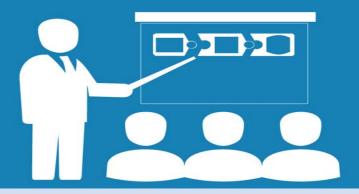
#### **EDUCATION & TRAINING**



# Education & Training Options after High School

Karen Lingenfelter-Carman,
Adults with Disabilities Program Coordinator
Mt. Diablo Adult Education
Carolyn Murphy,
Adults with Disabilities Transition Specialist
Pleasanton Adult Education



**Barriers to Higher Education** 

Social Skills
Academic challenges
Study Skills
Behavioral challenges
Not enough supports
Anxiety and/or depression
?????

## Preparing Your Child for Higher Education

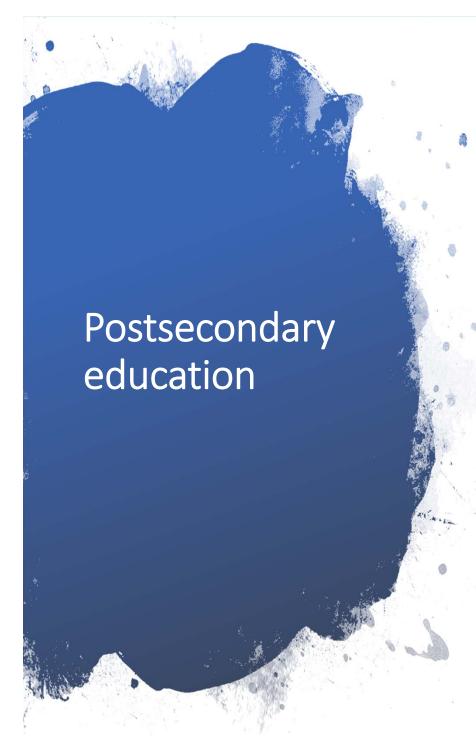
- Personal hygiene
- Transportation
- Communication & Social Skills
- Self-advocacy
- Time management
- Study Skills
- Initiation and follow through



#### **COMPARING THE OPTIONS**

- Community Colleges
- Universities
- Adult Education Schools
- Trade Schools, Art Schools





Community Colleges: All offer Disability Support Services which with the proper documentation of disability can provide a wide variety of accommodations e.g. notetakers, tutoring, extra time on tests, etc.

Some offer specialized independent living skills programs e.g. TAFT Community College, Transition to Independent Living; CIP, College Internship Program (Berkeley City College)

Universities: UC/CSU and Private colleges– all offer Disability Support Services.

Some offer Specialized programs for individuals with ASD and DD e.g. Wayfinders, Fresno State; CLE (College Living Experience) Cal State Monterey; Cal State East Bay: College Link program.

https://thinkcollege.net/

#### **Specialized Schools**

- Vocational education: Trade schools such as Carrington for Health Care Careers, Paul Mitchell School, Opportunity Junction, The Strides Center, etc.
- Art/Graphic Schools: Academy of Arts, California College of Arts, etc.







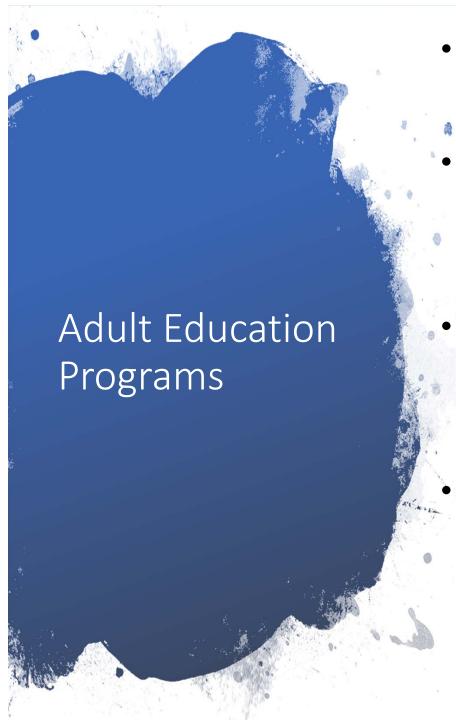
- Nearly 400 adult schools in California
- Contra Costa County has 7 K-12 Adult Schools
- Alameda County has 13 K-12 Adult Schools
- No district boundaries so students can attend any adult school regardless of the town or county they live in
- Typically have small class size and are on small campuses located in neighborhoods with easy access
- Provide education and training programs that can result in professional certificates and preparation for state licensing exams
- Some schools have specific programs serving a group of individuals with a specific disability e.g. visually impaired, deaf and hard of hearing, brain injury, DD/ID and ASD. Most schools do not but they offer a lot of training programs that can lead to certificates and preparation for licensing tests e.g. medical assisting, dental assisting, etc.

#### California Adult Education Provides -



- Adult Basic & Secondary Education

   programs in elementary and
   secondary basic skills, including
   programs leading to a high school
   diploma or high school equivalency.
- English as a Second Language & Citizenship — programs for immigrants eligible for educational services in citizenship, English as a second language, and workforce preparation.
- Career Technical Education a variety of career training programs that deliver customized curriculum needed to meet the diverse training and development needs of businesses, promote a skilled workforce with high growth and high wage employment potential, leading to industry certifications or meeting the required prerequisites and foundations for advanced career pathways e.g. Medical Assistant, Dental Assistant, Accounting, Administrative Assistant, Computer Technology, Culinary careers, etc.



- Workforce Reentry programs for adults, including, but not limited to, older adults, that are primarily related to entry or reentry into the workforce.
- Training to Support Child School Success —
  programs for adults, including, but not
  limited to, older adults, that are primarily
  designed to develop knowledge and skills to
  assist elementary and secondary school
  children to succeed academically in school.
- Programs for Adults with Disabilities —
  programs for individuals with physical,
  cognitive, mental, sensory, or other medical
  disabilities who may need special education
  assistance, or who require a modified
  program.
- Pre-Apprenticeship and Apprenticeship programs offering training activities conducted in coordination with one or more apprenticeship programs approved by the Division of Apprenticeship Standards for the occupation and geographic area e.g. Electrical Journeyman, Heat and Frost Insulators, Roofing and Waterproofing, etc.

Adult Education
Adults with
Disabilities
Classes/Programs

- Some adult schools offer programs specifically designed for adults with disabilities e.g. Castro Valley Adult, STRIDES program; Mt. Diablo Adult Education, Life Skills, TOPS program, **Project SEARCH; Pittsburg Adult Education,** Basic Skills for Adults with Disabilities; Oakland Adult Education, Project SEARCH; Pleasanton Adult and Career Education, Project SEARCH, **Paid Internship Program and Adaptive Horticulture**; Oakland Adult, Project SEARCH; San Leandro Adult, Job Prep, Social Skills West **Contra Costa Adult Education, Courses include Independent Living Skills, Community Living** Skills, Leisure Time Skills, Language **Development Skills, Production Occupation** Work Skills, and Service Occupation Work Skills.
- These programs provide instruction to help students develop independent living skills, basic academic skills, social communication skills and job training and paid internships.



#### **Project SEARCH:**



Over 9 months, a cohort of interns (4-8) rotates through three departments / jobs at one business site w/ support of a teacher and skills trainers utilizing the Project SEARCH curriculum

Daily routine: class time, internship, class reflection

During internship – classroom teacher provides support, acts as liaison between department managers and interns, lesson planning, reports

Interns receive both group and individual support

Interns obtain support in resume writing, interviewing, and soft skills to support future employability

# **Project SEARCH Partnerships**

RCEB Service Provider	Host Business	Educational Partner
Contra Costa ARC	Embassy Suites, Walnut Creek	Mt. Diablo Adult Ed
East Bay Innovations	Alameda County, Oakland	Oakland Adult Career Education
East Bay Innovations	Claremont Hotel and Spa, Berkeley	Berkeley Adult School
Futures Explored, Inc	Doubletree by Hilton, Pleasanton	Pleasanton Adult and Career Education

#### Potential outcomes after interns graduate from Project SEARCH

#### **Direct Hire**

 Intern is hired at the host business site and continues to receiving coaching through a supported employment agency

### Job Development

- Intern receives job development services through a supported employment agency to find suitable employment in the community
- Intern independently finds employment and receives job coaching through supported employment agency as needed



Accommodations for Students with Disabilities

- Students with disabilities are eligible for accommodations under Rehab. Act of 1973 and ADA.
   Some adult schools do 504 plans for students
- Like Community
   Colleges, and
   Universities,
   curriculum cannot
   be modified
   although many
   students do receive
   special
   accommodations in
   classes.

#### **Building Basic Academic Skills**

For students who leave high school without a diploma because they are missing some units or just didn't want to continue for one reason or another, there is an opportunity for completing their diploma, preparing for and taking the GED and/or other high school equivalency classes.

Adult Basic Education and Adult Secondary Education classes assist students in developing reading, writing, and math skills to help them better prepare for work and/or vocational training programs or college

### Cost of Education and Training

- Many adult school students receive services through Department of Rehab. which can fund career training programs such as Administrative Assistant, CNA, Dental Assistant, EMT, and Adults with Disabilities programs.
- Basic Skills classes and High School diploma classes are free
- Programs tend to be reasonably priced Some schools offer Pell grants, scholarships and/or partial scholarships.



## Adult Education Program Consortium

- Community Colleges and Adult Schools are working together to bridge services for students and to cross-refer students as appropriate. This makes the system work well as CC may refer students with special learning needs to an adult school for remedial classes and adult schools work to insure that all students wanting to start attending a CC are able to prepare and then get assistance in making the transition.
- All Adult Schools and Community Colleges have a Transition Specialist that works with students to address their education goals and to insure that they have supports and services needed to be successful.



Q&A

# Thank you for attending!