



Provider Issue Briefing

CONTRA COSTA
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Contra Costa Health Plan Pharmacy and Therapeutics Committee

Pharmacy and Therapeutics NewsNotes

Preferred Drug List (PDL) changes should be effective around July 15, 2013

The CCHP Pharmacy and Therapeutics committee approved **addition** of the following agents to the Preferred Drug List. These agents **will not require Prior Authorization**:

- **Rizatriptan** 5mg and 10mg tablet (Maxalt)
- **Enoxaparin** injection (Lovenox) quantity limit increased to 14 syringes twice per 6 months
- **Cilostazol** 50mg and 100mg tablet (Pletal)

The committee approved **removal** of the following agents from the Preferred Drug List.

These agents **will require Prior Authorization**:

- **Ticlopidine** 250mg tablet (Ticlid)

Other formulary changes:

- Fenofibrate 54mg, 160mg tabs (Lofibra) and 67mg, 134mg, 200mg capsules (Lofibra) subject to step-therapy of any statin or gemfibrozil within the past 6 months

In response to the national epidemic of narcotic abuse, DEA has begun scrutinizing pharmacists' role in dispensing controlled substances. DEA wants to ensure prescriptions are issued for a legitimate medical purpose. Pharmacies and pharmacists are requiring more information including but not limited to: diagnosis, previous medications tried, and length of expected treatment. They will apply more scrutiny to narcotic prescriptions which exceed 120mg/day of morphine equivalent. Prescribers should be aware that they may be informed should a pharmacy discover possible issues during a CURES lookup of the patient.

EPOCRATES – free mobile & online formulary resource

How to add the CCHP formulary to your epocrates user profile:

1. Go to www.epocrates.com.
2. Click on "My Account" in the top right.
3. Sign in with your Epocrates username and password, if needed.
4. Click on "Edit Formularies."
5. Follow the on screen instructions to select and download formularies or to remove formularies.
 - For the 'Select State' filter, click **California**
 - For the 'Select Category' filter, click **Health Plan**
 - Choose the **Contra Costa Healthplan** formulary; click the 'Add' button
 - Click the "Done" button when you've finished.
6. Update your device, and the formularies on your mobile device will be changed accordingly.



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