

Contra Costa Health Plan Pharmacy and Therapeutics Committee

Pharmacy and Therapeutics NewsNotes

Preferred Drug List (PDL) changes should be effective around April 15, 2013

The CCHP Pharmacy and Therapeutics committee approved **addition** of the following agents to the Preferred Drug List. These agents **will not** require *Prior Authorization*:

- **Betamethasone dipropionate** 0.05% augmented cream (Diprolene AF cream)
- **Betamethasone dipropionate** 0.05% ointment, cream, lotion (Diprosone)
- **Bupropion SR** 200mg tablet (Wellbutrin SR)
- **Bupropion XL** 150mg tablet (Wellbutrin XL)
- **Cefdinir** 300mg capsule, 125mg/5ml, 250mg/5ml liquid (Omnicef)
 - Limit of 10 days per fill: 20 capsules, #200ml of 125mg/5ml, #100ml 250mg/5ml
- **Clindamycin** 2% vaginal cream (Cleocin Vaginal)
- **Clobetasol propionate** 0.05% topical scalp foam (Olux)
- **Ferrous gluconate** 324mg tablet
- **Minocycline** 50mg, 100mg capsules (Minocin)
- **Mometasone** 0.1% ointment, cream, solution (Elocon)
- **Optichamber** spacer devices
- **Oxcarbazepine** 150mg, 300mg, 600mg, 300mg/5ml tablets (Trileptal)
- **Pilocarpine** 5mg tablet (Salagen)
- **Pioglitazone** 15mg, 30mg, 45mg tablet (Actos)
- **Rivaroxaban** 10mg, 15mg, 20mg tablet (Xarelto)
 - Limit 35 tablets per member per year
- **Vitamin D** 2000IU capsule and tablet
- **Zonisamide** 25mg, 50mg, 100mg capsules (Zonegran)

Other formulary changes:

- **Apidra, Lantus, Levemir** limit increased to 3,000 units monthly (3 vials or 2 boxes of pens)

EPOCRATES – free mobile & online formulary resource

How to add the CCHP formulary to your epocrates user profile:

1. Go to www.epocrates.com.
2. Click on "My Account" in the top right.
3. Sign in with your Epocrates username and password, if needed.
4. Click on "Edit Formularies."
5. Follow the on screen instructions to select and download formularies or to remove formularies.
 - For the 'Select State' filter, click **California**
 - For the 'Select Category' filter, click **Health Plan**
 - Choose the **Contra Costa Healthplan** formulary; click the 'Add' button
 - Click the "Done" button when you've finished.
6. Update your device, and the formularies on your mobile device will be changed accordingly.



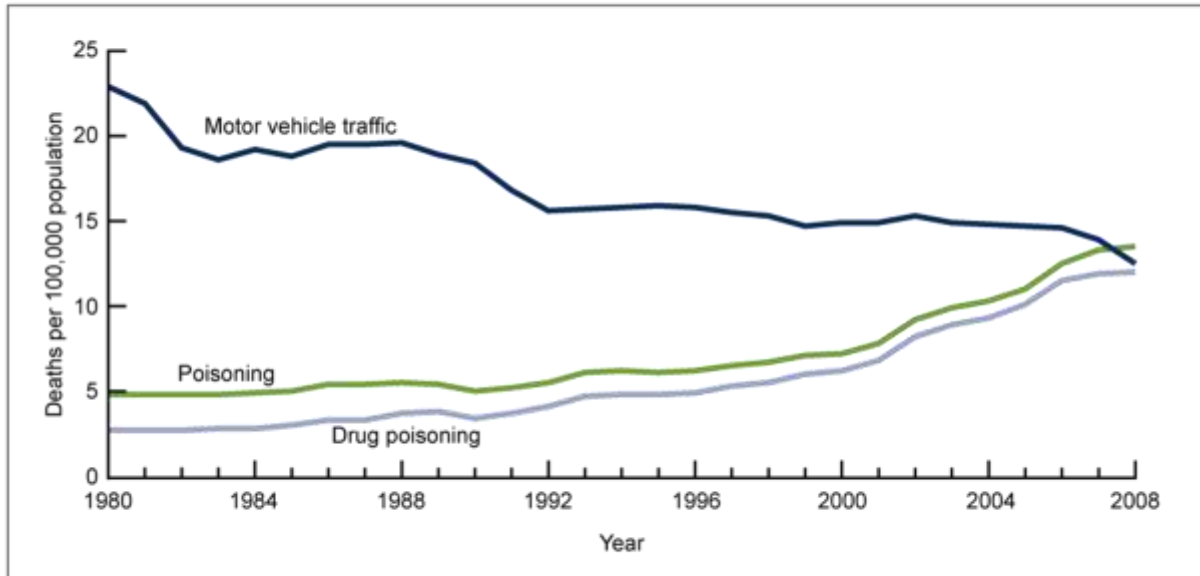
Epocrates mobile is supported on the iOS (iPhone, iPod, iPad), Android, & BlackBerry platforms

If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Drug overdose has surpassed automobile accident as the leading cause of accidental death in the US!

Accidental Drug Overdose Death Rates in the United States

Figure 1. Motor vehicle traffic, poisoning, and drug poisoning death rates: United States, 1980–2008

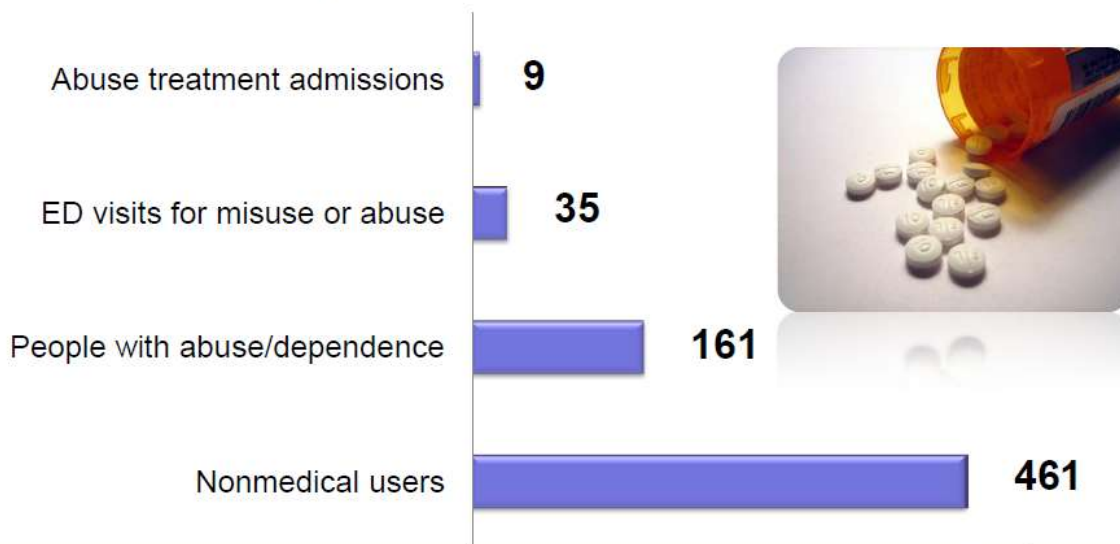


NOTE: In 1999, the *International Classification of Diseases, Tenth Revision (ICD-10)* replaced the previous revision of the ICD (ICD-9). This resulted in approximately 5% fewer deaths being classified as motor-vehicle traffic-related deaths and 2% more deaths being classified as poisoning-related deaths. Therefore, death rates for 1998 and earlier are not directly comparable with those computed after 1998. Access data table for Figure 1 at http://www.cdc.gov/nchs/data/databriefs/db81_tables.pdf#1.

SOURCE: CDC/NCHS, National Vital Statistics System.

Public Health Impact of Opioid Analgesic Use

For every 1 overdose death there are



Treatment admissions are for primary use of opioids from Treatment Exposure Data set
 Emergency department (ED) visits are from DAWN, Drug Abuse Warning Network, <https://dawninfo.samhsa.gov/default.asp>
 Abuse/dependence and nonmedical use in the past month are from the National Survey on Drug Use and Health

