Anna M. Roth, RN, MS, MPH Health Services Director

MATTHEW P. WHITE, MD
INTERIM BEHAVIORAL HEALTH SERVICES DIRECTOR
FATIMA MATAL SOL
ALCOHOL & OTHER DRUGS SERVICES PROGRAM CHIEF



Contra Costa Behavioral Health

ALCOHOL & OTHER DRUGS SERVICES 1220 Morello Avenue, Suite 101 Martinez, CA 94553

> Ph (925) 335-3330 Fax (925) 335-3318

NOTICE OF ADVERSE BENEFIT DETERMINATION About Your Treatment Request

Date

Beneficiary's Name Address City, State Zip Treating Provider's Name Address City, State Zip

RE: Service requested

Name of requestor has asked Contra Costa County DMC-ODS Plan to approve Service requested. This request is denied. The reason for the denial is Using plain language, insert: 1. A clear and concise explanation of the reasons for the decision; 2. A description of the criteria or guidelines used, including a citation to the specific regulations and authorization procedures that support the action; and 3. The clinical reasons for the decision regarding medical necessity.

You may appeal this decision if you think it is incorrect. The enclosed "Your Rights" information notice tells you how. It also tells you where you can get help with your appeal. This also means free legal help. You are encouraged to send with your appeal any information or documents that could help your appeal. The enclosed "Your Rights" information notice provides timelines you must follow when requesting an appeal.

You may ask for free copies of all information used to make this decision. This includes a copy of the guideline, protocol, or criteria that we used to make our decision. To ask for this, please call Contra Costa County DMC-ODS Plan at 1-800-846-1652.

If you are currently getting services and you want to keep getting services while we decide on your appeal, you must ask for an appeal within 10 days from the date on this letter or before the date the Plan says services will be stopped or reduced.

The Plan can help you with any questions you have about this notice. For help, you may call Contra Costa County DMC-ODS Plan 8:00 AM to 5:00 PM at 1-

800-846-1652. If you have trouble speaking or hearing, please call TTY/TTD number 800 735 2922 between 8:00 AM to 5:00 PM M-F for help.

If you need this notice and/or other documents from the Plan in an alternative communication format such as large font, Braille, or an electronic format, or, if you would like help reading the material, please contact Contra Costa County DMC-ODS Plan by calling 1-800-846-1652.

If the Plan does not help you to your satisfaction and/or you need additional help, the State Medi-Cal Managed Care Ombudsman Office can help you with any questions. You may call them Monday through Friday, 8am to 5pm PST, excluding holidays, at 1-888-452-8609.

This notice does not affect any of your other Medi-Cal services.

Signature Block

Enclosures: "Your Rights"

Language Assistance Taglines

Beneficiary Non-Discrimination Notice

Enclose notice with each letter