



Provider Issue Briefing

CONTRA COSTA
HEALTH PLAN
595 Center Avenue
Suite 100
Martinez, CA 94553
925.313.6000
Date: April 2017

Contra Costa Health Plan Pharmacy and Therapeutics Committee (P&T)

The CCHP P&T committee met on 3/31/2017. Updates from the meetings are outlined below:

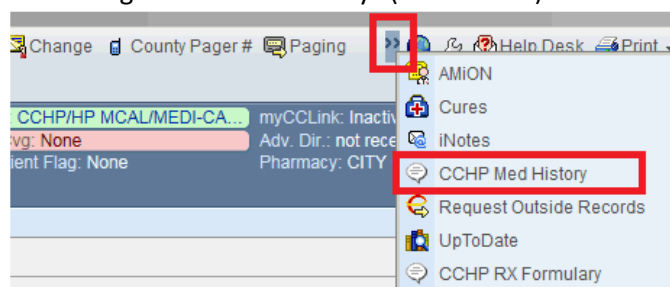
****Changes to the PDL will be effective by May 1st 2017****

The committee approved the following changes to the Preferred Drug List (PDL):

- **Xarelto (rivaroxaban) and Eliquis (apixaban) added to the formulary:**
 - Factor Xa inhibitors will no longer require step-therapy with warfarin (NO PA REQUIRED).
 - Both drugs will be covered for ALL MEMBERS and ALL INDICATIONS.
 - Quantity limits:
 - Xarelto limited to #30 per 30 days (after initial dosage titration, if necessary).
 - Eliquis limited to #60 per 30 days.
 - Reminder: renal function tests should be performed prior to starting factor Xa inhibitors.
 - FYI: Pradaxa (dabigatran) remains non-formulary.
- **CCHP preferred nasal steroids:**
 - First line agents (NO PA REQUIRED):
 - Flonase (fluticasone) AND
 - Nasacort OTC (triamcinolone)
 - Second line agents (REQUIRES STEP THERAPY WITH BOTH FIRST LINE AGENTS):
 - Nasarel (flunisolide)
 - Third line agents (PA REQUIRED):
 - BECONASE AQ (beclomethasone)
 - NASONEX (mometasone)
 - OMNARIS (ciclesonide)
 - RHINOCORT AQUA (budesonide)
 - VERAMYST (fluticasone)
 - QNASL (beclomethasone)
 - ZETONNA (ciclesonide)
- **CCHP preferred allergy eye drops:**
 - First line agents (NO PA REQUIRED):
 - Alaway OTC (ketotifen), Zaditor OTC (ketotifen)
 - Crolom (cromolyn)
 - Second line agents (PA REQUIRED – requires failure of BOTH first line agents):
 - Patanol/Pataday (olopatadine)
- **Abreva (docosanol) added to formulary:**
 - Trial of Abreva AND oral acyclovir will be required prior to approval of topical acyclovir for HSV-1.
- **Modification of Restasis (ophthalmic cyclosporine) PA criteria:**
 - Authorization of Restasis will require ALL of the following:
 - Prescription must be written by an ophthalmologist or optometrist
 - Diagnosis of tear deficiency due to ocular inflammation in patients with keratoconjunctivitis sicca or dry eye.
 - Trial and failure of at least 4 weeks of both an ophthalmic solution AND gel/ointment formulation of artificial tears.
- **Addition of prenatal vitamins with DHA to the CCHP formulary.**

Did you know that you can see which prescriptions were actually filled by the pharmacy and picked up by your patients within Epic?? The data is only a couple of clicks away:

- CCRMC (hospital & clinic) Epic users can access the data by clicking the arrow icon located on the top banner, and then selecting “CCHP Med History” (seen below).



- Unfortunately this data is not available for community-based (non-RMC Epic users) at this time. If you would like to request specific fill-level-data for your panel, please contact the CCHP pharmacy unit directly using the contact information below.

Reminder regarding CCHP Sample Policy:

- The practice of dispensing samples that have not been reviewed by the plan’s Pharmacy and Therapeutics (P&T) Committee undermines the purpose of having a Preferred Drug List.
- Dispensing samples of drugs that have not been reviewed by the P&T Committee or are not preferred drugs listed on the PDL creates an expectation for the member that CCHP will cover the provided medication without having the medication reviewed.

Providing samples of non-preferred medications is strictly prohibited by CCHP policy.

AND

For purposes of prior authorization (PA) processing, providing samples does not constitute continuation of therapy – the continuation rules do not apply in these cases.

There are numerous ways to view the CCHP Preferred Drug List:

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: <http://cchealth.org/healthplan/pdf/pdl.pdf>
- A searchable copy of the CCHP PDL can be found here: <http://formularynavigator.com/Search.aspx?siteID=MMRREQ3QBC>
- **EPOCRATES – free mobile & online formulary resource**
 - CCHP providers may add the CCHP formulary to their mobile devices using the following steps:
 - Go to www.epocrates.com and click on “My Account” in the top right.
 - Sign in with your Epocrates username and password, if needed.
 - Click on "Edit Formularies."
 - Follow the on screen instructions to select and download formularies or to remove formularies (plan name in Epocrates is Contra Costa Health Plan).
 - Update your device, and the formularies on your mobile device will be changed accordingly.



Epocrates mobile is supported on the iOS (iPhone, iTouch, iPad), Android, & BlackBerry platforms. If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x2, or via the email listed below:

P&T updates can be viewed online at <http://cchealth.org/healthplan/provider-pharmacy-therapeutics.php>

Questions and comments may be directed to CCHP Pharmacy by emailing
cchp_pharmacy_director@hsd.cccounty.us