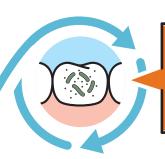
Now you're brushing for two



WHEN YOU'RE PREGNANT

YOU MAY BE MORE PRONE TO

GUM DISEASE AND CAVITIES



After your baby is born, you could pass the bacteria that contributes to cavities from your mouth to hers.



THAT'S WHY

EVERY PREGNANT WOMAN

NEEDS TO VISIT HER DENTIST

MAKE YOUR APPOINTMENT BEFORE THE BABY COMES





ONCE SHE COMES, WE'RE GUESSING YOU'LL

BE PRETTY BUSY







Fips to keep your mouth healthy



MORNING CICKNESS

RINSE YOUR MOUTH WITH ONE TSP OF BAKING SODA IN A GLASS OF WATER

AFTER YOU GET SICK.



BRUSH TWICE A DAY
AND FLOSS DAILY

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. This publication has been developed by the American Academy of Pediatrics. The authors and contributors are explauthorities in the field of pediatrics. No commercial involvement of any kind has been solicited or accepted in the development of the content of this publication. Copyright © 2018 American Academy of Pediatrics. You may download or print from our website for personal reference only. To reproduce in any form for commercial purposes, please contact the American Academy of Pediatrics.



