Samir Shah, MD Chief Medical Officer Medical Center Health Centers Detention Health

Kristin Moeller, MD
Program Director
Family Medicine
Brian Johnson, MD
Associate Residency Director
Family Medicine



CONTRA COSTA REGIONAL MEDICAL CENTER
AND HEALTH CENTER
Family Medicine Residency Program
4th Floor Hospital, 4A
2500 Alhambra Avenue
Martinez, CA 94553-3191
Ph: 925 370-5117

Ph: 925 370-5117 Fax: 925 370-5052

Contra Costa Regional Medical Center & Health Centers

Family Medicine Residency Program

6th annual Contra Costa Family Medicine Residency Point of Care Ultrasound Course, Saturday, June 25th and Sunday, June 26th 2016

DAY 1

800am- **Introduction** (Neil Jayasekera)

815am- "The Basics" -US terminology, Physics & knobology (Mena Ramos)

845am- Trauma: FAST and E-FAST (Ian Wallace)

905am- FAST and E-FAST Lab

1005am- Abdominal US ---Gallbladder & Aorta (Kendra Johnson)

1025am- Abdominal US--- Gallbladder & Aorta Lab

1125am- Abdominal US---Kidney & Bladder (Neil Jayasekera)

1145 am Abdominal US---Kidney & Bladder lab

1215-115pm LUNCH

115pm- Pass the Pointer- (Kevin Bergman)

135pm OB 1st **trimester** ,**rule out ectopic** (Sarah McNeil)

200pm- OB 1st trimester, rule out ectopic lab

230 pm- **Global Health** (Ramos/Reinking)

300 pm DVT US (Jennifer Owen)

320pm- DVT US lab 420pm- Open lab 500pm- Adjourn **DAY 2**

800am- Brief review/Pass the pointer (Kendra Johnson)

820am- Musculoskeletal (Semon Bader)

840am- Musculoskeletal lab

940am- Cardiac US (Bryan Ristow)

1000am- Cardiac lab

1100am- Pulmonary US (Mena Ramos)

1120am Pulmonary lab

1200-100pm LUNCH

100pm- Soft tissue, Nerve Block, Procedural US- (Matthew Fentress)

Abscess, Foreign Body evaluation, Nerve Block

120pm - Soft tissue, Nerve Block, Procedural US Lab

200pm- Procedural US (Stuart Forman)

Arterial line, Venous access, Thoracentesis, Paracentesis

220pm Procedural US lab

300pm- RUSH - Rapid Ultrasound for Shock & Hypotension (Jason Reinking)

320pm- RUSH lab

430pm- **Overview of advanced applications** (Kevin Bergman)

500pm- Adjourn

Note: break in am and pm dictated by flow/ need.