



Contra Costa Health Plan
P&T Formulary Update
March 31, 2017

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Contra Costa Health Plan Pharmacy & Therapeutics (P&T) Committee Decisions

On March 31, 2017, the CCHP P&T Committee has reviewed the following Therapeutic Classes, Drug Monographs and PA criteria for efficacy, utilization, cost and safety:

Therapeutic Class Reviews

- Oxytocic Agents
- Androgens
- Antiviral Topical Agents
- Long-acting Insulins
- Chelating Agents
- Oral 5HT3 antagonists
- Proton Pump Inhibitors
- Intra-nasal Corticosteroids
- Novel oral anticoagulants (NOACs)
- DPP-4 class (*April 2016 P&T*)
- Pulmonary Arterial Hypertension (*Jan 2017 P&T*)
- Benign Prostatic Hyperplasia (*Jan 2017 P&T*)

Drug Monographs

- Cyclosporine 0.05% , ophthalmic solution (Restasis)
- Prenatal vitamins with DHA

Prior Authorization Criteria

- Olopatadine ophthalmic solution (Pataday, Patanol)
- Testosterone (Androderm)
- Flunisolide (Nasarel)
- Rivaroxaban (Xarelto), Apixaban (Eliquis), Dabigatran (Pradaxa)

Special Guest Speaker

Dr Lisa Keller

Presenting on behalf of the Ob-gyn team

Discussion on post-menopausal hormonal therapies such as micronized progesterone and transdermal estrogens

CCHP P&T Committee has approved the following modifications to the formulary on March 31, 2017:

Medication Name & Dosage Strength	Approved Formulary Changes
Methylergonovine (Methergine) 0.2mg Tablet	Add Quantity Limit: 7 day maximum
Olopatadine (Patadol, Pataday) 0.2% Ophthalmic	Add PA criteria: must try and fail Ketotifen and Cromolyn. Applies to all members.
Testosterone (Androderm)	PA criteria added
Acyclovir (Zovirax) 5% Cream, Ointment	PA criteria modified
Docosanol (Abreva) 10% Topical Cream	Add to formulary
Penicillamine (Cuprimine) 250mg Capsules	Remove from formulary
Dolasetron (Anzemet) 50mg, 100mg Tablets	Remove from formulary
Protonix Oral Suspension & Prilosec OTC	Remove from formulary
Flunisolide Nasal Spray (Nasarel)	Add step therapy
Rivaroxaban (Xarelto) Tablets	Add to formulary
Apixaban (Eliquis) Tablets	Add to formulary
Dabigatran (Pradaxa)	PA criteria modified
Cyclosporine 0.05% Ophthalmic (Restasis)	PA criteria added
Prenatal Vitamins with DHA	Add to formulary