



Provider Issue Briefing

CONTRA COSTA
HEALTH PLAN
595 Center Avenue
Suite 100
Martinez, CA 94553
925.313.6000
Date: October 2016

Contra Costa Health Plan Pharmacy and Therapeutics Committee

The CCHP P&T committee had 2 meetings since the last provider bulletin (meetings occurred on 8/12/16 & 10/7/16). Updates from these meetings are outlined below:

The committee approved the following changes to the Preferred Drug List (PDL):

- Inhaled corticosteroids: Arnuity Ellipta (fluticasone powder) will be added to the formulary (advantage is once daily dosing). **Arnuity Ellipta and Qvar will be required as step therapy to Flovent.** Patients that are currently using Flovent will be allowed to continue using it without interruption. New starts will be required to use the preferred agents.
- Inhaled anticholinergics/B2 agonist: **Anoro Ellipta (umeclidinium/vilanterol) will be added to the formulary and will be required as step therapy to Combivent.** Patients that are currently using Combivent will be allowed to continue using it without interruption. New starts will be required to use the preferred agent.
- Inhaled corticosteroid/B2 agonist: **Dulera will now be required as step therapy to Symbicort.** Patients that are currently using Symbicort will be allowed to continue using it without interruption. New starts will be required to use the preferred agent.
- Topical lidocaine 4% CREAM has been added to the formulary (OINTMENT will still require prior authorization).
- IV Emend has been added to the formulary and will no longer require step therapy with oral Emend.
- Maxalt MLT (rizatriptan orally dissolving tablet) formulary status has been updated – now a preferred first-line agent.
- Rozerem (ramelteon) formulary status has been updated – now a non-preferred agent.

****Changes to the PDL will be effective in November 2016****

Flu shots as a pharmacy benefit:

The flu season has arrived! At the recommendation of the CCRMC immunizations task force, CCHP will be expanding the availability of the flu shot as a pharmacy benefit. **Flu shots are now available at Walgreens and Rite Aid stores within Contra Costa County (covered as a pharmacy benefit from 10/1/16 through 4/30/17).** Additionally, due to recent CDC data showing a lack of efficacy, CCHP will NOT be adding the nasal flu vaccine to the formulary for the 2016/2017 flu season.

Are you interested in learning more about the Opioid Epidemic??

Mark your calendar! CCHP Clinical Pharmacist Rebecca Lau, PharmD will be presenting at CCRMC grand rounds. Learn how the opioid epidemic continues to be a major cause of death in Contra Costa County, and how CCHP seeks to address rampant opioid abuse with sweeping changes that are in line with evidence based guidelines such as the 2016 CDC guidelines for prescribing opioids for chronic pain.

Title: **Combating the Opioid Epidemic**

Date/Time: **11/16/2016, 12:00-1:00pm**

Location: **CCRMC, Building 1**

CME Available!

Naloxone Update:

- **Reminder: naloxone is a carve-out medication and must be billed to fee-for-service (FFS) Medi-Cal.**
- **As of 10/1/2016, nasal naloxone 4mg/0.1mL is available on FFS Medi-Cal without a TAR:**
- Sample Rx for a FFS or CCHP Medi-Cal Member:
- **Naloxone 2mg/2mL pre-filled syringe is ON FORMULARY (without PA) for CCHP COM & most part D members.**
- Sample Rx for a CCHP Commercial or Medicare Part D member:

FOR _____ DATE _____
ADDRESS _____
REFILL _____ TIMES

R_x

**Nasal naloxone 4mg/0.1mL
#2 doses**

**Spray full contents of 1 nasal
inhaler into the nostril. May
repeat in 2-3 minutes if little or
no response**

DISPENSE AS WRITTEN PRODUCT SELECTION PERMITTED

DEA NO. _____ ADDRESS _____

Reorder Item #5100 Total Pharmacy Supply, Inc. 1-800-878-2822

FOR _____ DATE _____
ADDRESS _____
REFILL _____ TIMES

R_x

**Naloxone 2mg/2mL Pre-filled Syringe
#2 syringes**

**Use nasal atomizer to spray
1mL (1/2 of syringe) into each
nostril. Repeat in 2-3 minutes
if little or no response.**

DISPENSE AS WRITTEN PRODUCT SELECTION PERMITTED

DEA NO. _____ ADDRESS _____

Reorder Item #5100 Total Pharmacy Supply, Inc. 1-800-878-2822

****Nasal atomizer is available free of charge at Walgreens****



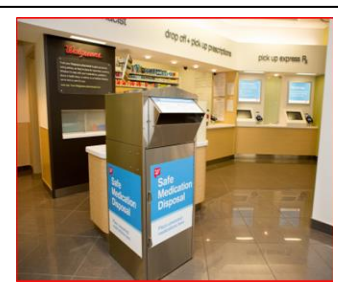
Reminder: How to properly dispose of unwanted medication

- Unwanted medication may be dropped off at the following law enforcement offices:
 - Pleasant Hill Police Department
330 Civic Drive, Pleasant Hill
925-288-4600
 - Orinda City Hall/Police Department
22 Orinda Way, Orinda
925-254-6820
 - San Ramon Police Department
2401 Crow Canyon Road, San Ramon
925-973-2700
 - Clayton Police Department, City Hall
6000 Heritage Trail, Clayton
925-673-7300
 - West County HHW Collection Facility
101 Pittsburgh Ave., Richmond
888-412-9277
 - Martinez Field Operations Building
1980 Muir Road, Martinez
925-284-5010
 - Martinez Police Department
525 Henrietta St., Martinez
925-372-3400
 - Walnut Creek Police Department
1666 N. Main St., Walnut Creek
925-943-5844
 - Concord Police Department
1350 Galindo St., Concord
925-671-3200
 - Moraga Police Department
329 Rheem Blvd., Moraga
925-284-5010
- Waste management:
 - If unable to take to a drop-off location, local waste management services may allow medications to be disposed in the trash (contact your local garbage service for specific instructions).

Generally medication must be in a sealed container, and mixed with an undesirable substance such as dirt or coffee grounds to deter diversion.

- (NEW!) Drug disposal kiosks:
 - Walgreens has recently installed over 300 drug disposal kiosks across the country. There are quite a few locations in the bay area, including the 24hr store located at 2900 N. Main St. in Walnut Creek (see full list of northern CA locations below).
 - Kiosk locations are open to the public, and allow for the disposal of most medications, including controlled substances (the only limitations are that sharps, aerosols, lotions, illicit drugs, liquids, and thermometers may NOT be placed in the kiosk).

Store #	Address	City	PHONE #
4026	2900 N MAIN ST	WALNUT CREEK	(925) 933-0307
3770	11565 SAN PABLO AVE	EL CERRITO	(510) 730-7000
3171	1050 REDWOOD STREET	VALLEJO	(707) 557-6948
2426	15500 WASHINGTON AVE	SAN LEANDRO	(510) 483-3917
9248	2300 OTIS DRIVE	ALAMEDA	(510) 523-7043
3624	275 SACRAMENTO ST	SAN FRANCISCO	(415) 362-5227
6625	2141 CHESTNUT STREET	SAN FRANCISCO	(415) 567-9320
1403	3201 DIVISADERO	SAN FRANCISCO	(415) 931-6417
3711	1189 POTRERO AVE	SAN FRANCISCO	(415) 647-1397
896	3601 CALIFORNIA ST	SAN FRANCISCO	(415) 668-5202
11327	498 CASTRO ST	SAN FRANCISCO	(415) 861-3136
235	5280 GEARY BLVD	SAN FRANCISCO	(415) 668-2041
12257	260 EL CAMINO REAL	BURLINGAME	(650) 342-2977
689	121 E EL CAMINO REAL	MOUNTAIN VIEW	(650) 961-7555
842	350 N CAPITOL AVE	SAN JOSE	(408) 259-9200
6722	4610 SONOMA HWY	SANTA ROSA	(707) 538-9275
2961	75 NORTH HAM LANE	LODI	(209) 369-8575
5499	7299 LAGUNA BLVD	ELK GROVE	(916) 691-4412
5152	6144 DEWEY DRIVE	CITRUS HEIGHTS	(916) 723-4118



There are numerous ways to view the CCHP Preferred Drug List:

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: <http://cchealth.org/healthplan/pdf/pdl.pdf>
- A searchable copy of the CCHP PDL can be found here: <http://formularynavigator.com/Search.aspx?siteID=MMRREQ3QBC>

• EPOCRATES – free mobile & online formulary resource



- CCHP providers may add the CCHP formulary to their mobile devices using the following steps:
 - Go to www.epocrates.com and click on "My Account" in the top right.
 - Sign in with your Epocrates username and password, if needed.
 - Click on "Edit Formularies."
 - Follow the on screen instructions to select and download formularies or to remove formularies (plan name in Epocrates is Contra Costa Health Plan).
 - Update your device, and the formularies on your mobile device will be changed accordingly.

Epocrates mobile is supported on the iOS (iPhone, iTouch, iPad), Android, & BlackBerry platforms

If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x2, or via the email listed below:

P&T updates can be viewed online at <http://cchealth.org/healthplan/provider-pharmacy-therapeutics.php>

Questions and comments may be directed to CCHP Pharmacy by emailing cchp_pharmacy_director@hsd.cccounty.us