

Contra Costa Health Plan Pharmacy and Therapeutics Committee (P&T)

The CCHP P&T committee met on 10/6/2017. Updates from the meetings are outlined below:

****Changes to the PDL will be effective by November 1st 2017****

The committee approved the following changes to the Preferred Drug List (PDL) and/or Prior Authorization (PA) criteria:

- **Modification to the preferred GLP-1 agonists on the formulary:**
 - At the July 2017 P&T meeting, CCHP removed prior authorization requirements for GLP-1 agonists Victoza (liraglutide) and Tanzeum (albiglutide). Both agents were added to the formulary with metformin step therapy (if a member filled a prescription for a 30 day supply of metformin within the past 120 days, claims will process WITHOUT PRIOR AUTHORIZATION).
 - Unfortunately, the manufacturer of Tanzeum has discontinued production of the product (not related to safety), and recommends that providers do not start new patients on Tanzeum. See the full GSK removal letter and Q&A at www.tanzeum.com.
 - Effective immediately, Tanzeum will be removed from the CCHP PDL for new-starts. Coverage will continue for any member currently using Tanzeum, but providers should consider transitioning to an alternate product as soon as possible.
 - Trulicity (dulaglutide) has been added to the formulary in place of Tanzeum as the preferred once-weekly GLP-1 (metformin step therapy will still apply). Trulicity should be started at 0.75mg SQ weekly, and may be titrated to a maximum dose of 1.5mg per week.




- **Modifications to the CCHP treatment matrix for Hepatitis C regimens:**
 - The preferred agent for all HepC genotypes is now Mavyret (glecaprevir/pibrentasvir). PA is still required, and CCHP will continue to use the Department of Health Care Services Treatment Policy as criteria for evaluating requests for treatment.
 - Generic ribavirin 200mg tablets/capsules have been added to the PDL, no PA required.
- **Addition of generic Diovan (valsartan) & Diovan HCT (valsartan/HCTZ) to the formulary:**
 - CCHP has added all strengths to the formulary without restrictions.
- **Addition of generic Mirapex (pramipexole) to the formulary:**
 - CCHP has added the 0.125mg, 0.25mg, 0.5mg & 1mg strengths to the formulary without restrictions.
- **Addition of Tricor (fenofibrate) & Lofibra (fenofibrate) to the formulary:**
 - Most strengths of fenofibrate have been added to the formulary and will no longer require step therapy with Lopid (gemfibrozil).
 - Strengths that are now on the formulary include: 48mg 54mg, 67mg, 134mg, 145mg, 160mg, and 200mg.
- **Addition of generic Intuniv (guanfacine extended release) to the formulary:**
 - CCHP has added extended release guanfacine to the formulary without restrictions.

- **Addition of generic Precose (acarbose) to the formulary:**
 - CCHP has added acarbose 25mg, 50mg, & 100mg to the formulary without restrictions.
- **Addition of generic Celebrex (celecoxib) to the formulary:**
 - CCHP has added celecoxib 100mg and 200mg to the formulary without restrictions.
- **Addition of Sonata (zaleplon) and Lunesta (eszopiclone) to the formulary:**
 - Both products have been added to the formulary with equivalent status to generic zolpidem, with a quantity limit of #30 per 30 days.
- **Updates to quantity limits for diabetes test strips**
 - Current quantity limits include the following:
 - Members who are not currently using insulin are allowed up to #100 strips per 90 days.
 - Members currently using insulin are allowed up to #150 strips per 30 days.
 - Members who are pregnant or may become pregnant (defined as females between the ages of 15 and 45) are allowed up to #150 strips per 30 days.
 - Type 1 diabetes patients who are pregnant are allowed up to #250 strips per 30 days during pregnancy (**PRIOR AUTHORIZATION REQUIRED**).
 - New quantity limits approved by P&T for special situations:
 - Members not on insulin, but taking at least 3 oral diabetes medications may receive up to #100 strips per 30 days (**PRIOR AUTHORIZATION REQUIRED**).
 - Members not on insulin, but have an A1C >9 may receive up to #100 strips per 30 days (**PRIOR AUTHORIZATION REQUIRED**).
- **Flu shots are now available at Rite Aid & Walgreens Pharmacy!**
 - For members that may be unable to attend a flu shot clinic or make an appointment with their PCP, CCHP is now offering the flu shot at any Rite Aid or Walgreens store. There is no copay for Medi-Cal members, and all network pharmacies are required to utilize the CAIR registry.

There are numerous ways to view the CCHP Preferred Drug List:

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: <http://cchealth.org/healthplan/pdf/pdl.pdf>
- A searchable copy of the CCHP PDL can be found here: <http://formularynavigator.com/Search.aspx?siteID=MMRREQ3QBC>
- **EPOCRATES – free mobile & online formulary resource**

 - CCHP providers may add the CCHP formulary to their mobile devices using the following steps:
 - Go to www.epocrates.com and click on "My Account" in the top right.
 - Sign in with your Epocrates username and password, if needed.
 - Click on "Edit Formularies."
 - Follow the on screen instructions to select and download formularies or to remove formularies (plan name in Epocrates is Contra Costa Health Plan).
 - Update your device, and the formularies on your mobile device will be changed accordingly.

Epocrates mobile is supported on the iOS (iPhone, iTouch, iPad), Android, & BlackBerry platforms

If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x2, or via the email listed below:

P&T updates can be viewed online at <http://cchealth.org/healthplan/provider-pharmacy-therapeutics.php>

Questions and comments may be directed to CCHP Pharmacy by emailing
cchp_pharmacy_director@hsd.cccounty.us