Fridays (*1st visit free, additional visits \$10 per session)		Office Hours: M-Fri 9-4pm (*appointment require for office visit) (510) 204-6546 Warm-line Message Only: (510) 204-7701	(510) 204-6546 (*fee base only)
Contra Costa County Breastfeeding Coalition	Contra Costa County Regional Breastfeeding Liaison Mary Jane Kiefer, M.S., R.D., CLE	(925) 646-5200	
Mother's Milk Bank	Provides human milk to babies whose own mothers cannot supply the milk to meet their babies' needs.	Call to inquire (408) 998-4550	(408) 998-4550 Medi-Cal Participants Only- Must pick up

Free/Low Cost Contra Costa County Breastfeeding Classes and Support Groups			
Agency	Location	Contact info	Date/Time/Details
WIC Breastfeeding support groups (free)	Concord WIC Office 2355 Stanwell Circle, Concord	Gaby Ortega, CLE (925) 646-5226	2 nd Thursday 9:30-11:30 am (Spanish) 2 nd Thursday 1:30-3:30 pm (English)
	Pittsburg Health Center 2311 Loveridge Road, Pittsburg	Claudia Salmeron, IBCLC* (925) 431-2465	2 nd Monday 9:30-11:30 am (Spanish) 2 nd Monday 1:30-3:30 pm (English)
	Pittsburg Health Center 2311 Loveridge Road, Pittsburg	(925) 646-5534	Every 3 rd Wednesday of the Month 5pm to 7pm
	Richmond Concord Pittsburg Brentwood	(510) 231-8600 (925) 646-5370 (925) 431-2460 (925) 513-6880	Call for schedule (English/Spanish)
WIC Breastfeeding and Nutrition classes (free)			
Healthy Start (free)			
John Muir Women's Health Center (fee and fee-based)	Walnut Creek	(925) 941-7900 www.johnmuirhealth.com	Call for schedule (English/Spanish alternating every other month) e.g. Jan-English, Feb-Spanish etc. Muir Mommies Support Groups- Free & low cost weekly sessions up to 1 year of age. Call to register. Breastfeeding, childbirth, & newborn care: Call for more information about free and fee-based classes.
La Leche League-LLL (free)	Pittsburg-Antioch-Brentwood-Oakley	Mary: (925) 754-1284 Julie: (925) 757-6767	3 rd Friday of every month at 10:00 am Antioch First 5 Center/ El Centro De Primeros 5 de Antioch, 512 West 5 th Street Call Mary to confirm at (925) 550-6459
	Concord-Walnut Creek-Pleasant Hill-Martinez-Lafayette	Anuta: (925) 818-4355	3 rd Wednesday of every month at 3:00 pm Bloom Retreat, 1444 South Main Street, Walnut Creek
	San Ramon-Alamo	Maggie: (510) 703-4636 email: lalechealamosanramon@hotmail.com	4 th Tuesday of every month at 10:00 am Messiah Lutheran Church, 2305 Camino Tassajara, Danville, CA 94526
	Pinole	Serena Meyer IBCLC* (510) 612-4000 serenemother@gmail.com	2 nd Friday 4:30-6:00 pm Community breastfeeding support for pregnant, breastfeeding women, family partners & children. 880 Tennant Ave, Pinole-Alex Clark Room (bottom floor) * Breastfeeding Classes varies in time at all Kaiser location. Please call prior attending classes.
Kaiser	Pleasanton	(925) 847-5172 (English)	Pleasanton Breastfeeding Class Saturday 9:30 am - 11:30 am North Building, Second floor conference room
	Antioch Medical Center	(925) 813-3560 (English/Spanish)	
	Antioch Delta Fair	(925) 779-5147 (English)	
	Richmond	(510) 307-2210 (English)	
Sutter/Delta	Martinez	(925) 372-1198 (English)	Call for Breastfeeding class information. Tuesday and Friday 1:30-3:00 pm Breastfeeding Support Group: 2450 Ashby Ave, Berkeley Lactation Department 1st Floor
	Pinole	(510) 243-4020 (English)	
	Walnut Creek Medical Center	(925) 295-4190 (English)	
	Antioch	(925) 779-7200 x4206	
Alta Bates (First session free /\$10 per session)	Berkley	(510) 204-6546 (English)	



DESIGN PREVIEW

Updated By: Kelsey_w_all
Last Modified: 09/18/2015 03:01 PM

Design Name: CARD_099

Description: Standard Pink/ Benefit Plan CCCARES

Contra Costa CARES Program

ID #: 123456789

Primary Care Provider Site:

Primary Care Provider Site

Name: MEMBER, JOHN Q

Emergency: Not Covered

DOB: 01/01/1954

Hospital: Not Covered

Elig Date:

Contra Costa CARES Program covers primary care for this patient only from the Primary Care Provider Site listed above.

This is not an insurance plan.

FOR A LIFE THREATENING EMERGENCY CALL 911

Advice Nurse Center
1-877-881-8238 (press 1)

(24 hours a day, 7 days a week)
Eligibility Check call 1-877-800-7423 (press 1)
Contra Costa CARES Program covers primary care only at the Primary Care Centers Listed below:

General Information

La Clinica: 925-363-2000
LifeLong Medical Care: 510-215-9092
Brighter Beginnings: 510-213-6681
Axis Community Health: 925-462-1755

This card entitles the named carrier with access to Primary Care Services for 12 months from date of eligibility.

Contra Costa CARES
c/o Community Clinic Consortium
3720 Barrett Avenue
Richmond, CA 94805

Contra Costa **CARES** Program

IMPORTANT INFORMATION

Thank you for participating in **Contra Costa CARES** Program. Please remove your I.D. card and throw away the bar code. Keep this card handy. You may use it to access comprehensive primary health care at the Primary Care Provider Site listed on the front back of your card. Other covered services include basic laboratory, x-rays and discounted prescriptions. Hospital, Emergency and care from Specialists are not covered.

Advice Nurses are available by phone, 24 hours a day, and every day of the year to help you. If you are feeling ill, or have an urgent need and you are not sure what to do, you can call the Advice Nurse, who will provide you with answers to your urgent health care concerns. The Advice Nurse toll free number is 1-877-661-6230, press 1.

When you applied for this program you were informed that the program does not cover emergency medical care, hospital care or specialty care. If you receive emergency care or if you are admitted to a hospital, **Contra Costa CARES** will not pay for those services.

If you have any questions about how or when to use your I.D. card, how to access services, or how **Contra Costa CARES** Program works, please call the General Information number listed on the backside of the I.D. card for your Primary Care Provider Site.

Advice Nurse Center
1-877-661-6230, press 1
Primary Care Centers

La Clinica de la Raza: (925) 363-2000
Lifelong Medical Care: (510) 215-9092
Brighter Beginnings: (510) 213-6681
Axis Community Health: (925) 462-1755



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[Home](#) > [Providers & Partners](#) > **Palliative Care and SB 1004**

Palliative Care and SB 1004

SB 1004 (Hernandez, Chapter 574, Statutes of 2014) requires the Department of Health Care Services (DHCS) to "establish and provide technical assistance for Medi-Cal managed care plans to ensure delivery of palliative care services." This effort is consistent with the Department's Strategic Plan, Quality Strategy, the principles of the Triple Aim, and with DHCS's ongoing efforts to develop best practices to improve the care experience. SB 1004 will be implemented in consultation with a wide range of stakeholders and will promote person-centered and choice-focused policies. Specifically, DHCS will work with consumers and consumer representatives, recognized experts, providers, and health plans, to increase the availability of palliative care services for Medi-Cal consumers. The implementation of SB 1004 will be informed by related efforts under the Coordinated Care Initiative, the Delivery System Reform Incentive Program, and the Section 2703 Health Home Initiative. In addition, DHCS established a Pediatric Palliative Care Waiver Program that began in April of 2009. For more information about this program, please visit the [Partners for Children webpage](#) on the DHCS website.

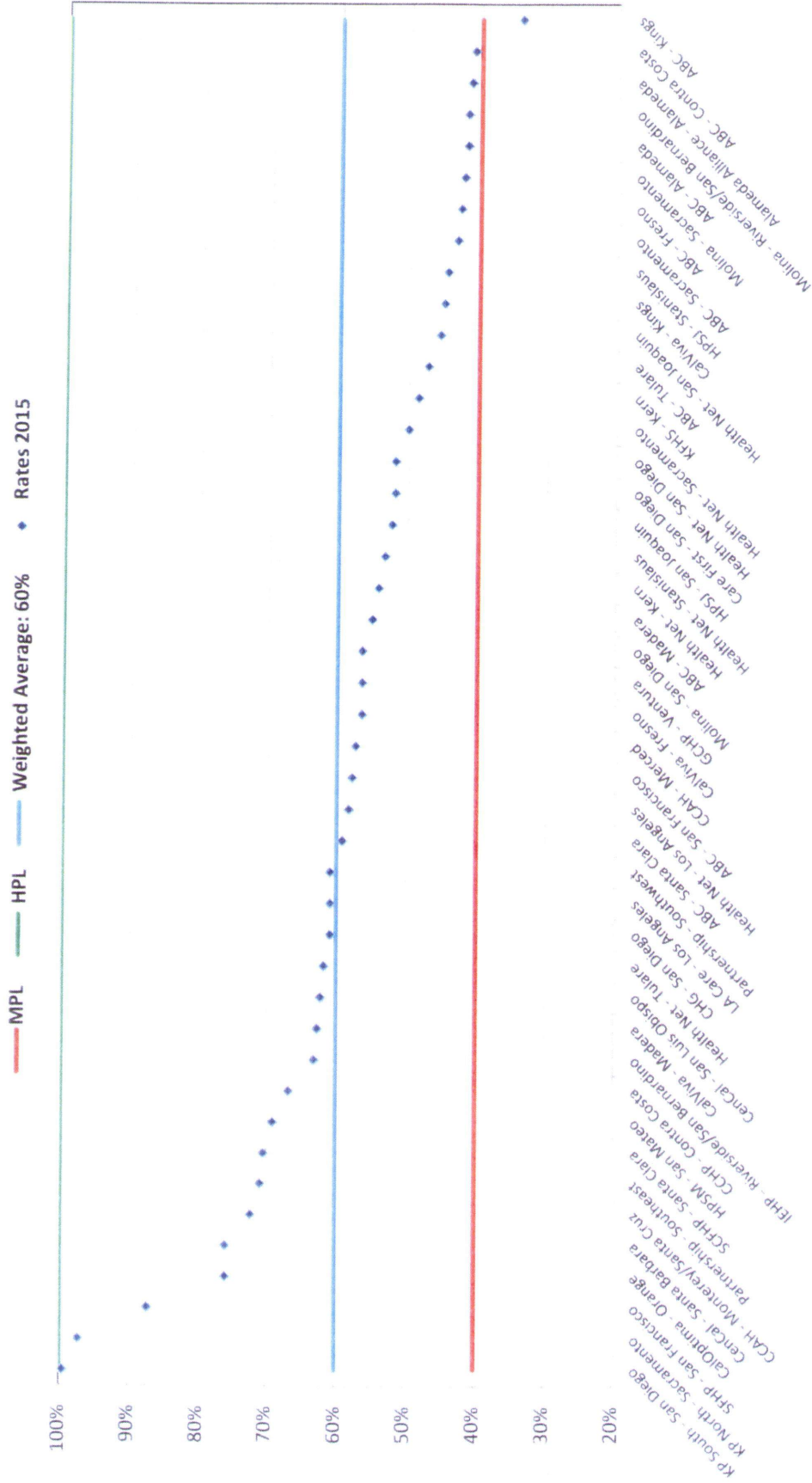


Medi-Cal Managed Care Performance Dashboard

Released September 17, 2015

QUALITY AND SATISFACTION

Fig 8-1 HEDIS 2015 Aggregated Quality Factor Score



Note: The Aggregated Quality Factor Score (AQFS) is a single score that accounts for plan performance on all DHCS-selected Health Effectiveness Data and Information Set (HEDIS) indicators. It is a composite rate calculated as percent of the National High Performance Level (HPL). Partnership (Southeast) is comprised of Napa, Solano, and Yolo. Partnership (Southwest) is comprised of Marin, Sonoma, Mendocino, and Lake. The High Performance Level is 100%. The Minimum Performance Level is 40%. The State Average is 60%.

Note: Data in this dashboard is preliminary and subject to change

HEDIS 2015, ADHD Follow Up for kids. Providers with denominator of ten or more.

	Initiation Rate CCHP=29%	Continuation Rate, CCHP=29%	N	Note
Lifelong	27%	18%	11	1019022P
Lifelong	47%	6%	17	1050035P
V. Agnost	20%	0%	10	
F. Osborne	36%	9%	11	
G. Graves	22%	6%	18	
KSR Peds	41%	13%	79	

Description

The percentage of children newly prescribed attention-deficit/hyperactivity disorder (ADHD) medication who had at least three follow-up care visits within a 10-month period, one of which was within 30 days of when the first ADHD medication was dispensed. Two rates are reported.

- *Initiation Phase.* The percentage of members 6–12 years of age as of the IPSP with an ambulatory prescription dispensed for ADHD medication, who had one follow-up visit with practitioner with prescribing authority during the 30-day Initiation Phase.
- *Continuation and Maintenance (C&M) Phase.* The percentage of members 6–12 years of age as of the IPSP with an ambulatory prescription dispensed for ADHD medication, who remained on the medication for at least 210 days and who, in addition to the visit in the Initiation Phase, had at least two follow-up visits with a practitioner within 270 days (9 months) after the Initiation Phase ended.

[cchsfamilymedicine] **Free buprenorphine training November 15th, 1:00 - 5:15**, Sign up now.

Kenneth Saffier ksaffier@yahoo.com [cchsfamilymedicine] <cchsfamilymedicine-noreply@yahoogroups.com> Sep 25 at 12:14 AM

To Family Medicine Dept Residents Rachael Birch

CC Ori Tzvieli Cheryl Goodwin Jim Tysell Fatima Matal Sol Lara Renucci

Hello CCRMC/HC's medical staff and CPN providers,

Patients refer to buprenorphine as a "wonder drug", a "miracle drug" that makes them feel "normal". It is an opioid with unique properties and has been shown to be effective as part of a treatment program for opioid addiction. Physicians who take an 8 hour approved class can obtain their DEA waiver, also called an "X" number. On November 15th, we will offer the American Osteopathic Academy of Addiction Medicine's (AOAAM) "half and half course".

4.25 hours will be given at CCRMC in Building 1 on November 15th from 1:00 to 5:15 pm. The second half is completed on line within 30 days after the in-person session. The course is free. (Other courses, online or in-person, cost \$200.) Also free is 4 hours of CME through the AAFP for the Nov. 15th session.

Sign up at: https://www.surveymonkey.com/r/buprenorphine_aoaam_training

Registration is on a first come, first served basis and will be limited to 30.

At this time, non-MD's (FNPs and PAs) cannot prescribe buprenorphine but federal legislation is proceeding that will change this.

If you have any questions, please feel free to contact me.

Sincerely,

Ken Saffier, MD

PS Drs. Tzvieli and Tysell, please send this to all other medical staff. Thanks!

Addressing Substance Use Needs in Your Patient Population: Providing Integrated Services through the New Drug Medi-Cal Benefit

Training Description and Objectives

This training series is designed to enhance the skills and performance of physicians in primary care, emergency medicine, and addiction treatment settings who treat patients with substance use and other comorbid conditions. The trainings will focus on the role of physicians in appropriately assessing and treating patients who present with alcohol and other drug issues, as well as preventing escalation of moderately risky substance use to dependence by using brief interventions. By preparing physicians for new substance use disorder services under the recently approved Drug Medi-Cal Organized Delivery System (ODS) Waiver, they can reduce the stress and burden associated with treating substance using patients. The trainers will discuss several topics, including integrated screening and assessment approaches for substance use, depression, and anxiety; implementation of ASAM criteria as an integral part of system transformation under the ODS Waiver; detoxification/withdrawal management approaches; psychopharmacology of addiction and FDA-approved addiction medications; the role of behavioral treatment and 12-step recovery support; and strategies for working in an integrated care team. This training series is structured to integrate didactic lecture, case presentation/role play, and group discussion to enhance the participant's learning experience.

At the end of this training, participants will be able to:

1. Implement a process for screening and assessing patients for drug and alcohol use in primary care settings.
2. Utilize and promote evidence-based approaches for clinical treatment of substance use disorders.
3. Describe recent research findings and at least three pharmacological treatments available for patients with alcohol or opioid use disorders.
4. Implement at least three strategies to improve communication when working as part of an integrated care team.

Cost: FREE!

*Trainers: Larissa Mooney, MD, &
James Peck, PsyD*

Continuing Medical Education (CME)

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the California Society of Addiction Medicine (CSAM) and UCLA Integrated Substance Abuse Programs. The California Society of Addiction Medicine (CSAM) is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CSAM takes responsibility for the content, quality, and scientific integrity of this CME activity.

CSAM designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credits (S)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education (CE Credit)

This training meets the qualifications for the provision of four (4.0) continuing education credits/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA Integrated Substance Abuse Programs is an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, and CADCs-CSs, LAADCs (CFAAP/CCBADC, 2N-00-445-1115); CATCs (ACCBC/CAADE, CP 20 903 C 0816); and LMFTs, LPCCs, LEPs, and LCSWs (CA BBS, PCE#2001). Provider approved by the California Board of Registered Nursing, Provider #15455, for 4.0 contact hours.

Southern California

November 9, 2015
9:00am-1:15pm

California Community Foundation
Joan Palvesky Center for the Future of Los Angeles
281 S. Figueroa Street, Suite 100
Los Angeles, CA 90012

Northern California

December 14, 2015
12:45pm-5:00pm

CSU East Bay
Oakland Conference Center
1000 Broadway, Suite 109
Oakland, CA 94607

***Parking and other logistic information will be provided upon receipt of your completed registration form.*

Sponsored by:



Addressing Substance Use Needs in Your Patient Population: Providing Integrated Services through the New Drug Medi-Cal Benefit

PRE-REGISTRATION IS REQUIRED, AND ONLINE REGISTRATION IS PREFERRED. To register online, please visit

<https://www.surveymonkey.com/r/KTYGDVS>

To register by e-mail or fax, please complete the bottom portion of this page and e-mail it to jsinks@mednet.ucla.edu or fax it to (310)312-0538 (attention: Jessica Sinks). If you need a disability-related reasonable accommodation/alternate format for this event, please contact Charlotte Bullen at (310) 267-5408 or cbullen@mednet.ucla.edu.

Check the training session you would like to attend (only select <u>one</u> session):		
Southern California		Northern California
<input type="checkbox"/> Los Angeles, CA Monday, November 9, 2015 (9:00am-1:15pm) Registration and Breakfast starts at 8:00am		<input type="checkbox"/> Oakland, CA Monday, December 14, 2015 (12:45pm-5:00pm) Registration and Lunch starts at 12:00pm
First and Last Name:		Degree(s):
Agency/Affiliation:		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:		Fax Number:
E-mail Address*:		
Type of CE Credit Requested**:	License/ Certification Number***:	
Special Needs, Dietary Restrictions, or other Accommodations:		
I would like to sign up to receive training opportunities and other announcements: <input type="checkbox"/>		
**Continuing education credit choices include: CME (applies to physicians, nurse practitioners, and physician assistants), Psychologist, Registered Nurse, RADT I/II, CADC-CAS, CADC I/II, CADC-CS, LAADC, CATC, and LMFT, LPCC, LEP, and LCSW.		
***License number is required for participants wishing to receive CME, PSY, and RN credits/contact hours.		

PATRICIA TANQUARY, MPH, PhD
Chief Executive Officer

JAMES TYSELL, MD
Medical Director



ADMINISTRATION

595 Center Avenue, Suite 100
Martinez, California 94553
Main Number: 925-313-6000
Member Call Center: 877-661-6230
Provider Call Center: 877-800-7423

Se Habla Español

September 1, 2015

To: Contra Costa Health Plan (CCHP) Contracted Providers

Re: ICD-10 Implementation

It is the requirement of the State and CMS to begin using ICD-10 codes October 1, 2015. Claims for services provided on or after the compliance date should be submitted with ICD-10 diagnosis codes. CCHP must then submit all claims data to the State monthly in the new ICD-10 format. Therefore, for dates of service October 1, 2015 and after, CCHP will be required to convert all claims data into the ICD-10 format using a crosswalk which is based upon GEMS (Medicare codes) and national consultant reviews.

If you have not already prepared to submit claims with ICD-10 codes, additional information and training tools for both Medicare and Medi-Cal on ICD-10 codes can be accessed at

<https://www.cms.gov/Medicare/Coding/ICD10/Downloads/ICD-10-guidance.pdf>

If you have any questions, please contact Provider Relations at 925-313-9500 or by e-mail to Providerrelations@hsd.cccounty.us.

Sincerely,

Terri Lieder

Terri Lieder, MPA, CPCS, CPMSM
Director of Provider Relations and Credentialing



GUIDE TO IMMUNIZATIONS REQUIRED FOR SCHOOL ENTRY

GRADES TK/K-12



Requirements by Age and Grade Entering:

Vaccine	4-6 Years Old Elementary School at Transitional-Kindergarten/ Kindergarten and Above	7-17 Years Old Elementary or Secondary School	7th Grade*
Polio (OPV or IPV)	4 doses (3 doses OK if one was given on or after 4th birthday)	4 doses (3 doses OK if one was given on or after 2nd birthday)	
Diphtheria, Tetanus, and Pertussis (DTaP, DTP, DT, or Tdap)	5 doses (4 doses OK if one was given on or after 4th birthday)	3 doses (4 doses required if last dose was before 2nd birthday. At least one dose must be Tdap or DTaP/DTP given on or after 7th birthday for all 7th-12th graders.)	1 dose of Tdap (Or DTP/DTaP given on or after the 7th birthday.)
Measles, Mumps, and Rubella (MMR or MMR-V)	2 doses (Both given on or after 1st birthday. Only one dose of mumps and rubella vaccines are required if given separately.)	1 dose (Dose given on or after 1st birthday. Mumps vaccine is not required if given separately.)	2 doses of MMR or any measles-containing vaccine (Both doses given on or after 1st birthday.)
Hepatitis B (Hep B or HBV)	3 doses		
Varicella (chickenpox, VAR, MMR-V or VZV)	1 dose	1 dose for ages 7-12 years. 2 doses for ages 13-17 years.	

*New admissions to 7th grade should also meet the requirements for ages 7-17 years.

INSTRUCTIONS:

California schools are required to check immunization records for all new student admissions at Kindergarten/TK through 12th grades and all 7th graders before entry.

1. Notify parents of required immunizations and collect immunization records.
2. Copy the date of each vaccine from the child's immunization record to the California School Immunization Record (Blue Card, CDPH-286) and/or supplemental Tdap sticker [PM 286 S (01/11)] or enter into an approved electronic system that prints a Blue Card.
3. Compare number of doses on the Blue Card to the requirements above.
4. Determine whether child can be admitted.

Continued on next page.

Questions?

Visit ShotsForSchool.org

or

Contact your local health
department

(bit.do/immunization)

GUIDE TO IMMUNIZATIONS REQUIRED FOR SCHOOL ENTRY GRADES TK/K–12 (continued)

ADMIT A CHILD WHO:

- Has all immunizations required for their age or grade, or
- Submits a **personal beliefs exemption** (before January 1, 2016) for missing shot(s) and immunization records with dates for all required shots not exempted, or
- Submits a physician's written statement of a **medical exemption** for missing shot(s) and immunization records with dates for all required shots not exempted.

ADMIT A CHILD CONDITIONALLY IF:

- He/she is missing a dose(s) in a series, but the next dose is not due yet. (This means the child has received at least one dose in a series and the deadline for the next dose has **not** passed.) The child may not be admitted if the deadline has passed or the child has not yet received the 1st dose.
- Has a temporary medical exemption to certain vaccine(s) and has submitted an immunization record for vaccines not exempted.

When Missing Doses Can Be Given:

Vaccine	Age (Years)	Missing Dose	Earliest Date After Previous Dose	Deadline After Previous Dose
Polio		2nd	6 weeks	10 weeks
		3rd	6 weeks	12 months
DTP/DTaP	Under 7	2nd or 3rd	4 weeks	8 weeks
		4th	6 months	12 months
	7 & Older	2nd	4 weeks	8 weeks
		3rd	6 months	12 months
MMR		2nd	1 month	3 months
Hep B	4–6	2nd	1 month	2 months
		3rd	2 months after 2nd dose and at least 4 months after 1st dose	6 months after 2nd dose and at least 4 months after 1st dose
Varicella	13–17	2nd	4 weeks	3 months

DO NOT ADMIT A CHILD WHO:

Does not fit one of the previous categories. Refer parents to their physician with a written notice indicating which doses are needed.

FOLLOW-UP IS REQUIRED AFTER ADMISSION IF:

- Child was missing a dose(s) in a series, but admitted conditionally.
- Child has a temporary medical exemption.
- Awaiting records for transfers from within California or another state. School may allow up to 30 school days before exclusion.

Maintain a list of unimmunized children (exempted or admitted conditionally), so they can be excluded quickly if an outbreak occurs.

Notify parents of the deadline for missing doses. Review records every 30 days until all required doses are received.



Need help responding to vaccine-hesitant parents?

Science-based materials are available from these respected organizations

American Academy of Pediatrics (AAP)

Healthcare providers can find numerous resources on the AAP's website to help with parents and caregivers who have questions about vaccinating their child at www2.aap.org/immunization/families/deciding.html. When parents cannot be convinced, consider using AAP's Refusal to Vaccinate form at www2.aap.org/immunization/pediatricians/pdf/RefusaltoVaccinate.pdf.

California Immunization Coalition

The California Immunization Coalition (CIC) has developed several excellent provider pieces that discuss common questions many parents may have regarding vaccines for their children. These include

- "Responding to Parents' Top 10 Concerns" www.cdph.ca.gov/programs/immunize/Documents/IMM-917.pdf
- "Talking with Parents About Vaccine Safety" www.cdph.ca.gov/programs/immunize/Documents/IMM-915.pdf
- "Alternate Vaccine Schedules: Helping Parents Separate Fact From Fear" <http://eziz.org/assets/docs/IMM-988.pdf>

Centers for Disease Control and Prevention (CDC)

Among CDC's many online immunization resources is the "Parent's Guide to Childhood Immunization," a 64-page booklet that can be ordered or printed at www.cdc.gov/vaccines/pubs/parents-guide. In addition, visit CDC's "Provider Resources for Vaccine Conversations with Parents" web section at www.cdc.gov/vaccines/hcp/patient-ed/conversations/index.html

Other CDC materials, designed to help healthcare providers work with hesitant parents, include the following:

- "If You Choose Not to Vaccinate Your Child, Understand the Risks and Responsibilities" www.cdc.gov/vaccines/hcp/patient-ed/conversations/downloads/not-vacc-risks-color-office.pdf
- "Infant Immunizations FAQs" www.cdc.gov/vaccines/parents/parent-questions.html
- "Talking with Parents about Vaccines for Infants" www.cdc.gov/vaccines/hcp/patient-ed/conversations/downloads/talk-infants-color-office.pdf

Every Child by Two (ECBT)

Created by Every Child by Two, www.vaccinateyourbaby.org focuses on answering parents' commonly asked questions about vaccines. It features video clips and links to current vaccine news stories.

Immunization Action Coalition (IAC)

IAC's Talking about Vaccines web section provides healthcare professionals with top vaccination resources from trusted sources such as CDC, AAP, IAC, VEC, and many more. Visit www.immunize.org/concerns. Refer parents to IAC's website for the public at www.vaccineinformation.org

IAC has developed several patient handouts for vaccine-hesitant parents. These include:

- "Clear Answers & Smart Advice About Your Baby's Shots," an excerpt

from the popular book "Baby 411" by Dr. Ari Brown. www.immunize.org/catg.d/p2068.pdf

- "Decision to Not Vaccinate My Child" www.immunize.org/catg.d/p4059.pdf
- "Reliable Sources of Immunization Information: Where to go to find answers!" www.immunize.org/catg.d/p4012.pdf
- "Vaccines Work!" www.immunize.org/catg.d/p4037.pdf

Institute for Vaccine Safety, Johns Hopkins University

The Institute for Vaccine Safety collects vaccine-specific safety information. Of particular interest is its "Components of Vaccines" section, which contains tables specifying the contents of various vaccines: www.vaccinesafety.edu/components.htm.

Vaccine Education Center (VEC) Children's Hospital of Philadelphia

VEC offers handouts in English and Spanish as well as four colorful booklets covering immunization of infants, teens, and adults, as well as one about vaccine safety. These educational materials can be downloaded at www.chop.edu/service/vaccine-education-center/order-educational-materials/order-educational-materials.html. VEC has developed a number of patient handouts covering vaccine topics of interest. These include the following

- "Too Many Vaccines? What you should know" at: www.chop.edu/export/download/pdfs/articles/vaccine-education-center/too-many-vaccines.pdf
- "Vaccine Ingredients: What you should know" at: www.chop.edu/export/download/pdfs/articles/vaccine-education-center/vaccine-ingredients.pdf

For parents with concerns about vaccines and autism

AAP has issued a statement that can be printed at www2.aap.org/advocacy/releases/autismparentfacts.htm. Parents may wish to investigate further at www.healthychildren.org/English/health-issues/conditions/developmental-disabilities/Pages/Autism-Spectrum-Disorders.aspx. IAC also recommends these books:

- *Autism's False Prophets: Bad Science, Risky Medicine, and the Search for a Cure*, by Paul A. Offit, MD
- *Unstrange Minds: Remapping the World of Autism*, by Roy Richard Grinker, PhD

And, here are three well-researched handouts from IAC and one from VEC:

- "MMR Vaccine Does Not Cause Autism: Examine the Evidence!" www.immunize.org/catg.d/p4026.pdf
- "Evidence shows vaccines unrelated to autism" www.immunize.org/catg.d/p4028.pdf
- "Vaccines and Autism: What you should know" www.chop.edu/export/download/pdfs/articles/vaccine-education-center/autism.pdf

Immunization Resources

CDC Reports:

Licensure of a Diphtheria and Tetanus Toxoids and Acellular Pertussis Adsorbed and Inactivated Poliovirus Vaccine and Guidance for Use as a Booster Dose

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6434a5.htm>

Intervals Between PCV13 and PPSV23 Vaccines: Recommendations of the Advisory Committee on Immunization Practices (ACIP)

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6434a4.htm>

Use of Serogroup B Meningococcal Vaccines in Persons Aged > 10 Years at Increased Risk for Serogroup B Meningococcal Disease: Recommendations of the Advisory Committee on Immunization Practices, 2015

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6422a3.htm>

Prevention and Control of Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices, United States, 2015-2016 Influenza Season

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6430a3.htm>

Senate Bill 277:

Governor Brown signed Senate Bill (SB) 277 on June 30, 2015. Effective January 2016, SB 277 will:

- No longer permit immunization exemptions based on personal beliefs for children in childcare and public and private schools;
- Permit personal belief exemptions submitted before January 1, 2016 to remain valid until a pupil reaches kindergarten or 7th grade;
- Remove immunization requirements for:
 - Students in home-based private schools
 - Students enrolled in an independent study program who do not receive classroom-based instruction
 - Access to special education and related services specified in an individualized education program

Students in the above categories will still need to provide immunization records to their schools before entry, and schools will still need to report to the California Department of Public Health (CDPH) the immunization status of all students at the existing checkpoints of child care, kindergarten and 7th grade;

- Allow medical and personal beliefs exemptions from any new immunization requirement initiated by CDPH for attendance at school or child care.

Additional information about the implementation of SB 277 will become available by 2016.

The language of SB 277 is available at

https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201520160SB277.

The Governor's signing message is available at http://gov.ca.gov/docs/SB_277_Signing_Message.pdf.

Immunization laws currently in effect may be found at <http://www.shotsforschool.org/immunizationlaws/>.

